



Carrigtwohill Community News

Issue 29

Winter 2017





Ann O'Driscoll, Chairperson of Carrigtwohill Community Council making a presentation to Canon Anthony O'Brien who has been moved to Mallow as Parish Priest. Canon Anthony was President of Carrigtwohill Community



The late Pat Burke cutting the cake on the occasion of his 90th birthday party at Midleton Park Hotel. Pictured are Eddie O'Riordan, Chairman of Carrigtwohill Seniors, Pat Burke and Fr. James Greene CC, Carrigtwohill.

Pat passed away suddenly on November 20th. See tribute on page 58 .



Carrigtwohill Brownies who helped launch the new Brownie "Lottie Doll " at the International Guide Camp held at Rockwell College, Co. Tipperary.

Norman Walsh

Solicitor

Main Street, Carrigtwohill
(Over the Castle Bar)

Tel: 021-4882455/4882464 Fax: 021-4882385
Email: nw_walsh@eircom.net

We wish our clients
a very Merry Christmas
and a Prosperous New Year



Contents

<i>Local Contacts</i>	4
<i>Community Council Elections</i>	6
<i>Environment Report by Mary O'Mahony</i>	6
<i>Scoil Mhuire Naofa</i>	8
<i>St. Mary's Church - Christmas Message from Fr. Bill Bermingham</i>	10/11
<i>Carrigtwohill Community First Responders</i>	12
<i>Community Text Alert Service</i>	13
<i>Carrigtwohill GAA Club</i>	14/15
<i>Scoil Chliodhna – Community National School</i>	16
<i>Carrigtwohill Business Association</i>	17
<i>Community Games</i>	18/19
<i>Vincent's New Shop Opening</i>	20
<i>Vincent de Paul Christmas Appeal</i>	21
<i>Eleanor Geraghty gets Muintir Award</i>	22
<i>Blood Bank Clinic in Carrigtwohill</i>	22
<i>Playground Committee Jingle & Mingle</i>	23
<i>Carrigtwohill Tidy Towns - National Judges Report</i>	24/25/26
<i>Carrigtwohill Vintage Club</i>	26
<i>J H Kim Taekwon-do Institute</i>	27
<i>St. Patrick's Day Parade</i>	28
<i>Carrigtwohill Tidy Towns Committee Report</i>	30/31
<i>Camán Till Dawn Puckathon</i>	32/33
<i>Carrigtwohill United AFC</i>	34/35
<i>Scoil Chlochair Mhuire</i>	36
<i>Pigeon Hill Point to Point Races</i>	38/39
<i>Carrigtwohill 5k Run & Walk</i>	39
<i>The Holy Wells of Carrigtwohill by John Harte</i>	40
<i>Carrigtwohill Athletic Club</i>	42
<i>Car Boot Sales</i>	43
<i>Carrigtwohill Camogie Club</i>	44
<i>Caring For Carrigtwohill</i>	45
<i>Sports Stars & Community Awards</i>	46/47
<i>Carrigtwohill Community College</i>	48
<i>Carrigtwohill Flower & Garden Club</i>	49
<i>East Cork Taekwon-do</i>	52
<i>Power Aggregates win Business Award</i>	53
<i>Car Parking at the Community Centre</i>	53
<i>Tidy Towns Corporate Social Responsibility</i>	55
<i>Pat Burke - Obituary</i>	58
<i>Playground Committee</i>	59
<i>Old Graveyard</i>	59
<i>Age Action - Care & Repair for Older People</i>	53
<i>Carrigtwohill Ladies Football Club</i>	60
<i>O'Donovan Transport MD wins National Award</i>	61
<i>Proposed Cork City Boundary Changes</i>	61
<i>The Cotter Family, Ballinsperrie</i>	62/63
<i>Tidy Towns Streetscape Painting</i>	63
<i>Fota Rock Residents Association</i>	65
<i>Cork Acro Gymnastics Club</i>	66
<i>East Cork Glkenmary Basketball Club</i>	67
<i>Carrigtwohill Juvenile GAA</i>	68/69/70
<i>Seniors Alert Scheme</i>	70
<i>Index to Advertisers</i>	71

Local Contacts

Parish Priest:	
Fr. Anthony O'Brien, P.P.,	
Parochial House, Carrigtwohill.	
Tel - 4883236 or 087-6834193	
Curate:	
Fr. Jim Greene	4883867
Convent :	
Poor Servants of the Mother of God	
	4883237
Schools:	
Community College	4853488
Scoil Clochair Mhuire (Girls N.S.) -	
	4883293
Scoil Mhuire (Boys N.S.)	4883271
St. Aloysius College	4883341
Scoil Chliodhna (Community N.S.)	
	086 0080268
Community Centre	4882265
Resource Centre	4883122
Emergency	999/112
Gardai-	
Carrigtwohill	4883222
Cobh	4908530
Midleton	4621550
Alcoholics Anonymous -	4500481
ACCORD - (Marriage Counselling) -	
	025-32249
CURA - (Pregnancy Counselling) -	
	022-21259
Samaritans (Local Call) -	1850 609090
Crisis Pregnancy helpline	021-4276676
	(9 till 5pm)
Doctors	
Dr. M. Barry	4883895
Dr. H. Doran	4883176
Dr. B. Jordan	4631234
Dr. P. Kennedy	4883162
Dr. G. McLoughlin	4883162
Dr. Sushil Ranga	4853831
Dr. M. Thompson	4883895
Dental Practice	4533864
Regina Murphy	4882939
Community Nurse :	
Resource Centre	4883367

**Wishing all our Customers a Merry Christmas
and a Prosperous New Year**



Roche's Garage



Phone: 021-4883112 Fax: 021-883365
Christy Mobile: 086-2577697 Paddy Mobile: 087-2577697

Car Repairs/Serviceing and Sales of:



Petrol/Diesel
Car Gas/Bottled Gas
Kerosene
Coal & Briquettes



*Merry Christmas
and a Happy New Year
to all our customers*



Carrigtwohill Cabs

021-4883820

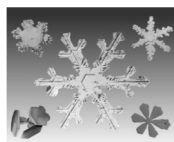
c2hillcabs@eircom.net

All major credit cards accepted

Christmas Eve 24th December Closed

Christmas Day 25th December Closed

St. Stephen's Day 26th December Closed



Community Council Elections

The three yearly elections for Community Council members will be held in the spring.

All members of the Community are eligible for election and if you are interested in continuing a long standing tradition of community spirit in Carrigtwohill, you might consider putting yourself forward for election or nominating one of your neighbours or friends.

Newer members of the community would be especially welcome.

If you want further information, please email:

info@carrigtwohillcommunity.ie or leave your name with reception at the community centre.

Community Council Members Elected April 2013

District A: Castle View

John Dennehy, Kevin Ginn, Peter Hyde, Margaret Searson

District B: Ballyvodock, Ballyannon, Baneshane

Catherine Cahalane, Robbie Sheehan

District C: Fota, Rossmore, Barryscourt

Sharon Bunce, Trish O'Brien, Eileen Soap.

District D: Ballinabointra, Burgessland, Clyduff, Ballyadam, Carrigane

Anthony Barry, John Buckley, Billy Foley, Jim Kenny

District E: Balyrichard, Waterock, Curragh

Michael Boland, Annette Lane, Margaret Long, Mary O'Mahoney

District F: Tullagreine, Killacloyne, Ballyynoe, Annesgrove, Terrysland

Donal Kerins

District G: Ballintubber

Helen Greene, Pat Golden, Jimmy O'Brien, Roma Walsh

District H: Maryville, Aherne & Ryan Tce, Tara Court, Ban na Greine, Ard Charraig

Nuala Healy

District I: West End, Kent Tce, Carrig Downs, Main St. Carrig East, Carrigane South.

Anna Fitzgerald, Eleanor Geraghty.

District J: Chapel Lane, Church Road, Pearse Place, Cois Carraig, The Rock, Ashbrook

John McCann

District K: Springhill, Ballyreagan, Ballyinbritig, Renasallagh, Clooneen, Tibbstown, Forrestown, Carhoo, Labaun, Garrycloyne

Geraldine Cashman, Joanne Coomey, Oliver Sheehan.

District L: Ballyleary, Lackabeha, Gurranes, Longstown, Gortamucky, Fahydorgan, Ardglass, Woodstock

Ann Cronin, Pauline Murphy, Ann O'Driscoll

District M: Rocklands, Fota Rock

Gary Armstrong, Philip Gray, Hugh Kavanagh, Lorraine McCarthy.

District N: Cúl Árd, Cluain Cairn

Shane Lynch, Muriel O'Connell, Jack O'Neill

District O: Castle Lake

Netta Browne, Oliver McSweeney

Castle Lands: No representative

Community Council Environment Committee Report

from Mary O'Mahony

List of road resurfacing works 2017

- 1 Leamlara Road towards Carrigtwohill,
- 2 Carrigane road
- 3 Ballintubber road East and West
- 4 Community Centre Car Park,
- 5 Killacloyne from bridge towards Carrigtwohill,
- 6 Numerous road Patches Along the Leamlara road

List of Footpath Works:

- 1 New Footpath in front of Dennehy's , joining up 2 existing footpaths
- 2 Patrick Pearse sections of Footpath,
- 3 New Pedestrian Crossing
- 4 New Footpath down towards the Elm tree

List of Drains Cleared and to be cleared:

- 1 Along the Main Street,
- 2 Stream at the Back of Powers Agg.
- 3 Estates in around the town some done, more to do

Ongoing advice after storms

- 1) Removal of broken branches on the N25 verges remains outstanding, including several weakened trees.
- 2) The public should still report any damaged ESB networks directly to the ESB and likewise, fallen telephone wires, broken or leaning telephone poles to eir.
- 3 Landowners are obliged, under the roads Acts, to maintain roadside trees on their property. Landowners adjacent to public roads should inspect roadside boundaries and address any outstanding problems and ensure drainage facilities are maintained.
- 4 Landowners should inspect water course/streams/rivers on or near their property to ensure fallen trees or branches are not impeding flow or risk being washed downstream.

Bus Shelters

Constant contact is maintained with Joe O'Sullivan of the National transport to try and secure bus shelters in the Carrigtwohill area. He has spoken with J.C. De-caux contractors and asked them to give priority to Carrigtwohill.

Bus Stop

The Bus stop at Ballyadam is in the planning process.

Mary O'Mahony



Orders now being taken for Christmas



**Farm Fresh
Free Range Turkeys**



Geese and Ducks

Green and Smoked Hams



Spiced Beef

Fresh Meats



**Take the work out of Christmas
Cooked Turkey and Ham
and prepared vegetables available**

**Wishing all our Customers and Friends
a very Happy Christmas
and a
Prosperous and Healthy New Year**

Thank you for your custom in 2017

Scoil Mhuire Naofa - Last All Boys School Photo

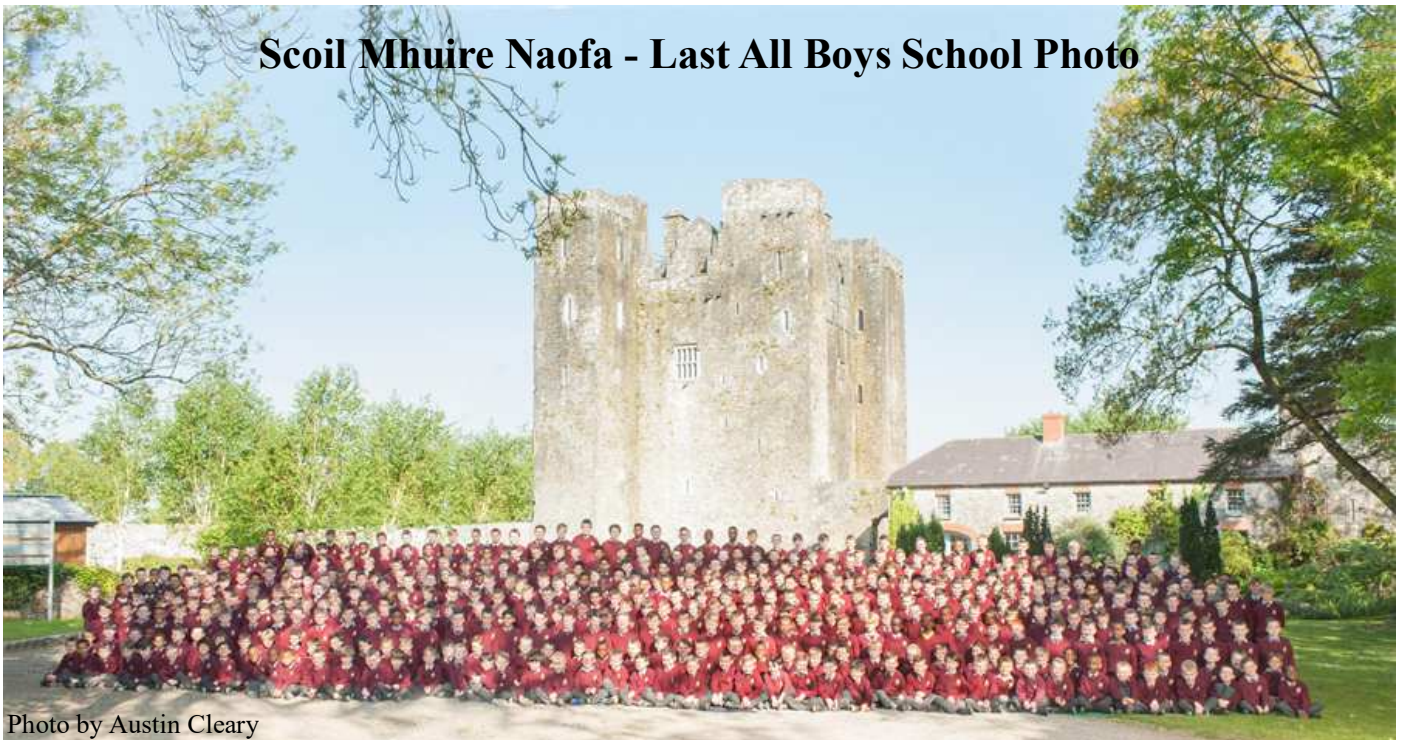


Photo by Austin Cleary



Scoil Mhuire Naofa

National School Carrigtwohill

It has been a very busy first term here at Scoil Mhuire Naofa with so much going on. History was made on the first day back when we welcomed 19 girls, who started alongside 40 boys in Junior Infant classes. The transition to a co-educational school has been a fantastic experience for our school and we are confidently looking forward to our future.

All of our 481 pupils have been busy settling back into the school routine and getting to know their new teachers and new classmates. A great energy can be felt around the school as teaching and learning takes place.

The school day can be very busy with lessons in the core curriculum subjects, while pupils also take part in many activities including hurling, football, swimming, gymnastics, orienteering, choir and band to name but a few.

Our child centred approach leads to high academic standards of achievement particularly in literacy and numeracy.

Pupils from Junior Infants to 1st class enjoy station teaching in literacy and numeracy, while infant classes also learn through play, participating in the Aistear Programme.

The whole school have recently enjoyed activities to celebrate Maths Week and Science week including visits to Blackrock Castle Observatory, participating in Maths Trails and experiments and our senior infants creating fantastic Maths Hats.

Sad times too can be a part of school life. Maja is missed every day in school. "There is no foot so small that it cannot leave an imprint on this world".

We continue to keep her family in our thoughts and prayers. While most schools would empty quickly at home time, Scoil Mhuire Naofa's after schools programme, which caters for over 100 pupils daily, turns the school into a hive of activity. Pupils who attend enjoy computer coding, ping pong, drama, art, guitar, band and French.

After school club runs from Tuesday to Thursday from 2:20 – 3:30 and has proven to be very popular, with places in classes

being regularly oversubscribed.

Here at Scoil Mhuire Naofa we are committed to anti bullying awareness. We use Restorative Practice in our school which helps to build and maintain good relationships amongst each other and learn how to resolve conflict in a restorative manner. We run many resilience and well-being courses and each class aims to practice meditation daily.

Scoil Mhuire Naofa has a long and proud tradition of using educational Information and Communications technology. Every classroom has an interactive whiteboard with teaching and pupil laptop. We also have a set of IPADs which are time-tabled for use by all classes.

We have a special Parent Support Group called SWISH where parents have a monthly get together to Share Wisdom Information Strength and Hope with each other. All parents are welcome.

Keep an eye on our weekly newsletter for information on upcoming meetings. News and information can also be found on our school website: www.carrigtwohill.com

Dates for Your Diary:

Christmas Extravaganza December 7th 6:30 – 8:30

Our 1st Christmas Extravaganza will take place on December 7th. This will include nativity performances from our Junior and Senior Infant classes. Performances from our Band, Choir, a Craft Fair and a Jumble Sale. All are Welcome.

Annual Christmas Carol Service

Our annual Carol Service will take place in St Mary's Church, December 21st at 11:30 am. All are welcome





Christmas at

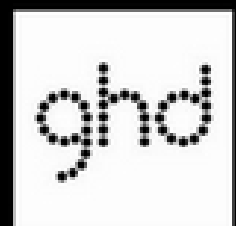
**B E S P O K E
H A I R D R E S S I N G**

Award winning ladies & gents hair design

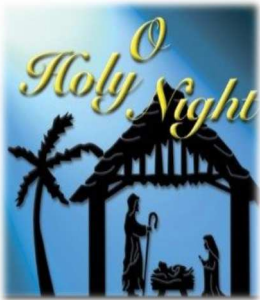
Joico gift packs

GHD Styling Tools

Gift Vouchers



021 4883523 Main St, Carrigtwohill



St Mary's Church Carrigtwohill



Christmas is a time of memories and also a time when memories are made. We remember childhood Christmases and the people who made our memories. We remember Christmases that were stormy or white with snow when the romance was mingled with the inconvenience of travel restrictions and power failures. We remember the many Christmases we spent in our various homes and especially the first Christmases in a new home, a new Parish, a new country. The experience of a new place can make Christmas strange, we are unfamiliar with the national or local customs, we make our memories among people who are new to us, names we are only getting to know. Such will this Christmas be for many whose lives or circumstances have changed over the past year! As one of those, I look forward to celebrating my first Christmas in Carrigtwohill!

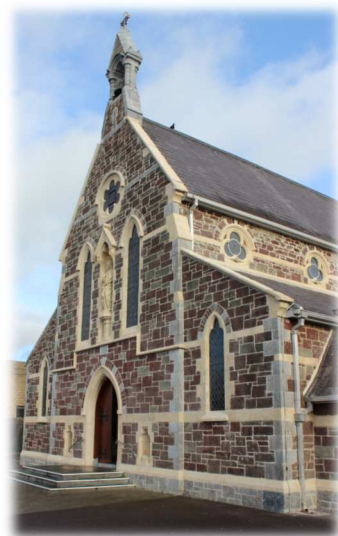


As well as the memories we cherish of Christmases past, we also need to make new memories. We do that by making sure our celebration is not so bound up in the past that we fail to see Christmas as a celebration of a new future. The prophet Isaiah has God proclaim: "Behold, I am doing a new thing!" This is never so true as in the mystery of Incarnation which we celebrate at Christmas. Celebrating in a new place gives us a new perspective. We have the opportunity to rethink our Christmas customs and routines and allow the newness of mystery to enter in. Christmas can so easily become the slave of clichés. Even merriment can become a duty and a burden! Every Christmas should bring us something new - when we pray for our deepest desires to the child of Bethlehem, we might add on a final request, one often used to conclude letters of request at this time of year, "....and a SURPRISE!"

My great surprise this last year was to be appointed as Parish Priest of Carrigtwohill! Returning to the diocese after a sabbatical year of renewal, I have been surprised by these first months in a new place, among a new community, in a new home. Here there is a community living the values and qualities of the Gospel and this truth is known by its fruits.

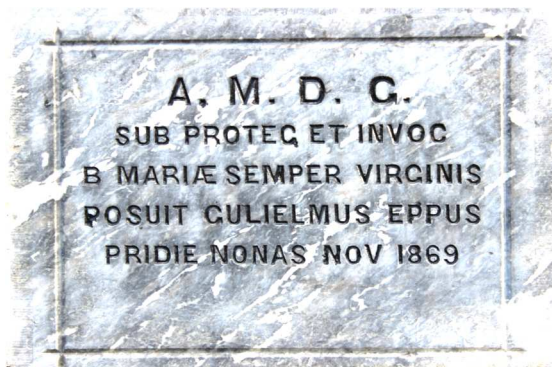
The profound experience of seeing the Family Resource Centre at work, adapting to an increasing variety of social and family needs; the ever expanding activities of the Community Centre; the enthusiasm and youthful vigour of the GAA and other sporting clubs, speak of a sense of care and service and belonging in our cosmopolitan community.

This is a time of new beginnings, built on firm foundations, for our school communities also. Diversity in the provision of Primary Education, so long an aspiration in our country, is a reality, and a friendly and neighbourly reality, in Carrigtwohill. The continued growth of Carrigtwohill Community College is a new and welcome facility taking its place beside the long tradition of excellence for which St Aloysius' College continues to have such a well deserved reputation. Scoil Chlochair Mhuire and Scoil Mhuire Naofa have begun a new chapter as both have become coeducational schools catering for our expanding young population. Behold, God is doing many new things in our midst!



Members of the Parish Pastoral Council, make a presentation to Canon Anthony O'Brien as he leaves our parish to take up his appointment as parish priest of Mallow.

Canon Anthony O'Brien, PP, was deeply involved in these initiatives and the parish community expressed their gratitude at the Community Centre on 22nd September. He had also begun a major work on the Parish Church. Our well loved St Mary's Church has now received a timely facelift with the repainting of the exterior and other repairs and restoration.



Foundation stone dated Nov 1869, the 150th anniversary of St Mary's church will be celebrated in 2019

As we look forward to the 150th anniversary of its building in 2019, further repairs and restoration will be necessary. As many of you will find the true heart of your Christmas celebration in this place of beauty, peace and calm, I pray that you will be inspired to come more often during the year and years ahead, to bring your joys and hopes, your sorrows and fears and speak them quietly, or mingle them in the offering of the Mass on Sundays and weekdays. In that way the mystery of the Incarnation, the Word made flesh, will remain a reality at the heart of our community.

In our local diocese this year has seen the first Ordination of married men as Deacons, called to serve beside priests and the many lay ministries. Our parish has been assigned the service of Deacon Peter Gurbal, originally from Slovakia, and we pray that his ministry will bear fruit in our midst.

May this Christmas bring back memories, make new memories, and may we be surprised by joy, believer and unbeliever alike, in celebrating Christmas 2017 in Carrigtwohill.

Bill Bermingham PP



Christmas Ceremonies 2017

Advent Penitential Service

Monday 18th December at 7.30pm.

Masses

Christmas Eve

6.00pm Children's Family Mass

9.00pm Vigil Mass

Christmas Day

8.30am, 10.30am, & 12.30pm.

Confessions

Saturday 23rd December

10.30am to 1pm

and 3.30pm to 5.30pm

We invite you to join with us as we prepare to celebrate the Birth of Jesus.



BESPOKEN FOR YOU

Custom Couture Sewing
Specialising in Weddings,
Corsets, Leather, Costumes

Windsor Hill Glounthaune

353 086 853 2272

Info@Bespokenforyou.Com

Specialists available for alteration, curtains and upholstery needs



Carrigtwohill Community First Responders

It has now been over a year since our team of Community First Responders (CFR) went live in Carrigtwohill.

The team currently has 19 members of the public from all different backgrounds, from call centre staff, postmen, dog groomers, cleaners, stay at home mums, car valeters and many more, all have received training in high quality CPR and the use of an AED. To ensure the consistent high quality CPR, the team meet every 5 weeks to practice, practice, practice, this ensure that when they are called upon to assist, the training will be fresh in their mind.

These members of the public operate a roster whereby three of them are on call 24 hours a day 7 days week, 365 days of the year. Since the 1st January this year our dedicated team of volunteers have given 11580 hours to cover our community, they will be there every day included Christmas should someone need our help.

Upon receipt of a 999/112 for a cardiac arrest within 6kms of Carrigtwohill Community First Responders are dispatched simultaneously with the National Ambulance Service. Because the people "on call" live or work in their area, they can respond in minutes and provide emergency measures and reassurance until the Ambulance Service arrives, they respond in their own vehicle to the scene and hopefully arrive in those critical first few minutes, which can make all the difference.

Our team have been working hard in the community too to raise awareness of the importance of CPR, you many have seen them recently at the Vintage fair over the summer and at the end of November we are delighted to be working with Carrigtwohill Pharmacy who have allowed us to come in store to promote Hand Only CPR and to give members of our commu-

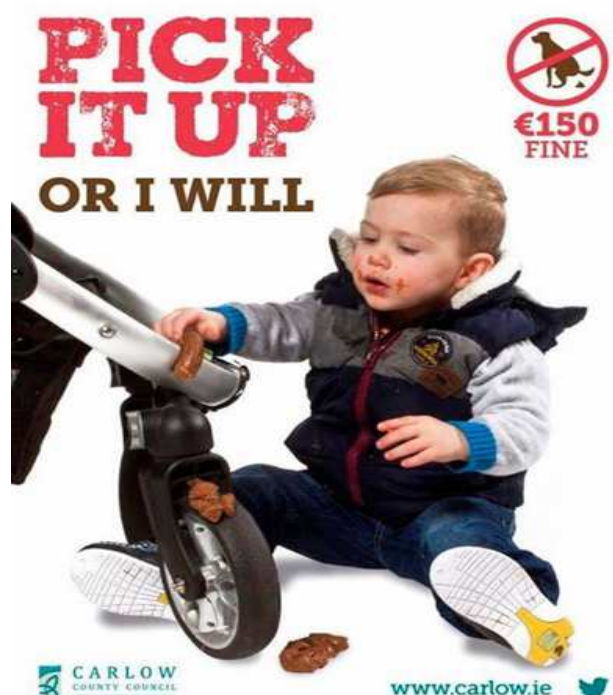


nity the chance to try it for themselves, and hopefully continue to offer this on a regular basics.

This is the first group in East Cork to have been set up with the help and funding of East Cork Rapid Response (ECRR). All equipment and training for this group has been provided by ECRR, and we are delighted to be working with other communities in our area to help them set up their own ECRR CFR groups and it is hoped to set up more similar groups around east Cork in the future

If you would like more information on CFR please visit our webpage at www.ecrr.ie

If you have a community or group that would like to learn CPR please contact us at info@ecrr.ie





Community Alert Text Service



The Community Alert Text Service was originally piloted in Co. Kerry. It is a partnership between Muintir na Tire and An Garda Síochána and its aim is to improve safety and security of all the people in the Community.

Carrigtwohill Community Council has set up a Text Alert Service to immediately alert our community that an incident has occurred and hope that prompt responses by people to Gardai will help to deter criminal activity in our area.

It is hoped to promote crime prevention and to reduce the opportunities for criminals to commit crime in Carrigtwohill. Prompt two-way notification about criminal activity in the area is critical for a safer community. Get to know your neighbours, particularly those living alone and be a good neighbour is the message of the Community Alert.

Midleton District Garda Station 021-4621550

Carrigtwohill Garda Station 021-4883222

Cobh Garda Station 021-4908530

If you are interested in joining the Text Alert Service you might complete the application form below and return to the Carrigtwohill Community Centre.

CARRIGTWOHILL COMMUNITY COUNCIL Community Alert Application Form

If you are interested in availing of the TEXT ALERT SERVICE
Please fill in your details and return to the Carrigtwohill Community Centre.

A contribution of €10 would be greatly appreciated to help the work of Carrigtwohill Community Alert with the on-going cost of the texting service.

I consent to my mobile phone number being used for the
TEXT ALERT SERVICE:

NAME.....

ADDRESS.....

.....

Mobile Phone number (write very clearly).....

My contribution of €10 is enclosed ☐

EMAIL address.....



Senior Hurling 2017

At the end of a trying year Carrig secured their senior status for the next two seasons after a courageous two point victory over Ballyhea in the relegation play-off in October. Trailing by 2-4 to 0-0 after just seven minutes Carrig showed terrific heart and composure to fight their way back into the match and push to the front in the closing stages.

Second half goals by Darren O'Driscoll and Sean Dempsey as well as a series of brilliant points by Liam Gosnell, from play and frees, dragged Carrig over the line during a heart-warming second half in which they came from behind against the breeze. Shane Devlin also made a great save from a Pa O'Callaghan penalty mid-way through the second half while they were still trailing and the game was in the melting pot.

Carrig's half-back line of Colm O'Connell, Ronan Power and Shane Healy took command, especially in the second half, and young Brendan Horgan gave the team a real injection of energy when he was introduced in the final quarter. Horgan and Gosnell, both minors, scored the winning points in the closing minutes. The win was a huge morale boost for a team who went through a dramatic transition this season. From the Carrig team which had lost to Ballyhea in the 2016 championship there were 11 changes in personnel, seven from the starting 15 and four from the subs. Some key players had retired, others had taken time out to go travelling and while there were a couple of players who were suffering from long term injuries.

In the midst of such upheaval in the squad Carrig struggled in the League.

There were good performances in defeat against Killeagh, Douglas and Newtownshandrum, a hard-earned draw against Bride Rovers and an excellent victory away to Newcestown but Carrig struggled to find much momentum before the first round of the championship against Midleton.

Carrig performed well for 45 minutes against our near neighbours but Midleton pulled away in the final quarter. Bandon proved too strong for Carrig as well in round two of the championship but great credit is due to the players for re-grouping in late summer and delivering a victory against Ballyhea which gives breathing space to a young, emerging team.

Under the current system, which is half-way through a four year trial, Carrig are guaranteed senior hurling in 2018 and 2019. This year was Carrig's tenth consecutive season in senior ranks which is the longest uninterrupted run for the club in this grade since the 1920s and 30s.



Ronan Power earns a free!

East Cork Sports Star Awards

Carrigtwohill GAA were big winners at the 2017 East Cork Sports Star Awards held in Middleton Park Hotel on March 4th. Former Carrig goalkeeper and captain, Davy O'Keeffe accepted the Special Achievement Award on behalf of our 1966 Junior Hurling county winners just as he accepted the cup from Taoiseach Jack Lynch fifty-one years ago. Another big winner on the night was Club President, Eddie O'Riordan, who was honoured as a Hall of Fame recipient. It is a fitting tribute to the work Eddie has put in to Carrigtwohill and the East Cork region. Congratulations to Eddie and the heroes of '66 on their continued success.



Minor Hurling 2017

Carrig's minor hurlers had an impressive year where a young side reached the championship final and the league semi-final in the competitive Premier 2A grade. There was great progress made throughout the year and some fine performances that give enormous hope going forward.

By the first round of championship against Valley Rovers in early July, our minors had already played nine challenge matches, winning eight. They also made an unbeaten start to the league by defeating Fermoy, Sliabh Rua, Fr. O'Neills and drawing with Aghabullogue. Carrig entered the contest down a couple of starters but their



depth shone through as they won handily, 4-16 to 2-4. Carrig's captain, Liam Gosnell, was outstanding, scoring 2-12. He was ably assisted by the inside line of Sean Walsh (0-1), Dara McCann and John Carroll (0-1) who were dangerous all evening. Further out the field James Mulcahy (0-1) and Kiitan Oke (0-3) were on top and Jack Scully and Aaron Walsh Barry were dominant in the backs.

Carrig progressed to the Winners' Round where they met Fermoy in Riverstown on July 30th. Fermoy started much the brighter and went in at the half leading 2-4 to 6 points. Carrig were lucky to be so close. It was a reinvigorated Carrigtwohill side that emerged for the second half however and an outstanding rearguard action provided the springboard for a rejuvenated attack. The outstanding half-back line of Shane O'Hanlon, David Rooney and Aaron Walsh Barry helped keep Fermoy scoreless until the 52nd minute. In that time Liam Gosnell scored 1-7 to put Carrig ahead by six with eight minutes to go. Dara McCann's goal in the 59th minute sealed an emphatic turnaround as Carrig won out, 2-19 to 2-15. Carrig advanced straight to a semi-final whilst Fermoy dropped to the quarter-finals.

The minors also beat Valley Rovers in the league, ensuring their place in a league playoff semi-final that would eventually go Killeagh's way in October.

Ballinhassig were next up in Carrigaline and after Dara McCann's goal in the sixth minute Carrig were out in front and maintained a comfortable seven-point lead at half time and full time. Liam Gosnell top-scored again with 1-8 (0-4f) and there were six scorers in total with Dara McCann (1-1), Sean Walsh (0-3), James Mulcahy (0-2), Kiitan Oke (0-2) and John Carroll (0-1) all contributing to Carrig's total of 2-17.

It was familiar surroundings and a familiar opponent as Carrigtwohill returned to Carrigaline six days later to take on Fermoy in the final. It was Carrig's first minor decider in a decade.

Carrig's backroom team was led by two 2007 winners, Tomás Hogan and 2007 winning captain, Liam O'Sullivan. Carrig played against a strong gale in the first half that helped Fermoy and hindered Carrig. John Carroll's goal was Carrig's only score as they went in behind, 1-11 to 1-0. Carrig were much better after the break as Liam Gosnell rifled over the first four scores to bring Carrig within seven. But when Fermoy struck for their second goal Carrig were left with too much to do. The match eventually finished up 3-13 to 1-7.

It was not the hoped-for ending but it was undoubtedly a great year and Carrig gave their all against a Fermoy side that would go on to form the spine of their U21A final team later in the year.

There were a series of outstanding performances throughout the campaign and our minors also made important contributions to our junior and senior teams. Well done to all the lads on a fantastic year and sincere thanks to their coaches and mentors for their efforts.

Aaron Walsh Barry



Aaron Walsh Barry had a unique year with Cork hurling as he was one of a handful of players to bridge the gap between the last year of inter-county minor hurling and the first year of the U17 grade. He made history this year by becoming one of only five players to start in the inaugural U17 All-Ireland final and the last minor final. Success in the former was followed by defeat in the latter but it was a tremendous year for an outstanding young hurler.

Aaron's Cork odyssey began with an U17 Munster semi-final trouncing of Tipperary on April 18th, followed by a comfortable win over hosts Waterford in the final a week later. Three months passed before the All-Ireland semi-final clash with Galway but it was worth the wait as Walsh Barry captained the side in an epic contest that saw Cork emerge victorious by two points in Semple Stadium.

Ten days later Walsh Barry lined out at no. 7 in the All-Ireland final against Dublin and was instrumental as Cork were crowned All-Ireland champions, 1-19 to 1-17.

Cork minors opened their championship campaign with a 19-point win over Waterford in May with Walsh Barry making a ten-minute cameo off the bench. Cork's win set up a showdown with reigning All

-Ireland minor champions Tipperary. Walsh Barry again started from the bench but as Tipperary gained the upper hand Aaron was called upon to shore up the defence before half time. He excelled at wing-back as Cork escaped Thurles with a late draw. He earned the starting nod for the replay at Páirc Uí Rinn and helped Cork secure a 3-point win and a place in their first minor provincial final since 2008.

Clare were Munster final opponents in Thurles on July 9th. Aaron played an important role as Cork cantered to a 17-point victory and their first Munster title in nine years.

Aaron also became the first Carrigtwohill player to win a Munster minor title since Robbie White in 2006.

The All-Ireland semi-final against Dublin on August 13th was a remarkable game as many of the players involved had clashed the previous Sunday in the U17 decider. Walsh Barry helped the rebels secure the double and advance to an All-Ireland final with Galway on September 3rd.

Aaron became the first Carrigtwohill player to play in a minor All-Ireland final since Robbie White scored Cork's opening goal in the rebels' last All-Ireland appearance in 2007. Cork had not won a minor All-Ireland title since 2001 however and unfortunately their efforts to end that drought came up just short as they lost out 2-15 to 2-17.

Aaron was also influential in lifting Carrig to our first minor hurling county final in ten years and has been an excellent role model for our young players. Two All-Ireland final appearances, one All-Ireland title and one Munster title in twelve months is a phenomenal achievement.

Everyone involved with Carrigtwohill GAA is rightly proud of Aaron and we look forward to his future successes with club and county.





Scoil Chliódhna

Community National School

Beyond the sums, science, stories and songs, do you ever wonder what makes our school days so action packed and interesting? Here is a little snippet of school life at Scoil Chliódhna this term to answer your queries!

As in every school, September was the month of new beginnings. Our school community grew in every way – new pupils, new teachers, new classrooms. We continued where we left off last year with Múinteoir Jenny from the Cork County School of Music visiting us once a week to explore sounds, play instruments, compose sound stories and sing our socks off.

Múinteoir Seán also began his training sessions, coaching us in hurling and football skills and we look forward to Wednesday mornings, running, playing and laughing in the yard.

Múinteoir Tara also resumed her Drama classes and our Fridays are guaranteed fun and giggles as we create, make believe and imagine under Tara's guidance.

The month finished with an amazing feat with our whole school community walking, jogging and running across the finish line together as we clocked up the kilometres from Cork to London in pursuit of our Active Schools Flag.

October saw us welcome Peter Dowdall to Scoil Chliódhna to mark National Tree Week. To mark the occasion we planted an oak tree, one of the emblems of our school crest. We celebrated Maths week in style, tackling problem solving, maths games and a maths exploration trail that took us all around the school grounds looking at ordinary things through our

maths eyes and seeing shapes, sequences and patterns that we had never noticed before. Luckily, we escaped any damage from Storm Ophelia and were able to finish the month in costume with our Parents Association hosting a Halloween disco that is still being talked about.

After a well-earned break we returned to celebrate an amazing day in our school's short history with the visit of not one, not two, but three local heroes. Dale Holland from the Cork City U-17 team, Ciara Desmond from the Cork City Ladies team and Alan Bennett, captain of the Cork City team that captured the League and Cup titles this year, arrived in to a sea of green and red clad students. Chants, songs, photos and stories followed and we would not be at all surprised if one of our boys or girls were to follow in the footsteps of Dale, Ciara or Alan, so inspiring was the visit. Most recently we celebrated national Science Week, exploring the place of science in the everyday things around us.

You would be forgiven for thinking that after that hectic schedule we would be winding down for the rest of the term but no chance! We are busy preparing for our School Book Fair and all the while we will be embracing the Food Dudes healthy eating initiative.

We could not possibly enjoy all these events without the help and support of our fantastic parents who slot in whenever required with only the tiniest bit of biscuit-based bribery!

We are looking forward to the remainder of the term so check in soon to see how we got on.



Another Successful Year for the Carrigtwohill Business Association

The Carrigtwohill Business Association has reached the end of another busy and successful year. There were quite a few events held and issues addressed over the past twelve months, some of the standout events are included here.

The Pride of Place



This was a truly amazing challenge for all concerned, and an equally amazing success, in how it brought all sections of the community together to demonstrate to the Pride of Place Judges just why it is that Carrigtwohill is such genuinely unique and special place to live and work.

The Business Association is proud to have been a part of this worthy event along with the Pride of Place Committee, Community Council and the many and varied community groups who contributed to the day being such a great success.

Business Expo

The Business Association held its first Business Expo in October. The purpose of the Expo was to showcase the many and varied businesses within Carrigtwohill and to encourage people to support the local business community. The event was widely acclaimed as a great success. We anticipate holding more expos in the future.



Business Awards

The Business Awards were held in November with eight categories and an overall winner.



And the Winners Were:

Best Start Up	Bespoke Hairdressing
Best Customer Service	Carrigtwohill Pharmacy
Best Innovation	Bespoke Hairdressing
Community Contribution	Merck Millipore
Best Small Business	Willie O'Brien Butchers
Best Medium Sized Business	Thailrish Restaurant
Best Large Business	Fota Wildlife Park
Best Shop Front	Bloomsday

Other events we sponsored and participated in were the Patrick's Day Parade, Judging at the Dragon's Den for St. Aloysius College, Switching on the Christmas Lights, in collaboration with the Community Council etc.

We are interested in hearing from any Business Association members who might like to get involved in the Association's many forthcoming activities.

All Queries to: Sara-Jane Cromwell, Secretary 086-8838513, email: secretary@carrigtwohill.ie



CARRIGTWOHILL COMMUNITY GAMES

LOOKING FOR YOUR HELP TO CONTINUE THE GAMES

Community Games was revived in Carrigtwohill in 1994 and ever since, the children from the parish have enjoyed competing at local, county, provincial and national level with great success. Each year we have been represented at the National Final in Mosney and in recent years in Athlone. The children have amassed a great collection of County, Provincial & National Awards.

This year, 2017, was the first year that Carrigtwohill did not affiliate to Community Games, we would love to keep the games active in Carrigtwohill and would appeal to anyone from the parish that might have an interest in continuing the activities to contact us.

The following is a brief list of the activities we were involved in over the years: -

1994: Cross Country, Quiz, Art, Hurling & Football, Hardcourt Tennis, Badminton, Camogie, Swimming, Basketball and Athletics.



1995 Badminton Team

1995: Cross Country, Quiz, Hurling & Football, Badminton, Swimming, Basketball, Camogie, Art and Athletics.

1996: Cross Country, Art, Badminton, Basketball, Choir, Football, Swimming, Camogie and Athletics.

1997: Cross Country, Quiz, Art, Basketball, Gymnastics, Hurling & Football and Athletics.

1998: Cross Country, Art, Project Competition, Variety, Football, Basketball and Athletics.

1999: Art, Badminton, Indoor Soccer, Basketball, U10 Football and Athletics.



2001 U12 Girls Football

2000: Art, Quiz, Indoor Soccer, Pitch & Putt and Athletics.

2001: Art, Pitch & Putt, Basketball, Girls U12 Football and Athletics.

2002: Art, Chess, Pitch & Putt and Athletics.

2003: Cross Country, Indoor Soccer, Tag Rugby, Chess, Art, Girls U16 Basketball, Choir & Variety, Rounders & Athletics.



2003 U13 Rounders

2004: Indoor Soccer, Cross Country, Chess, Art, Athletics, Rounders, Choir & Variety, Tag Rugby.

2005: Indoor Soccer, Art, U12 Girls Gaelic Football, Rounders, Pitch & Putt, Tag Rugby, U12 Boys Soccer and Athletics.

2006: Indoor Soccer, Art, Rounders, Tag Rugby, U12 Boys Soccer, Athletics.



2005 U16 Relay Team

2007: Indoor Soccer, Art, Rounders, Athletics.

2008: Indoor Soccer, Chess, Art, Rounders and Athletics.

2009: Indoor Soccer, Art, Rounders and Athletics.

2010: Indoor Soccer, Chess, Art, Skittles, Rounders, Athletics.

2011: Art, Rounders, Skittles and Athletics.

2012: Art, Rounders, Skittles.
 2013 Art, Rounders, Skittles and Swimming.
 2014: Art, Swimming.
 2015: Art, Swimming.
 2016: Art, Swimming:

The following is a brief list of Community Game Activities

Art, Cycling, Duathlon, Gymnastics, Handwriting, Judo, Model Making, Swimming, Solo Dance, Solo Music, Solo Recitation, Solo Singing.
 Badminton, Chess, Choir, Cross Country, Debating, Draughts, Handball, Indoor Soccer, Mixed Distance Relay, Project, Rugby (Hybrid, Mini, Tag), Table Quiz, Table Tennis, Group Dance Irish Contemporary, Group Dance Modern Disco, Drama Comedy Sketch, Group Music, Group Singing, Set Dancing.
 Athletics Track, Field, Relay and Marathon
 Basketball, Camogie, Culture Corner, Futsal, Gaelic Football, Hardcourt Tennis, Hurling, Pitch & Putt, Rounders, Throw Ball (Rounders), Skittles, Soccer Outdoor, Spike Ball, Variety.

If you have an interest in getting involved with Community Games and you live in the parish, you can contact any of the following for more details: -

Carmel Bourke 087 1360080	Jimmy O'Reilly 087 2481487
Anna Fitzgerald 086 1042632	Catherine Ryan 087 7513807



1997 Cross Country Team at Mosney
 Eoin Sheehan, Barrie O'Rourke, Seán Flannery



2000 U8 Gold Medal Winners
 Cian Buckley & Brendan Akamnonu with
 The Lord Mayor – P.J. Hourihan



2002 U12 Relay Team



2003 Choir



2003 National Finals Art
 Brian & Anthony O'Reilly



2004 Super Indoor Soccer



Kevin Brosnan makes a presentation to Kieran Stafford, SVP National president, who opened the new shop.



Christy Lynch, Regional President SVP, Mary Carey, Kevin Brosnan and Kieran Stafford, National President SVP



Fr. Bill Bermingham blessing the new Vincent's Shop



Pupils from Scoil Chlochair Mhuire at the opening



5th and 6th class pupils from Scoil Chlochair Mhuire sing Christmas carols for those attending the opening.



The impressive new Vincent's Shop, Main Street, Carrigtwohill



Carrigtwohill Family Resource Centre

It's the time of year again where our local Conference of the Society of Saint Vincent de Paul make our annual Christmas appeal to you to contribute as generously as possible to us, in order that we in turn can help in every way possible in making Christmas a happier time for those less fortunate within our community.

2017 has again proven to be a very busy year with ever growing demands on all the services we provide through not only our visitation conference but also through the Family Resource Centre.

Whilst our well established services such as the Breakfast Club, pre – school, after school, Parent & Toddler and literacy services continue to try and meet the demands and needs within our community, we have noted a huge increase in the urgent requirement for increased assistance in the areas of family and mental health support.

We now have two family support workers working with us and we have six counsellors providing additional services on a part time basis each week. These services are not only reaching out to adults and families within our community but also are engaged in providing programmes through all the primary and post primary schools. These programmes are greatly supported by the management of all the schools and the benefits are very evident.

We are delighted to open our new shop at No 21 Main Street, Carrigtwohill on 23rd November 2017. We are very confident that this shop will be very well supported and will be a great benefit to our community as all

income generated from this shop will be expended in our local community not only to consolidate our existing services but also to ensure that we will be able to further develop additional services to meet the needs of our entire community.

Our annual Church gate collection this year is taking place on 9th / 10th December and we ask you to please contribute as generously as possible. The monies raised through our Christmas appeal fund each year finance fully what we provide at this time of year to less fortunate families, the elderly, people living alone and those homeless.

Donations can also be handed in to the Family Resource Centre on Main Street. Furthermore, if you so wish, the Society will be delighted to receive donations of non-perishable food items, which can be included in the many hampers we distribute before Christmas.

We thank you sincerely for all your generous support and contributions over the years and it is only because of what you give to us that we are able to give to others and provide the services that are so badly needed.

On behalf of all our Members, associate members and volunteers, together with all our staff in the Family Resource Centre, we wish you all a very happy and peaceful Christmas.

Kevin Brosnan
Conference President

Tom Carey
Conference Secretary



Eleanor Geraghty Wins East Cork Challenge Award.

Eleanor Geraghty of Carrigtwohill won the Challenge Award for overcoming adversity at the Muintir na Tire East Cork Celebration Age Awards in Middleton Park Hotel recently. The award was given for a person over 55 in East Cork who has overcome illness or adversity, shown bravery or risen beyond expectations.

She was nominated by Carrigtwohill Community Council who pointed out that Eleanor has always been an active member in the community of Carrigtwohill in the following ways: Community Council member, Cleaning the Church, volunteering in the St. Vincent DePaul Shop, Catering for funerals and was a founder member of the Carrigtwohill Tuesday Club.

Eleanor was very ill a few years ago but after recovering from the illness, instead of taking it easy, she once again became active in the Community helping others.



Eleanor Geraghty with Cllr. Noel Collins and Seamus Forde of Muintir na Ture



*From Councillor
Anthony Barry
Carrigtwohill*

Contact me

Mobile: 086-0740394.

*Email:
anthonybarry2014@gmail.com*



Millennium Park Outdoor Gym



It's free!

**There is also a 400 metre tarmac track
around all weather pitch**

 **Irish Blood
Transfusion Service**
Seirbhís Fuilastriúcháin na hÉireann

**Please give blood at
Carrigtwohill Community Centre
Wednesday December 13th
1700 - 2030**

Helpful Hints

We recommend that you have eaten something and have had plenty of cold drinks. Allow yourself about an hour and a half to complete the process at the clinic from the registration to refreshments.

JINGLE MINGLE

FUNDRAISER/COMMUNITY EVENT
PRESENTED BY THE
CARRIGTWOHILL PLAYGROUND COMMITTEE



DIY CHRISTMAS GIFTS & DECORATIONS

For affordable unique gifts your family and friends will love...



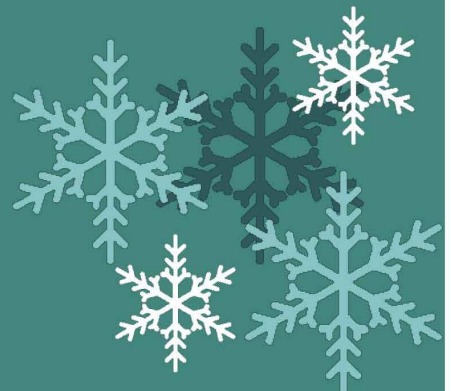
CRAFT ACTIVITIES

- XMAS WREATH
- XMAS DREAM CATCHER
- CLAY DECORATIONS
- JAR LANTERN
- CHRISTMAS CARDS
- FACE PAINTING

(FROM €1 - €8)

FREE ENTRANCE

- TEAS, COFFEES, HOT CHOCOLATE & MINCE PIES
- COSY CHRISTMAS STORIES WITH MRS CLAUS
- WRITE A LETTER TO SANTA
- MAGIC REINDEER FOOD..... & MORE!



 CARRIGTWOHILL COMMUNITY CENTRE. DECEMBER 15TH 2-5 PM
With thanks to Cork Art Supplies for contribution to craft materials

Tidy Towns Competition 2017

Adjudication Report

Centre:	Carrigtwohill	Ref:	363
County:	Cork (South)	Mark:	281
Category:	D	Dates:	14/06/17

	Maximum Mark	Mark Awarded 2016	Mark Awarded 2017
Community Involvement & Planning	60	41	41
Built Environment and Streetscape	50	35	37
Landscaping and Open Spaces	50	36	38
Wildlife, Habitats and Natural Amenities	50	26	28
Sustainable Waste and Resource Management	50	21	22
Tidiness and Litter Control	90	43	45
Residential Streets & Housing Areas	50	33	35
Approach Roads, Streets & Lanes	50	34	35
Total Mark	450	269	281

Community Involvement & Planning/ Rannpháirtíocht an Phobail & Pleanáil:

We would like to welcome Carrigtwohill to the 2017 tidy towns competition. It is pleasing to see that the level of participation in your town is generally strong with 20 members on your committee. Your committee seems well organised and it is great that you have successfully involved all the residents associations in your work. Well done also on securing the assistance of Tus, Cork County Council and SECAD as all these organisations are excellent sources of advice, funding and other resources.

It is particularly clear from your application that your work is community-based with a wide range of voluntary and community groups taking part. These include the Community Council, the Flower and Garden club, the Historical Society, Men's Shed and Muintir na Tire. This demonstrates that there is good community spirit in Carrigtwohill!

Have you considered delegating any projects to any of the other voluntary groups?

For example, why not ask the flower and garden club to maintain a landscaping scheme on your behalf?

We were also surprised to see that no sports clubs are involved and we wondered if any of them had been approached?

Well done on adopting a comprehensive communication strategy and it is clear that you are focusing more and more on your digital mediums (your website, email, texts and social media). We are delighted to see that you have involved the schools and the local autism centre in your projects and we urge you to continue with this approach. Why not ask the schoolchildren and the local autism centre to suggest ideas for their own tidy towns projects? This can be an excellent way of raising environmental awareness, drawing in enthusiastic young helpers and fostering

a sense of ownership of tidy towns projects among younger people.

Thank you for your comprehensive application form, map and photos and we appreciate that it would have taken some time to prepare.

But regrettably (and like the adjudicator in 2016), we did not find the map particularly easy to follow. A legend that explains the numbers on the map would make it more user-friendly as it would avoid the need to keep referring back to your application form. The application form could also be improved by avoiding duplication (as many of the same projects were listed under different categories). Your tidy towns plan was read with interest and while it is considered to be a good concise document, but were surprised to see that just five projects were included under the built environment and streetscape category for the 2016 – 2019 period and your application lists 13 separate actions that been completed for this category for this year's competition.

This suggests that your plan needs a rethink as it does not capture all of the projects that your committee is interested in doing.

Built Environment and Streetscape/ An Timpeallacht Thógtha agus Sráid-dreacha:

It has been a long time since the adjudicator had visited Carrigtwohill and the growth of your town in the interim has been surprising. It is great to see that Carrigtwohill has become a vibrant, modern and attractive town and it is clear from your application that your committee (along with development partners) had a significant influence on this transformation. The town has a pleasant mix of architectural styles with the natural

(Continued on page 25)

(Continued from page 24)

stone Church Building looking very well. We noted that scaffolding was in place around its front elevation and we look forward to seeing these works complete in 2018.

Scoil Mhuire Naofa and the Community Centre (with its attractive hanging baskets) are also presented to a good standard. The town centre looked especially well and it is heartening to see that there is such a great diversity of high quality retail and commercial premises.

We note from your application that you have encouraged shop owners to maintain and upgrade their shopfronts and we are pleased to report that this initiative seems to be working as the standard of presentation was generally high.

Jack Spratt's Pub deserves praise for its appearance while the Credit Union, Guilders Bar, the Pharmacy and the Bespoke Hair Salon stand out. The Bloomsday flower shop and the Turkish Barber Shop also impressed. We acknowledge that work is continuing on Barryscourt Castle and that the grounds are continuously maintained. Well done also on improving the community centre with new car park markings, maintenance of the shrub beds and painting of the timber work. It is further noted that work is being undertaken to the natural stone wall at the Millennium Park. The committee is commended on its excellent work upgrading derelict and run down buildings such as the house at the station crossroads on the Main Street and the derelict garage beside the Community Centre. These projects are particularly important as they help to improve the appearance of key areas of the town centre.

Your application form includes a range of projects under this category – which would be better considered under a separate category of wildlife (for the wildlife information board), tidiness (cleaning the bridge), providing new footpaths (approach roads streets and lanes) and landscaping (restating and planting the grassed strip at Aldi).

Landscaping and Open Spaces/ Tírdhreachtú agus Spásanna Oscailte:

It was clear during adjudication that the committee has been very busy with projects under this category for 2017. The Cork approach is particularly impressive with very well maintained verges and wonderfully bright and varied landscaping spotted at the entrance to the IDA premises. The mature trees that line the IDA access road also impressed while the orchard and the wildflowers on the verges of the Main Road are eye catching. The planted areas round Aldi looked very well, but the non-native species seen here should not be favoured in future schemes due to their poor contribution to biodiversity. The area around the Brian Dennehy truck centre is very impressive and it was clear that a lot of work has been done here with a notable diversity of low maintenance plants on view.

The landscaping at the mural in the town centre adds interest and drew positive attention. The planting at Kathleen's Wall was noted and this looked well as a good variety of species with nice colour was achieved. The work to the Ballyseedy Bed was also observed – the selection of evergreens and perennials here is considered to be a wise choice as they will help to deliver year round colour. The contribution of individual housing areas and estates to this category is also acknowledged with nice landscaping seen at Chestnut Crescent, Ryan Ahearn and Pearse Place to name just a few. Strenuous efforts were made by a number of businesses to bring large splashes of summer colour to the town centre with the Beautiful Hair Salon and the Dental Practice providing well tended hanging baskets to the front of their premises.

The Community Centre also impressed with its input into the floral displays. The continued maintenance of the Killacloyne Bridge, the improvements at the Killacloyne roundabout and the completed projects at station road and Carrigane Access



Find us on
Facebook



Road were noted. The shrub bed at Barryscourt looked very well and we look forward to seeing this mature over time.

Wildlife, Habitats, Natural Amenities/ Fíadhúlra, Gnáthóga agus Taitneamhachtaí Nádurtha:

It is great to see so many good quality projects under way in Carrigtwohill under this category. We observed the Orchard and wildflower area adjacent to the IDA industrial site and it looked well during adjudication. We enjoyed our visit to the Castle Lake housing development and we agree that the walkway to the wildlife Meadow is an excellent addition to this amenity and this (along with the adjacent Lake) was proving very popular with many of the town's residents during our visit. We were also delighted to find that two swans were proudly showing off six of their cygnets while we were there! Well done on providing wildlife interpretive signage signs in this location as they were most informative. It is further noted that you have also provided information boards at the Slattery wildlife and bird sanctuary as a means of raising environmental awareness of this location. Your plan to provide a bird hide in this location is also acknowledged and we look forward to seeing this completed in the years ahead. We were delighted to read that you have collaborated with the transition year students in the girls school to complete the biodiversity mural. This is an excellent project and we would encourage you to identify other projects that could be undertaken in partnership with the schools.

Have you considered completing a wildlife survey of the Castle Lake or meadow? Perhaps this would be a suitable project for the school?

It is noted that you are continuing to research possible locations for a community garden and we wondered if any sites were available within easy access of the schools?

It is clear that your committee has been busy attending seminars and workshops on all aspects of this category throughout 2017 – this approach is highly recommended as it will help you to think of new ideas and projects in the years ahead. The wormery is considered under the sustainable waste and resource management category.

Sustainable Waste and Resource Management/

Bainistiú Acmhainní agus Dramhaíola Inbhuanaithe:

Your recent increase in marks under this category indicates that your committee is making significant progress in minimising waste and using resources sustainably in your town. We were pleased to read that your communication strategy has begun to move away from mediums (such as printed flyers and newsletters) to digital mediums like e-mails and web texts. This is a positive move and we would urge you to continue with this process where possible.

The use of car boot sales to promote recycling of unwanted items (and raise money for the tidy towns committee in the process) is commendable and we are pleased to hear that the approach has been a success so far.

We are interested to read that your community news magazine and parish newsletter are used to disseminate information on issues such as water and energy conservation and waste minimisation.

We wondered if these magazines and newsletters are distributed

(Continued on page 26)

(Continued from page 25)

ed in electronic format? This would cut down on the amount of printed material and we would encourage you to try and reduce your reliance on printed magazines and newsletters over time. You are commended on your participation in the sustainable energy communities workshop forum and of energy usage at the community centre. Perhaps committee members (and other volunteers) would be interested in undertaking a similar audit in their homes?

We are pleased to read that your committee is taking an active role in changing transport behaviour by promoting public transport. However, we urge you to go one step further and record how many people have switched from private to public transport over the last 12 months. This would help you to assess whether your promotional role is proving successful or not. A similar approach could be taken to the walk to school initiative. Why not ask the school to record how many children (and parents) walk to school? Once again, this would allow you to assess if behaviour is changing over time.

We read about the study of food waste that took place in the girls primary school with interest. This seems like an excellent initiative and we would urge them to repeat this after a period of time has elapsed in order to make an assessment of whether food waste generation has been reduced since the initiative had taken place. It would be great if you could provide us with an update on all of these projects in 2018.

Tidiness and Litter Control/ Slachtmhaireacht agus Rialú Bruscair:

The tidy towns committee will be delighted to hear that the standard of litter control observed during adjudication in Carrigtwohill was very good. This is a good result and it clearly demonstrates that the daily litter patrols by workers and volunteers are working.

Aside from very isolated patches of litter seen on Station Road and on the approach from Barryscourt, your town was litter free. However, this is not a surprising result given your highly organised approach to litter control. We note that residents associations conduct litter picks in their own areas and that local businesses support your litter control efforts. The standard of tidiness was also considered to be high as it was clear that close attention had been paid to weed control and road side and foot-path maintenance. Some improvements are possible. An untidy roadside boundary could be seen on the road leading to the station close to Pearse Park. An untidy landscaping bed with weeds could be seen at the station car park and a stop sign here is also in need of attention. While the planting at the Grove looked well, the pump here is in need of a fresh coat of paint. A very untidy black and yellow road sign could also be seen close to the junction with Barryscourt.

Residential Streets & Housing Areas/ Sráideanna Cónaithe & Ceantair Tithíochta:

There were a large number of attractive estates and residential areas to be seen in Carrigtwohill on adjudication day. The large modern residential area to the rear of the Aldi that seems to accommodate Chestnut Court and which includes roads like Hazel Court and Ashbrook was most impressive with well kept houses and gardens and very well maintained landscaping strips and amenity areas. We wondered if these areas are maintained by the residents here? If so, full credit is due to them for this high quality work. The high standard of presentation continued with the mature housing areas of Ryan Ahearn and Maryville which impressed with its landscaped feature pump and semi mature trees.

Pearse Place stands out with its attractive name stone, mature trees and novelty planters which catch the eye. The extensive

Cul Ard estate also deserves praise for its very well maintained grass verges and attractive landscaping. The lovely mature trees and entrance landscaping at Castle View draw positive attention and while Tara Court and Cluain Cairn do not reach the high standard of presentation of their neighbouring estates, their appearance could be improved by removing visible kerb weed (in Tara Court) and tending to some untidy beds (in Cluain Cairn). The uniformly high standard was striking and credit is due to all residents associations and the committee for your outstanding work on residential areas this year.

Approach Roads, Streets & Lanes/ Isteach, Sráideanna & Lánaí:

The Cork approach is exceptionally good with its very well maintained verges, high quality surfacing and impressive landscaping efforts comprising wildflower planting, an orchards and colorful landscaping beds. The Killacloyne roundabout also looked exceptionally well with nice trimmed grass, groups of trees and pleasant seasonal landscaping beneath each of the sponsorship signs which can be found on roundabout itself. The new walkway here is also acknowledged and it represents great work on the part of all concerned. The entrance name stone, natural stone landscaped bed and carefully maintained verges on the Woodstock access road also looked very well. The Bog Road provides a memorable approach into the town with its natural stone walls and lovely mature trees. The approach from the Station is reasonable but a small amount of litter could be seen along here. In general however, the standard of approach roads is notably high in Carrigtwohill.

Concluding Remarks:

Thank you for the opportunity to visit your lovely town this year and we enjoyed it very much.

We are convinced that Carrigtwohill mean business in the tidy towns competition and we look forward to returning again in 2018!



Email: carrigtwohillvc@gmail.com

Tel: 087-4015565

Find us on Facebook

2018 Activities

Jan 20th

Social in Two Mile Inn

Feb 18th

Tractor Run

April 20th

Pub Quiz in Cousins

July 1st

**Jimmy McCarthy
Memorial Run**

Aug 19th

CarrigFest



J.H Kim Taekwon-do Institute

On November 1st, after an intense and enjoyable few months of training, twelve members of the JH Kim Taekwondo Institute made the long trip to Shanghai, China. The group's main reason to jet off to the other side of the world was to compete and partake in the JH Kim International Hanmadang, a weekend-long festival celebrating all things taekwondo. The bi-annual festival brings together schools from every country in the JH Kim network, with the Carrigtwohill Community Centre-based school joined by teams from Singapore, Korea, The USA, as well as the host country, China.

The Carrigtwohill crew was made up of a mix of ages and grades, with people from all walks of life coming together to share their love for the martial art whilst getting a taste of life on the opposite side of the world. Treated like royalty by our Chinese hosts, we got to sample the weird and wonderful of Chinese life and cuisine, all the while connecting and re-connecting with our peers from all over the world.

Having made the journey back home (friendships still intact), we're glad to be able to reflect back on what was an unbelievably worthwhile, once-in-a-lifetime trip. Having picked up a tip or two from our colleagues from far afield, we now turn our attentions to our next trip, with the lure of the next international hanmadang hanging invitedly in the background.

To view pictures of the trip, visit our Facebook page (search JH Kim Taekwondo Institute Carrigtwohill).

For class, and general enquiries, call Cyril on 0860299889.



Opening Ceremony



Irish group in Shanghai

Back row L to R: John Kavanagh, Scott Mills, Dylan McSweeney, Cyril McSweeney, Kieran O'Brien, Andrew Green, Joe Green,
Front L to R: Rebecca Crawford, Mark Healy, Conor O'Brien, Alex Healy, May Weber



**DOG FOULING
IS LITTER**

**On the spot fine
of €150**

SECURE YOUR HOME AND BUSINESS

General Electronic Alarms Ltd

Unit 3, Barryscourt Business Park,
Carrigtwohill, Co. Cork.

Tel: 0214883594 Fax: 0214883970 Mob: 0872554723
<http://generalelectronicalarms.goldenpages.ie/>

**Wired/Wireless Alarm Systems Fire Alarm Systems
Automatic Gate Systems CCTV Systems
Access Control Systems**

Points to consider before choosing an alarm system :

Make sure the installer is registered with the NSAI and holds a PSA licence. Ensure the company is there to maintain the Alarm System after installation.

Ask about the detection cover and features of the system.

What warranties and guarantees are available with the system.

Does the system facilitate monitoring and radio back up.

**No matter which type of alarm you choose,
quality and proper installation is key.**

**For all your security needs, contact us now for a free no
obligation quotation**
NSAI Registered and PSA Licensed.

**Wishing everyone a happy and safe
Christmas and New Year**

POWER AGGREGATES LTD.

Your One Stop Shop For All Your Gardening Needs

Carrigtwohill Industrial Estate, Carrigtwohill, Co. Cork.

Tel: 021-4533667 - Fax: 021-4287511 email: power.aggregates@hotmail.com



**Seasons
Greetings
to all our
customers
and friends**

"Christmas trees available at Power Aggregates"

Small, Medium and Large Trees Available

*Call in to see our wide range
of trees.*

Prices from €35.00

Opening Hours

Monday - Friday 8.00am to 5.30pm Saturday 8.30am to 4.00pm

Did you forget something?



Take pride in YOUR environment

CLEAN UP AFTER YOUR DOG!

or face a €150 on the spot fine

**Canon Anthony O'Brien
Presentation**



Jim O'Brien and John Dennehy



Fr. Bill Bermingham PP

Carrigtwohill GAA

**Annual General
Meeting**

**Community
Centre**

**Thursday Dec. 7th
7.30pm**

Carrigtwohill St. Patrick's Day Parade 2017





Brief Background

Carrigtwohill Tidy Towns volunteers continued to maintain a clean and attractive environment for everyone, residents and visitors alike over the past twelve months. This has resulted in further improvements in the appearance of the main street, in the management of litter, in tree planting, painting, grass cutting, and other environmental projects. The success of our work has drawn in all elements of the community and provided an avenue for people to become involved and to make friends locally leading to a sense of pride and belonging. The Tidy Towns Committee hopes to build on this development in future years and volunteers are always welcome if only for one-off projects or to work with us on a regular basis. This report gives an overview of some of the work of Tidy Towns in your Community. To keep an eye on all of our work, follow us on 'Facebook' Carrigtwohill Tidy Towns.

Residents Associations

The Residents Associations have continued to flourish and take an active role in the maintenance of their estates. They maintain their green areas, tidy up their shrubs, have painted their fences and street side walls, planted daffodils and trees, and in doing so show a very strong commitment to their homes and their environment. In addition the entrances and the overall appearance of the estates have been greatly improved. Tidy Towns assisted the residents with advice, equipment and volunteers in some of these developments and the results are a credit to those leading the way. Clearly the involvement of the Residents Associations with Tidy Towns has given new residents in the estates a sense of inclusion, has helped them to become part of the community and to integrate with local residents and organisations.

In 2017 Tidy Towns organised an Inter Estates competition in the hope of encouraging further development within the estates. This competition is run in conjunction with the Carrigtwohill Business Association who are the sponsors. The winners were announced at a function on 24th November, 2017.

Schools

The Tidy Towns Committee has continued to support both of the primary and secondary schools in their ongoing efforts to gain Green Flags. Both Scoil Chlochar Muire primary school and

St. Aloysius secondary school pupils are working on their sixth flag, the Citizenship and Climate Change Flag. Scoil Mhuire Naofa has been awarded their 2nd green flag (Energy), they are working on their 3rd flag (Water).

Ongoing Projects

Grasscutting, hedge cutting and general maintenance work goes on as part of Tidy towns work. Flowers are also planted in the boxes in the village and arrangements made for the assembly and hanging of the baskets in the early summer. The volunteers maintain several projects around the village as well as helping with watering the baskets and flower boxes. TUS/FAS workers based at the Community Centre maintain the village itself on a daily basis but litter continues to be a constant source of concern.

Spring Cleaning and Littering

As part of An Taisce National Spring Clean, volunteers swept both the footpaths and kerbsides of the village from Carrigane Cross to Centra on Sunday morning 27th March starting at 7.00am. on Confirmation Day 27th March and for the Eucharistic procession a special sweep of the village was undertaken. To prepare for the Cork County Council Litter Challenge a 6 week sweep of the Main Street was organised for each Sunday Morning at 7.00am. The Residents Associations also co-operated with this project and we were delighted to see so many organising Clean Ups in support of the Litter Challenge in their housing estates. Our Volunteers continue to try to control of litter on the approach roads into the village on a regular basis.

Barryscourt

For National Tree Week, 5-12th March, 2017, Tidy Towns opened the 2017 season when a selection of trees were planted on the Barryscourt Access Road. These were in addition to the 26 trees previously planted. Three replacement trees were also planted on the green area at the side of the former Costcutters. A diverse choice of trees was purposefully made in the interest of biodiversity. This project was funded by Cork County Council. Barryscourt Roundabout continues to be maintained and the area around the beds and trees on the island were weeded and edged.

Planting a Tree to remember the late Jimmy Cowman.

During National Tree Week, on 12th March, on a lovely Spring Sunday

morning representatives of the Community Council, with the family and friends of the late Jimmy Cowman attended the planting of a lime tree as a mark of respect and to honour our most inspirational and hardworking volunteer. The tree was planted by his Tidy Towns colleagues on the site of Jimmy's former childhood home in Tullagreen.



Tullagreen

A variety of works in the Tullagreen area are regularly attended to. The Orchard is trimmed every year, the apple trees are pruned, fed and staked. Additional fruit trees were planted recently. An effort is being made to cultivate wild flowers around the orchard and this will be an ongoing project over the next 2 years. However, we had a marvellous show of daisies again in 2017.

On the 'Long Bed' shrubs were trimmed and areas around their bases area regularly cleaned. A thick layer of bark mulch was spread on the bed in August and we hope this will alleviate the need for constant weeding. The long bed includes a range of herbs and other trees including Rosemary, Bay, Oregano, Lavender, as well as Fruit bushes and Buddleia, in an effort to provide a supply of herbs for local consumption and for bio diversity. The old Cobh road opposite ALDI was cleaned and tidied up.

The gateway at the rear of ECI was cleaned and swept, and all the litter was removed on a number of occasions.

Station Road

A major clean up of the Station Bridge and entrance to the Station, as well as the Station road to the Graveyard was also undertaken.

Our sincere thanks to Craig Flanagan and Jim Cooney, Woodstock Residents Association, who both sponsored and executed the development and landscaping of the area surrounding the limestone nameplate behind the old Railway Station. The Woodstock Residents Association volunteers also manage the collection of litter on the main road.

Carrigane Road

The area around the limestone nameplate located at the junction with Carrigane Road and the Bog Road has been developed and planted up by Bog Road Residents, our thanks to Anthony Barry, the Rock, who led and executed this project for Tidy Towns.

The green area in front of the East Link Business Park at the Carrigane cross as well as a small part of the northerly footpaths outside both Fota Rock and Cul Ard Estates are maintained by Tidy Towns. All three areas were cleaned of kerbside weeds and the shrubs trimmed and the entire areas brushed of leaves and rubble.

Painting

A number of painting projects were undertaken during the year. These included the hoarding next to Bloomsday Flower Shop; some of the walls of the derelict garage were refreshed and as well as a range of other projects which were undertaken by volunteers from Stryker and Gilead under the Corporate Social Responsibility Scheme. Our own Tidy Towns volunteers undertook the painting projects at the four cottages on the Main Street and the street side walls of four houses in West End.



Competitions

Cork County Council Anti Litter Challenge 2016

The results of the 2017 challenge were announced by the County Mayor at a function in the County Hall in early September. Carrigtwohill took first place in Section B2 and were also awarded the Most Improved Town for 2017. A great success for all the team.

Pride in our Community – sponsored by Muintir na Tire and Cork County Council.

The Tidy towns were delighted to be awarded an ECO award in the Muintir na Tire/Cork County Council Pride in our Community Competition 2017. The Prize giving ceremony took place in Oriel House Ballincollig. The winning project was for the biodiversity planting on the Barryscourt Access Road. Well done to all our volunteers and other helpers involved in this project.

National Tidy Towns Competition

Our Committee were very pleased with an additional 12 marks in the 2017 Competition, going from our start date of 226 in 2011 to 281 in 2017. This was a remarkable achievement and well done to all our volunteers as well as our Residents Associations. The full report of the Carrigtwohill Tidy Towns for the 2016 competition is printed separately in this magazine.

Church Gate Collection

Tidy Towns holds its annual Church Gate Collection on the last weekend of April. This collection is an important part of our budget and we are very grateful for the contributions we receive.

Community Garden

Tidy Towns continues to support the proposal to establish a Community garden. A site is being sought but in the meantime, pallets were used to plant strawberries and herbs in the garage adjacent to the Community Centre.

Car Boot Sale

The Tidy Towns hosts a table at the Car Boot Sales run by the Community Council. Donations for resale are welcomed; these can include unused/unwanted gifts or any other materials which otherwise may be sent to landfill and all the money raised goes to fund Tidy Towns projects and the process also helps to reduce waste,



Liaison with Cork County Council

Representatives of the Committee liaise with Cork County Council to bring attention to problem areas in the community.

Thanks

Tidy Towns is very grateful to all its volunteers, its Residents Associations, our generous sponsors and supporters and in particular we are very grateful for the support we receive from the Men's Sheds and from Michael Clancy, horticulturalist and owner of the Fota Garden Centre, who continues to advise Tidy Towns in relation to all its activities. We would also like to thank Cork County Council officials and our local Councillor, Anthony Barry for their help, their support and encouragement.

Volunteers

We appeal to everybody to help us in our work in the development of our community; simple changes like a coat of paint to a house or a footpath being brushed can help enormously. We especially appeal to the business owners, to residents and landlords on the main street to take responsibility for keeping the area outside their premises clean.

There is a lot going on in Tidy Towns but remember its all about your village.

Anyone wishing to join or to assist in any way can make contact with the Community Centre for further information.

There is no long term or regular commitment required, we only ask that you give whatever time you may have.

To volunteer, contact 086 8337684



Sunday – June 4th

CARRIGTWOHILL JUVENILE GAA CLUB
PUCKATHON
IN AID OF MENTAL HEALTH AWARENESS

YOUR SUPPORT IS VITAL



IN AID OF

Pieta House

24/7 Suicide Helpline

Freecall

1800 247247

This event was ultimately a happy, positive one that embraced the entire community, yet it was borne out of sadness that had enveloped Carrigtwohill in recent years.

Three former members of Carrigtwohill Juvenile GAA Club passed away by suicide during the last three years. As a meeting of Juvenile club officers took place in the club rooms in late November 2016, a lone senior hurler pucked a sliotar in the nearby ball alley on a dark night.

From this came the idea to introduce a mental health initiative in the Juvenile Club for 2017. One of the key parts of this initiative was the hosting of 'an overnight 'puckathon' in the ball alley in aid of mental health awareness and to raise funds for the Cork Branch of Pieta House.

Camán Till Dawn involved the continual pucking of the sliotar by playing and non-playing members of Carrigtwohill Juvenile, Adult and Camoige clubs from dusk till dawn on the evening of June 4th 2017 over a period of seven and a half hours.

As this was a unique event, it was decided to promote it quite heavily via social media and through the local & national press and radio stations. The support that Camán Till Dawn received from well known personalities by means of short video clips was very heartening, illustrating that mental health and suicide is something that touches the entire community. People such as Simon Coveney, Henry Shefflin, Ashling Thompson, Dermot Bannon, Anna Geary, the Cork senior hurlers and minor ladies footballers, Seán Óg Ó hAilpín, Jessica Harrington and Colm 'Gooch' Cooper, to name but a few, supported Camán Till Dawn.

Camán Till Dawn kicked off with street leagues for the youngest members of the Juvenile Club, supplemented by a bouncy castle, food stalls and an on-stage DJ for entertainment.

This was followed with some talks by members of the Juvenile and Adult clubs, representatives of local mental health organisations, former Cork senior footballer, Valerie Mulcahy and former Cork senior hurler & Carrig native, Niall McCarthy. Current Cork senior hurler, Luke O'Farrell was also in attendance.

After the countdown to dusk, club president, Eddie O'Riordan presented the sliotar to Niall McCarthy who pucked the first ball at 9.45pm. The puckathon ran throughout the night until 5.17am on Bank Holiday Monday morning. The heavy rain that fell during the night may have dampened

West End but it did not dampen the spirits of the participants. Almost 200 people took part in Camán Till Dawn. The weather was the perfect conversation starter and in the context of a community event aimed at encouraging people to talk to one another, it could be considered a blessing in disguise.

Camán Till Dawn has increased mental health awareness in Carrigtwohill and further afield. It has raised almost €11,000 for the Cork Branch of Pieta House.

Carrigtwohill Juvenile GAA Club has trademarked Camán Till Dawn and will charge a nominal fee (to be donated to Pieta House) for the use of the brand. Two other clubs intend running their own Camán Till Dawn and it is hoped that clubs throughout the country will run puckathons to raise mental health awareness in the coming years.

CAMÁN TILL DAWN THANK YOU

This event would not have got off the ground without the support it received from the local community and further afield, which was simply overwhelming. We would like to wholeheartedly thank every single person who assisted in any way in making Camán Till Dawn happen and those who donated to Pieta House. In particular, a special word of thanks must go to the following people and businesses for their support:

Pre-Event

Jim Dunne (Branding & Design); RichardsDee (Branding & Design); Jamie O'Keeffe, Fenor GAA Club, Co. Waterford (Naming Genius & Graphic Design); Rúairí Ó Catháin (Copyrighting); Red FM & Gráinne Murnane (Event promotion); Patrick O'Sullivan (Irish Examiner); Pharmicare (sponsorship of Facebook prize)

Event Set-Up

Carrigtwohill Adult GAA Club (Use of facilities); Denis O'Connor (Provision of stage); Muckley Tool Hire (Supply of lighting); Kevin Graham (Themed paintwork on alley wall); JJ Barry (Decorating)

Speakers

Michael Ahern (Carrigtwohill Adult Club Chairman), Pat Duffy (Pieta House), Sam Fealy (Breaking the Silence), Sara-Jane Cromwell (Caring for Carrigtwohill), Valerie Mulcahy (former Cork Ladies senior footballer), Niall McCarthy (former Carrigtwohill & Cork senior hurler)

Attendees

Eddie O'Riordan (Carrigtwohill GAA Club President)
Luke O'Farrell (Cork senior hurler)
Séamus Harnedy (Cork Senior hurler)

During Event

Maeve Horgan, Gráinne Rigney & Gráinne Murnane
(Preparing & serving food)
Guilders Bar (Provision of music)
Catherine Desmond & Jimmy's House of Spice (Supply of food); Carrigtwohill Community First Responders (First Aid)

Alan Thornton, Neil Hill, Kenneth Kidney, Lorraine McBride, Roma Walsh, Niall Walsh, JJ Barry, Tomás Hogan, (Assistants during event)

Donations from Local Organisations & Businesses

Carrigtwohill Adult GAA Club
Guilders Bar; Spratt's Bar
Independent Engineering Services
Scoil Cliodhna; Merck Millipore
Jas McCarthy Transport Ltd.

Bucket Collections

Ahern's Centra; Spratts Bar; Guilders Bar; Gaelic Bar;
Cousin's Home Bar;

Also, a word of thanks to all those who fundraised for the event and to everybody who donated.

Over half the money that was raised for Pieta House came from sponsorship cards that were filled by members of the Juvenile Club and Camogie club filled, to whom we are most grateful.

Camán Till Dawn Organising Committee:

Pat Horgan, Kieran Brennan, Conor Ahern, Don Murnane,
Pádraic Hogan, Jay Horgan, David Sullivan.

Dawn Approaches





Carrigtwohill United AFC

www.carrigtwohillunited.com

Carrigtwohill United is a busy soccer club located just outside the village and caters for over 400 members of all ages. I'm sure most locals will have noticed the flood lights most evenings on the Carrigane road, but what is the club up to ?? Quite a lot actually

Academy

The CUFC Academy caters for kids from the age of 7 up to 10 and co-ordinator Reamonn Walsh and his team of FAI approved coaches follow a defined coaching pathway to help develop the kids. They train on Monday evenings at the All Weather Pitch and due to the high demand there is currently a waiting list to join.

Under-9, 10, 11

The teams at these age groups participate in a non-competitive league which gives the players an introduction to match conditions but in a fun environment where no scores are kept and all players get plenty of match time. Recently the Under-10's travelled to Cobh while the Under-9's hosted a 4 team Blitz at Ballyadam. It is an opportunity to play in the club jersey and there is great enthusiasm, effort and a lot of skill on display. The 7 aside format gives players a lot of time on the ball so nobody is left out.

Under12

It is at Under-12 the real business starts and this team, ably managed by Reamonn Walsh, are finding their way. Performance and participation is the key and they are doing well currently sitting mid-table with a game in hand. Cian Lee scored a smashing goal against table toppers Kanturk but more work to be done to convert good play into wins. They had a tense 2-1 victory in the Cup at the end of November after extra time away to Midleton A

Under 13

Managers Jeremy O'Leary and David Todd are starting to reap the rewards of all the hard work on the training pitch. Playing at Division 3 is not easy and after a mixed start they had a superb 7-0 win against Kilreen Celtic recently at Balladam. This is a particularly competitive division and just 5 points separate the 4 mid-table teams so all to play for in the upcoming matches.

Under 14

After a successful season last year, John Lynch and his squad are working hard in Division 3. This team has huge potential and are really starting to improve in terms of consistency. They played league leaders Mallow United recently who had taken maximum points from their opening 4 matches. However, against the odds, Carrigtwohill held them to a 1-1 draw in a gripping match to reinforce the progress they are making as a team

Under 15

Having won promotion last season, Paul Nolan has to re-focus his team on the task of competing at Division 3. It seems strange that this squad has kept its best performances of the season for matches against Midleton as they followed up their superb performance at Knockgriffin in the League with a tense 1-0 victory in the Neil Welch Cup at the same venue.

Under 16

Playing in Division 2 and managed by John Barry, the season to date has had highs and near misses. A draw and two defeats by just a single goal is a sign of a competitive team. League points are hard to earn but omens are good for upcoming matches.

The highlight has been a good run in the National Cup with a superb 2-1 win in Schull and a gripping third round tie against Division 1 side Blarney. Carrigtwohill lead with 8 minutes to go but a penalty for Blarney sent the match into extra time where Blarney scored the crucial winning goal. The match will be remembered for a wonder goal from Ebe Imoh who volleyed the ball from 40 yards into the top corner of the net.

Under 17

This squad plays in the Cork AUL and are managed by Liam O'Riordan. They are having a good season to date with 3 wins from 4 games in the past month.

James Mulcahy was on target to score a hat-trick against Carrigaline in the league but it was Cormac Flynn, flawless in mid-field who was man of the match.

Under 18

With a 100% League record to date and good results in both Cups, John O'Sullivan and crew have had a superb start to this season.

Continuing their good form, they had a comfortable 5-1 victory away to Mallow in their last outing with Philip Dorgan grabbing two goals but it is the solid defence which is the making of this team.

Junior Soccer Teams

CUFC have two adult teams – both of which are having a good season. Brendan Cronin manages the AUL Division 2 and they are having a good season to date.

Ian Kenny manages the AUL Premier Team and they have played 5 games to date. They have a very strong squad with a number of Under-18's making the step up to play at this grade. The highlights have been a 3-1 victory at home against Innishvilla and two away draws against Pearse Celtic and Coachford both ending in 2-2 draws.

There are a lot of fixtures to come in the run up the Christmas and the team are looking to be pushing at the top of the table come the business end of the season.

CUFC Under-10 Cheer on Cork City to League Title

The Under-10's made their way to Turners Cross stadium on 17th October last to cheer on Cork City who needed just a point to secure their 1st premier title since 2005.

This fixture had been rescheduled twice so the anticipation and excitement was tangible on the bus journey to the ground.

On arrival Pat Sisk and the staff at the ground seated our group, gave the lads flags and practiced songs and chants in the build up to kick off.

The atmosphere in the ground was electric and the home support duly carried city over the line to the point they needed to clinch the title.

All had a wonderful evening and the memories made will stay with the lads for years to come.

Congratulations to Cork city - League Champions 2017.

The squad would like to take this opportunity to thank all involved with CUFC for making this outing possible and a special thanks to Marie, Eanna, Pat and all the staff at Cork City for helping to coordinate and making our outing such a great experience for all.

Under-16 Trip to Cup Final

The Under 16 squad made the trip to the Aviva stadium to support Cork City in their bid for a League and Cup double for the Leaside outfit. This was primarily fun day out for the squad, leaving the village early and returning late at night.

The Bus journey was quite entertaining with music provided by the team's own DJ on the back seat although his taste in music needs some education.

The match itself was very entertaining and capped off by a thrilling 30 minutes of extra time where Cork City managed to score an equaliser to take the match into a penalty shootout.

It is quite unusual to get to watch a penalty shootout live, so this was very exciting for the squad and supporters alike – especially as it was Cork City who emerged victorious. The team were presented with the Cup and paraded their silverware along the touchline with the fans to the delight of all the supporters.

Well done to Cork City on such a successful season !!



Under 16 Cup Final Trip



Under 10 v Springfield



Under 12 v Ringmahon



Under 10 at Turners Cross



Under 10 v Churchvilla



Scoil Chlochair Mhuire

80th Anniversary Year:

This year marks the 80th anniversary of Scoil Chlochair Mhuire providing primary education for children in Carrigtwohill and the first year that we are a co-educational school. The transition from being an 'all girls' school to welcoming boys in Junior Infants has been a very positive experience for us and we look forward to our development in the future.

Abbie Week of Possibilities:

During the summer holidays our playground got a great facelift from Abbie Volunteers with additional games painted up and reflective posters placed on the classroom walls. We have a beautiful new costume department for all our resources for concerts etc. and the revamped computer room will soon be operational. It shows how much can be done through communities working together – we hope that all the good work done in Carrigtwohill will be recognised in the Pride of Place reports.

Parents' Association:

In September the Parents' Association welcomed the new Junior Infant parent and guardians to the school by hosting a Coffee Morning where new parents were able to meet with those more established with the routines of the school.

Sciath na Scol:

We participated in Sciath na Scol ladies' football and while we didn't reach the final the team displayed good skills and were a good example to others on how to be part of a team. We were proud of all their performances.

Choir News:

Representatives from the school choir travelled to Cork Airport on Tuesday, 26th September to sing at the Departure Lounge for children travelling to Euro Disney with the Cork City Hospitals' Children's Charity.

Having fundraised for this charity at Christmas – the choir again were in full voice to performing a medley of Disney songs. Spiderman, Tigger and Minnie Mouse were in attendance as well as members of the Fire Rescue Teams and the Deputy Lord Mayor. RedFM had reporters on the scene. There was a great party atmosphere around the occasion and the airport staff treated all to refreshments. We were invited back to perform as visitors returned for Christmas.

Sponsored Walk:

Our Sponsored Walk was well supported despite a few drops of rain as Storm Ophelia was beginning to approach us. Thankfully we sustained no lasting damage and there were a few smiling faces as we had to remain closed on the Monday & Tuesday.

Open Night:

Scoil Chlochair Mhuire Open Night was held on Thursday, 19th October to afford past, present and prospective pupils the opportunity to look around the school, meet with staff and see different activities that are ongoing. We had a great night with pupils reluctant to leave school at 8pm, as they were so engrossed in the activities and fun on offer!

It proved to be a great social occasion with refreshments provided by our active Parents' Association.

The dates for First Penance, First Communion and Confirmation for pupils of Scoil Chlochair Mhuire in 2018 are:

First Confession: Thursday – 8th February at 7pm

Confirmation: Tuesday – 24th April at 12.30pm

First Communion: Saturday – 12th May at 12.30pm

Gael Bhratach:

The Gael Bhratach is a national initiative to encourage the use of Gaeilge. We are encouraging our whole school community to become involved in increasing the use of Gaeilge in everyday situations we plan to introduce a number of basic phrases which we hope all will be confident in using by the end of the year. Many of the phrases will be familiar and we hope that these will be heard throughout the community of Carrigtwohill. Join in the fun and use your cúpla focail.

Traffic Warden:

The position of relief Traffic Warden is still open for applications from interested parties. The relief cover is for Scoil Chlochair Mhuire and Scoil Mhuire Naofa. Anyone who may be interested in the position should contact either of the schools or Cork County Council.

The volunteer parents who have organised a rota to supervise safe crossing in the mornings while we await the appointment of the relief Traffic Warden deserve recognition for their civic sense and the care they have shown around the safety of children coming to school.

Social Media:

We have set up a school Facebook page which keeps everyone up to date on what is happening on a day to day basis in our school. You can link into it to view a variety of activities at: <https://www.facebook.com/Scoil-Chlochair-Mhuire-1158857010883104/>

There are great photos from Space Week, Maths & Engineering Weeks, gardening projects, Lego Workshops, dancing, gymnastics and all the many activities that are part of our school life.

We have also set up a new website www.carrigtwohillps.ie where more information is available on the school and news items are kept current.



Frank's Takeaway

Always more to offer

Main Street, Carrigtwohill
A Legend in Fast Food

Opening Hours

	Lunch Time	Evenings
Mon.	12.30 - 2.30.pm	Mon. Closed
Tue.	12.30 - 2.30.pm	Tue. 5.30 - 10.30.pm
Wed.	12.30 - 2.30.pm	Wed. 5.30 - 10.30.pm
Thur.	12.30 - 2.30.pm	Thur. 5.30 - 10.30.pm
Fri.	12.30 - 2.30.pm	Fri. 5.30 - 10.30.pm
Sat.	12.30 - 2.30.pm	Sat. 5.30 - 10.30.pm
Sun.	Closed	Sun. 5.30 - 10.30.pm

Seasons Greetings to All

NEXT GENERATION ELECTRIC

Wishing all our customers
a safe and happy Christmas



"Safe Electric"

Service and Installations

Contact: JJ Harte

087-2274245

Carrigtwohill

T&N LANDSCAPING

Gortnamucky, Carrigtwohill, Co. Cork.

T: 086-1790526 (Tommy Murphy) E: neillusmurphy_64@hotmail.com

- Grass Cutting
- Hedge Cutting
- Spraying
- Tree Felling & Wood Chipping
- Lawns Laid
- Planting Service
- General Garden Maintenance
- Fully Insured



BLOOMSDAY FLOWERS

*invites you to
our annual*

LATE NIGHT SHOPPING

& CUSTOMER APPRECIATION NIGHT

10% off shopping,
refreshments, flower
arranging, & prize draw

6PM-9PM WEDNESDAY, 13 DECEMBER
MAIN STREET, CARRIGTWOHILL

WWW.BLOOMSDAY.IE

Pigeon Hill & Carrigtwohill Point-to-Point Races. 60th Anniversary.

Keep **Subday 28th January 2018** free in your diary.

It promises to be a day of festive celebration in Carrig, as the local Point-to-Point Committee celebrates their 60th birthday. Traditionally race day has been an occasion when the people of the parish came out in large numbers to enjoy a day of fun and activity. To mark the 60th milestone, this year's meeting has been designated as a **Family Fun Day** with special emphasis on entertaining the young in a safe, enclosed children's play area, with **Bouncing Castle, Face Painting** in the Marquee and other entertainment, while the adults enjoy the races and maybe back a winner with the bookies.

A **special welcome** is extended to the relatively new members of the Carrig community, whether they come from at home or abroad, who might be first time racegoers.

We will have other **special offers** on course for all who go racing including a Free Raffle. We will also have photographers on duty to capture all the action of the day and take **photos** of racegoers for **inclusion in the history book**. (detailed below).

Full details, including directions to the course and all special offers are on the Pigeon Hill and Carrigtwohill Point to Pont Facebook page.

History Launch.

The second event to celebrate reaching this historic milestone, is a **book launch** on the **history of Pigeon Hill & Carrigtwohill Point to Points**. This will take place in the spring time at a date and location to be decided.

This book will comprehensively cover the events and personalities surrounding our races for 60 years. This involves four different racecourses in Ballyadam, Ballyrichard (Curra), Clyduff & currently Ballyvodock. It will conclude with a comprehensive feature on this year's festivities. A hardback copy of this book, and an invitation to the launch, will be one of the prizes in or on-course free raffle on race day.

Information Request

With a view to ensuring all worthwhile material is included in the book, we are asking anyone with old paper cuttings, photographs, race cards or other memorabilia or stories relating to past races to make them available for inclusion. They will be copied & the originals promptly returned. Please contact Ollie O'Connor on 087-7545755.

Sponsorship Request

The committee would like to take the opportunity to make a special request, through this publication, to any industrial and pharmaceutical plants, businesses or individuals in Carrigtwohill to come on board as part of a select group of main sponsors for our History Publication. Those interested please contact Terence 086-2268359, John 086-2573347 or Sean 086-8575121, who will be happy to discuss your offer.

Snippets of History

Pigeon Hill & Carrigtwohill Point-to-Point Races have established a reputation, over the last 6 decades, as one of the premier meetings nationwide. Situated in the heart of the prestigious Cork & Waterford circuit, it is one of the longest established and most respected meetings. Over the years it regularly draws runners from around the country including Northern Ireland. However the bulk of the runners come from the Munster area.

1958 Results

CONFINED FARMERS RACE AND HEALY BROTHERS CUP—£20, £3, £2.

12 0 Mr T J Browne's **FRENCH PARK**, b f by Uncle Willie—French Silk, 5yrs, Mr D Coffey 1
12 7 Mr T Cotter's **Richelle**, a, Mr G G O'Donovan 2
Also — Willie's Lace, 5-12-0, Mr D Sheehan (pulled up); Aunt Mary, a-12-7, Mr T Fletcher (fell).
A distance. Richelle fell but was remounted to finish second.

CARRIGTWOHILL PLATE—£20, £3, £2.

12 4 Mr P Cashman's **GOLDEN RON**, ch g by Golden Gleam—Rhonda's Cross, 6yrs, Mr D Coffey 1
12 4 Mrs V P Bowen's **Flying Endeavour**, 6yrs, Mr J Moran 2
12 4 Mr T O'Sullivan's **Winter**, a, Mr J Mulcahy 3
Also—Sadler's Glory, 5-12-0, Mr J J Gordon (fell); Kedron Valley, 5-12-0, Mr C G O'Donovan (pulled up); Meelin II, Mr C Vaughan (fell); Copenhagen II, 7-12-7, Mr P O'Donoghue (fell).
Distance, 3l.

2017 Results

Jerry McCarthy Carrigtwohill Shopping & Business Centre Winners Of Two of €1, 200. 3 Miles

1) Shout It From The Roof Top Syndicate's **Ministerforsport b g** (Dubai Destination – Lady Alacque) 6-12-2 Mr D O'Connor

2) A Harte's **Don't Act Up** (GB) 6-12-2 Mr J P O'Rourke

3) J P Walsh's **Singing Banjo** 7-11-11 Mr B J Walsh

4 ran. 8L, 15L, 15L. (Winner trained by Noel O'Neill)

Brown Island Stables 5-Y-O & Upwards Confined Hunt Maiden for Novice Riders of €1, 200. 3 Miles

1) T O'Brien's **Ballyvodock b g** (Mahler – Strong Watch) 7-12-2 Mr D Allen

2) P J Healy's **Honest Deed** 8-12-2 Mr M K Tobin

3) M A Browne's **Cloneen Dream** 10-11-11 Mr L J Murphy

6 ran. 1/2L, 3L, 1 1/2L. (Winner trained by Terence O'Brien)

Despite the intense competition from surrounding areas, the owners and trainers from Carrigtwohill have always made a special, and often successful, effort to keep the prizes at home. Indeed both our first ever (1958) and most recent (2017) meetings saw doubles recorded by locals. Press details attached.

1958 :- At our first meeting, the combination of local jockey, Donal Coffey, and owners Thomas Brown and Pa Cashman completed a Carrig double.

2017 :- Our last meeting to date yielded another Carrig double with Noel O'Neill



(Continued from page 38)

Point to Point contd....

trainer and the Shout It From The Roof-top Syndicate along with Terence O'Brien trainer and co-owner with Trish O'Brien, Robbie and JJ Sheehan, both recording victories.

Many stars of jumps racing, both equine and human have displayed their talents at Carrig races. Looks Like Trouble was beaten in a Maiden race in Carrig In 1997 before going on to win the Cheltenham Gold Cup in 2000. Doran's Pride, a multiple Grade 1 hurdle and chase winner at Leopardstown, Cheltenham and elsewhere, won the Open Lightweight in Carrig in 2003, in the twilight of his career, while many current top professional jockeys like Noel Fehily and Davy Russell rode winners in Carrig in their amateur days.

An especially popular local winner was that of Saigheada Beaga, who won the Confined Maiden for Terence O'Brien and the popular local Little Arrows Syndicate in 2010. It was also a poignant as well as happy occasion, as the winner's trophy, the Willie Harte Memorial Cup, in honour of a staunch founding member of the Committee, was presented for the first time by Willie's wife Birdie to syndicate leader Michael Rohan.

Our picture captures the happy moment.

Carrigtwohill Community News Distribution

This Newsletter is distributed free by volunteers to all homes and businesses in the community.

If you did not get a copy delivered to your home or business, please let us know by telephoning

Annette at the Community Centre (mornings)
on 021-4882265
or Dave on 087-6290574 (anytime)

email
news@carrigtwohillcommunity.ie

We are always looking for new volunteers to ease the load on our existing voluntary distributors.

If you can help, please make contact on the numbers above.

Thanks to our volunteers

Carrigtwohill 5k Run & Walk 2017



Back Row L to R.

Con Warren, Paul Kierans, Stan Byczek, Ned Ramsell, Eimear Cussen, Wendy O'Leary, Dermot Cashman.

Front Row L to R.

Anna Erfurth, Marian Cashman, Bernie Carroll, Anna Fitzgerald, Marvin Board.

The annual Carrigtwohill 5k run and walk, based at Barryscourt Castle, was held again this year on July 19th.

As in other years, a very sociable and successful evening was held at the Castle, with lots of locals coming to soak up the atmosphere and enjoy the plentiful refreshments afterwards.

Once again huge numbers turned up to run in what has become a very popular event in the racing calendar.

This was the eighth year of this race and it has become more and more a community event, with more than 50 volunteers giving their time to stewarding, baking, making sandwiches, manning the refreshment tents and organising all the things, big and small, that make this the great event it is.

All the funds raised on the night have been distributed equally between three local charitable organisations:

Meals on Wheels,
CASA
Carrigtwohill Community Care.

Looking forward to our ninth race which will be held in July 2018.



L to R.

Marvin Board, Marian Cashman, Anna Fitzgerald, Mary O'Farrell, Stan Byczek, Anna Erfurth, Wendy O'Leary, Eimear Cussen.



The Holy Wells Of Carrigtwohill

Our Local History By John Harte

In this article on the ancient holy wells, we remind ourselves that some of them originated in druidic times before the advent of Christianity. It was customary for the pagan Irish people to assemble at these wells and to adore their false Gods. History informs us that at some of the wells there grew a tall tree with overhanging branches, the shape of which resembled the rim of a hat. The stump of one of these trees is located beside what remains of the ruins of the holy well north of Waterock House.

Further north is the well site of the 'Carrigane Holy Well' where crowds gathered to say their rosaries in mid August. This well sprung up from the soil from the height above and its deep channel of overflow water may still be seen from the Carrigane boreen.

In the north west of the parish there are two ruins of these holy wells. One is located in Ballyregan, high in the hill over 'Gleann Git' or 'Wakelam's Glen'. This well springs up from the roots of a big tree with branches at the top. This tree may have been another 'Crann Bile' or 'Rim Tree'. Another name given to these trees is 'The Sacred Tree'. There were steps leading down to this well signifying that it was popularly used.

At one mile north of this well is 'St Colman's Well' which is found among the sallies that grow profusely in the area. It is observed as an offshoot of a little stream which runs nearby.

Returning southwards towards Carrigtwohill, we come to 'St David's Well' beneath 'Wyse's Railway Bridge'. The memory still lives of medals and pieces of cloth hanging from branches



Easter Well, Tobar na Casca

of the tall shrub growing beside the well. Today this well is covered over with flagstones.

The 'Woodstock Glen' is the site of 'Tobar na Cásca' (The Easter Well), where rosaries were said during penal times. It was closed in 1829 by the clergy, due to alcohol drinking and faction fighting.

'St. Joseph's Well' in the 'Well Lane'. Being the only source of water for the village its use was terminated when the piped water scheme was introduced to Carrigtwohill in 1905. A missionary priest later blessed the well and named it St. Joseph's.



Laundrette & Dry Cleaners

M: 087 6176709

**Unit 11,
Carrigtwohill Shopping Centre,
Main Street, Carrigtwohill
Phone 4883707**



*Seasons greetings to all
our customers and friends*



Curtain Cleaning

Eiderdowns & Duvets

Same Day Dry Cleaning



Washing - Drying - Ironing Service

Same Day Swede and Leather Cleaning

Cleaning & Preservation

service available for

Wedding &

Communion Dresses

Christening Gowns



Collection & Delivery Service Available

Check our Facebook page for weekly offers

New shop
**NOW
OPEN**



IN
Carrig
twohill

FRESH FRUIT & VEG

ARTISAN BREADS

Dairy & Cheese

FINE MEATS



facebook.com/
Rooster.Carrig

Locally
Owned





Carrigtwohill Athletic Club

2017 saw Carrigtwohill A.C. run an extremely successful Couch to 5k program. Carrigtwohill A.C. was overwhelmed and delighted with the huge turnout for the program. The determination of the newest runners in the village was evident with the effort that was put in by all participants right from the start of the program.

After 8 weeks of training and dedication the Ballincollig 5k park run was the location for the culmination of all the hard work. A bright sunny March Saturday morning saw all our new club members complete their first 5k race to much joy and delight.

Many of our members went on to train for various races over various distances. Huge congratulations to all that completed the program and also a massive thanks to all our club mentors that assisted with the program.

The summer saw the club teaming up with the Carrigtwohill Road Race committee for the annual 5k road race in July which attracted over 450 runners to the scenic surroundings of Barryscourt Castle. Now in its 8th year, this event was once again very successful with three local charities benefitting from the proceeds that were raised - Meals on Wheels, CASA and Community Care.

In addition to our involvement in the 5k road race, we also showed our support to the local community by participating in the St. Patrick's Day parade and we were also represented at the Pride of Carrigtwohill 2017.

A number of club members participated in Dublin City Marathon over the October bank holiday weekend. Their hard work, countless hours spent on those long training runs were well rewarded when they completed the national marathon and proudly received their medals.

Carrigtwohill A.C welcomes new members at any time. We have club members that are training for various races from 5k right up to marathons and some even considering longer distance races. Club training nights are Tuesday and Thursday nights meeting outside the Community Centre at 7:15pm. Training runs are scheduled for weekends. Why not come along and give it a go.

According to Athletics Ireland statistics Carrigtwohill A.C. was one of the fastest growing clubs in County Cork in 2017.

Thanks to all our club members for making the club what it is and we look forward to welcoming many more members in 2018.

Find us on Facebook @carrigtwohillac or email carrigtwohillac@gmail.com



Carrigtwohill Community Centre

Car Boot Sales

I would like to start by saying a big Thank You to all the volunteers who help out at the Car Boot Sales, your dedication and commitment is outstanding. You are always there come hail, rain or shine. Without you there wouldn't be any Car Boot Sales. There has always been a great Community spirit here in Carrigtwohill and I hope this will continue for a long time to come.

The income generated from these sales helps with the running costs of the Community Centre and also the upkeep of same. A lot of work has been done in the past year as in new flooring, painting, lighting etc. It also goes towards Insurance, ESB, Gas & phone bills.

Again A Big Thank You to everyone involved, you know who you are!! And if anyone out there would like to get involved, it's a great way of meeting people & making new friends. I would be delighted to hear from you. I can be contacted on 086-3030196 or you can ring the Community Centre on 021 4882265.

And last but not least I would like to wish the team, traders, and the customers a Very Happy Christmas and a Prosperous & Healthy New Year.

Margaret Long
Chairperson, Car Boot sales

The 2018 programme will be announced in January



Houses Cleared

Prepare your house for sale or rent. Removal and optional cleaning.

Could be free! Call for an estimate.

086 853 2272



EM Hardware Supplies Ltd

**Cobh Cross Industrial Estate, Behind Lakewood
Carrigtwohill**

021 4883131 email sales@emhardware.ie

Specialists in;

Doors

Door Locks and Handles

PVC Multi-point Locks

Letter Plates



www.handlesupplies.com

Call out service available for door locks problems

We also carry a broad range of builders hardware

Contact John O'Driscoll 087 -2577 649

***Seasons Greetings
to all our Customers and friends***



**DOG FOULING
IS LITTER**

**On the spot fine
of €150**



Carrigtwohill Camogie Club

2017 has proven to be possibly the busiest season we have had in recent years. Increased numbers and activities have kept us busy for what has worked out as a very long year of events for the Club.

Our Under 14/13 Panels have trained twice weekly from the onset of the season in February and while they had a slow start in County League, they certainly upped their game by the middle of the summer. A very competitive Féile competition where they won 2 out of 3 games, and only lost out to the overall winners gave them great confidence going into Imokilly League.

Competing at A Grade we beat Erin's Own in the final to lift the A Shield. A confident start going into Championship saw the girls again lose out in Round 3 to the Overall Championship winners. This bodes very well going into the 2018 Season as there will only be 4 girls moving upwards to U16 from this panel. Well done to all the girls and their Coaches/Mentors, Philip, Val & Lorraine.

Our Under 12s competed very well in County League and were unlucky to lose out on a semi-final place. However, Carrigtwohill Camogie Club ran an Under 12 East Cork League for 8 weeks at the end of the summer and this culminated in the Dominic Rooney Memorial Cup semi-finals and finals which were held in West End in October. The girls fought to get to the final but there was more involved than just winning in an enthralling final seeing Carrig beat Aghada by the narrowest margin of a point. It was an emotional event and to see the pride they had to lift the inaugural Dominic Rooney Memorial Trophy was worth all the hard work both on and off the pitch. Huge thanks to Margaret, Adam, David, Cillian and Eoin for sponsoring the trophy and being a huge part of what was an emotional, exciting and proud day for our Club. We were honored to be hosts and hope to build on this year-on-year. Well Done to all the girls and their Coaches/Mentors, Peter, Bryan, Catherine & Rosie.

Go Games changed slightly this year with less individual games and more Blitzes which saw our Under 10 Panel, 8's and 6's travel around the County to show their skills. Ray, Reamonn, June, Claire, John, Michael, Ed, Taylor have kept the show on the road for all these groups in 2017. Well Done.



Fundraising events throughout the year were very successful and huge thanks goes to all our local businesses who always support us with prizes and vouchers for every event that we run.

We also had a few trips away- we got to have fun over in Fota with the Wild Air Run, we travelled to Croke Park en masse for the All Ireland Camogie Final, we have had Family Bingo, St. Patrick's Day Parade, Camán till Dawn, Cúl Camps, Rebel Camps and Pride of Place to name a few.



We look forward to another successful Season in 2018 and we would like to take this opportunity to thank all our Girls, Parents, Coaches and Mentors and everyone who has supported the Club in any way in 2017.

Merry Christmas and Happy New Year.



**Caring
for
Carrigtwohill**



Like us on Facebook
to find out more
[@CaringforCarrigtwohill](#)



What is Caring for Carrigtwohill?

Caring for Carrigtwohill are a community based voluntary organisation consisting of representatives of in excess of a dozen local groups including our local schools and all the major voluntary groups in the Carrigtwohill community. We were established in March 2017 in response to tragic events within our community.

We have close working relationships with 'Breaking the Silence', Cobh, the Community Mental Health Worker, Family Resource Centre and HSE Suicide Prevention Officer.

What is it that we do?

Our aims:

- We aim to increase mental health awareness, build resilience and promote appropriate training to prevent suicide in our community.
- We aim to normalise conversation around mental health so people can seek appropriate support.
- We aim to build up a network of trained people within our community to support those who are feeling vulnerable until they can access professional help and intervention.

What's going on?

A number of safeTALK and Assist Training sessions have been run here in Carrigtwohill to enable those that deal with the most vulnerable in our community to feel more equipped to discuss suicide with those they encounter. We continue to roll this out. Check out Facebook for more details.



safeTALK

Some members of the working group have started a Facebook Page which is updated daily with articles, links, information and inspirational quotes.

We are in the process of producing wallet sized cards which contain contact details for mental health intervention should anybody be in need of them

Some members of the working group have worked with other organisations in East Cork to produce a booklet which helps those affected by Suicide called 'Lighting the Way'

'Caring for Carrigtwohill' was recently represented at the 'Connecting for Life' Cork launch in City Hall, which is part of Ireland's national strategy for suicide prevention. The plans vision is a Cork where fewer lives are lost to suicide, and where communities and individual are empowered to improve their mental health and wellbeing.



Carrigtwohill Sports Stars and Community Awards



Jack Spratt's Sport Stars and Community Awards

The awards are now in its fifth year, the aim of these awards is to reward and recognise sporting endeavour and the outstanding achievements and contributions that both individuals and groups have made to sport/recreation and/or in the community.

The awards system will accept monthly nominations by 15th of each month from Clubs and individuals via email on carrigtwostars@gmail.com or via forms available in Centra/Spratts Bar or the Community Centre: Nominations will be shortlisted and the monthly winner will be announced.

Each monthly winner will receive a specially handcrafted award, presented by our generous sponsor, Leo Spratt of Spratt's Bar, Carrigtwohill.

An overall 'Hall of Fame' winner and 'Hall of Fame' presentation will be presented at the end of the year. We are encouraging all clubs and organization in Carrigtwohill to get involved in this worthwhile venture.

November - Marty McConville

The November award goes to a hurler who started his career a long way from Carrigtwohill. Described by one of his colleagues as a thorough gentleman, a great clubman, a great leader, a hurling fanatic and a true blue. The player has collected 9 medals in the blue and gold of Carrig in football and hurling.

December - Meals on Wheels

Some organisations rarely get a mention in the press or in social media but we have decided that this award should go to an organising committee that do heroic work in the community. Founded in 1985 in the old parish hall and today operating 3 times a week from the community centre. Down through the years this committee has catered for and delivered to thousands and thousands of people where the friendly faces and little chat means so much to the elderly. This is all done on a

voluntary basis by 36 cooks and 36 drivers who deliver 3 times a week.

One of these having served as coordinator for all of this is Elizabeth Horgan. Elizabeth accepted the award on behalf of the December winner Carrigtwohill Meals on Wheels

Overall 2017 - Robbie Sheehan

Robbie Sheehan was crowned the overall winner for all his involvement in the community throughout the year.

Hall of Fame 2017 - Ailis McSweeney

Ailis McSweeney was the recipient of the Hall of Fame Award marking her achievements on the national and international athletics circuit, as was remarked on the night the fastest woman in Ireland is from Carrigtwohill

January - Noel O'Neill

Our January award went to someone in the horse racing scene for fourth time in four years. Following on from a win in December, this trainer brought the predominantly locally owned horse Ministerforsport to Boulta in west Waterford where he was in a different league to his rivals with an 8 length win.

He followed this win up with another win in our local Carrigtwohill Pigeon Hill point to point meeting where he was successful again for the 'Shout It From The Rooftops' syndicate.

February - Fiona Santry

Our February award was a lady that has been making sporting headlines as an outstanding athlete in track and field for many years now and she is a leading member of East Cork Athletic club and has worn the club singlet in many races both locally and nationally. Her achievements in 2017 to date are 5th in the All Ireland intermediate cross country championships in Galway and part of the victorious Cork team. 7th in the Ballycotton 10. 3rd in woman's Munster 4 mile and part of the victorious Cork team. She is also a talented footballer with Carrigtwohill Ladies Football Club. .

March - Niall McCarthy

The winner of our March Award was a gentleman that has been making sporting headlines as an outstanding athlete in his sport for many years now. Having being there, done that, wore the jersey; he turned his attention to another sport sparring and boxing.

Joining St Colmans Boxing Club in 2016 initially to stay fit, he began to enjoy himself under the watchful eye of Kevin Walsh who taught him the basics. He was fighting in his first boxing tournament in the 86kg class. This he won comfortably with all judges giving him the decision. Niall is currently studying BEd Sports Studies and Physical Education degree in UCC & as a result switched to the UCC Boxing Club where he sparred and boxed against experienced fighters which was to be invaluable in the preparation for the next tournament, the universities all Irelands at 86kg

Having prepared and fought his way to the final the big day had come in the National Boxing Stadium where many a great boxer has fallen but not our man. Two rounds to the good the third saw some body fatigue set in but he managed to battle through to become a champion again - namely a gold medal in the Novice Junior 86kg weight category of the Irish Athletic Third-level Boxing Association finals. .

April - Carrigtwohill Badminton Club

The April award went to Carrigtwohill Badminton club who are fifty years competing at most levels in their sport. Starting with one novice team and now supporting 8 teams from division 2 to division 6 at county level. To date the club has won all titles at county level throughout the years and were lucky enough to bring home a Munster title in 2001. But this year was the most successful for a while winning the county division 2 mixed and the county division 2 men's.

May - John Buckley

Our May award winner goes to a man that has served his community for a long

time. In the 1960's Carrigtwohill was a different place. Television had just become available and people's free time was often taken up with this new form of entertainment.

This was recognised by Fr. Sheehan who together with Macra na Feirme and Muin-tir na Tire members tried to revitalise community spirit in Carrigtwohill.

One of these members is our award winner tonight. Over 50 years he has been at the forefront of our community in economic and social success. His enthusiasm and commitment to the various projects undertaken by the community has been an inspiration to all who know him.

He has worked tirelessly with the IDA to bring factories. Instrumental in the development of the children's playground and all weather pitch, one of his finest achievements was spearheading the restoration of Barryscourt Castle.

His role in making Carrigtwohill one of the finest communities in the country cannot be overstated and he is due a debt of gratitude by the people of Carrigtwohill for his work over the past 50 years.

June - Camán Till Dawn Committee

Our June award went to a group that has had a fabulous achievement in Carrigtwohill last month. . Almost 200 people took part and it has increased mental health awareness in Carrigtwohill and further afield along with this over €11,000 was raised for the Cork branch of Pieta House. This was the brainchild of Dave O'Sullivan and would not have been such a success but for the work of him and his organising committee.

Read a full report on the event elsewhere in this issue,

July - Leah Parker

Coached by her father this athlete began her sporting career at aged 7 and has achieved so much and has had unbelievable success with Carrigtwohill GAA and in track and field to date. Captaining Carrigtwohill under 12 ladies footballers to East Cork glory during the past year, her main interest is athletics and the following achievements show why. This year at under 14th the medal count was County 2 gold 2 silver / Munster 2 gold / and All Ireland 1 silver 1 bronze. Studying the different world and Olympic athletes and putting their techniques into practice 3 times a week on her own new circle constructed by Dad saw her throw the ham-

mer 41 meters to break the Munster record held since 2009 by 9 meters. The other Munster record she holds is the U11 Javelin with a throw of 20 meters which she won in 2014 just aged 9. Further achievements were U10 Munster Silver / U11 Munster 2 Gold / U12 Munster Gold / U12 All Ireland Gold / U13 Munster Go-

August - 1) Ciara Brennan

2) Aaron Walsh Barry

Carrigtwohill Ladies Football club of which she is a member say that she is a fantastic role model for the younger players and her value extends way beyond the pitch and she is always on hand to help out whenever needed and the younger players regard her as a legend.

A member of the Cork Ladies Minor Football Team she is a talented sports woman. .

During her time as a Cork Minor she has collected 2 Munster and 2 All Ireland Medals.

The second August award goes to a talented young man.

You can read all about the exploits of Aaron Walsh Barry in the GAA notes on page 15 of this issue.

September - Naval Service

Our September award is acknowledging some local members of the Irish naval service for the fantastic work they and the navy are doing in the Mediterranean Sea since 2015. We all know about the migrant flows from Syria and Africa to European shores in types of vessels like converted fishing boats with up to 600 people on board or inflatable boats with up to 200 people on board which were completely unseaworthy. . The deployment of the naval services ship LE Eithne to the Mediterranean in May 2015 under code name operation Pontus marked a series of significant humanitarian expeditions to the region by Irish vessels.

A further seven Irish vessels have subsequently embarked upon similar deployments on a rotational basis.

As a result of these endeavours the lives of 17,809 migrants have been rescued by the Irish naval services to date.

We salute five local courageous and brave young men who have been there through the recovery and rescue of thousands of migrants and served their community and country during operation Pontus. The five are Robert Stoap, Brendan Hor-

gan, Thomas Mullaney, Andrew Walsh and Shane Quinn.

Present on the night to collect the award were Robert Stoap and Andrew Walsh. We would like to thank Mr. Ger O'Hanlon for his assistance in arranging the ladies attendance with the Irish Naval Services.

October - Alison O'Brien

Our October award winner is yet another Irish champion this time in the world of hairdressing.

In June 2017 having entered the alternative hair show in the Mansion House, Dublin she faced stiff opposition from the rest of the country, however they were not up to our winners standards and she claimed 1st prize which qualified her to represent Ireland in the world event at the Royal Albert Hall in October.

Performing for a world crown was never going to be easy and afterwards our winner was quoted as saying "I wasn't a winner on the night but it was an honour to represent my country and to be a finalist picked from over 80,000 people worldwide. It was definitely one of the most stand-out moments of my career."

Her career was to take another step for the good when she entered the Alfaraf Milano Fantastic Hairdresser awards where she claimed 1st place for her fantasy piece and her cut and colour model came fifth.

We now look forward to January where we will learn our November and December award winners along with our overall winner for 2017 and the winner of our Hall of Fame award.

The awards committee wishes everybody a Merry Christmas and a Happy New Year.

**Please support
our
Advertisers**

**Their support
makes this
publication
possible**

What a great first term for the students of Carrigtwohill Community College! Students are working hard following the new Junior Cycle programme. This programme places the student at the centre of the learning process and allows for new ways of learning and a broader range of skills to be properly assessed. Students of Carrigtwohill College are therefore experiencing a wealth of innovative and creative methodologies and this allows each child to discover and enjoy their own best way of learning.



First year students Paige Mellis and Tina Silova recently taking part in scientific experiments while second year student Oscar Cahalane is seen creating the perfect picture for his stop motion movie. Second year student Filip Trela is seen receiving his award from Noreen Healy having won the Carrigtwohill inter-schools logo competition for Caring for Carrigtwohill.

As the old adage goes “work hard, play hard”. The students are certainly making the most out of every opportunity given to them in the college: hurling, camogie, music club, yoga, debating, basketball, board games club, rugby, the now infamous House System... the list is endless!



Students preparing for the upcoming Lego Leagues Competition, first year students ag baint taitneamh as Gaelige 24 and Aoife Ahern of first year enjoying delicious healthy pizza that she made in Cookery Club.

Carrigtwohill Community Centre



Rooms available for meetings, parties etc.

Contact 021-4882265

Carrigtwohill Community Council
www.carrigtwohillcommunity.ie
Find us on Facebook

Carrigtwohill Community Council Officers

President	Fr. Anthony O'Brien
Vice President	John Buckley
Chairperson	Ann O'Driscoll
V/Chairperson	Brian O'Reilly
Secretary	Margaret Long
A/Secretary	Shane Lynch
Treasurer	Pauline Murphy
Joint Treasurer	Joanna Coomey

Sub-Committees

Car Boot Sales

Chairperson: Margaret Long

Community Alert

Chairperson: Anna Fitzgerald

Community Care

Chairperson: Anna Fitzgerald

Environment

Mary O'Mahony

Local Authority Liaison

Chairperson: Anthony Barry

Old Graveyard

Chairperson: John Dennehy

Outdoor Committee

Geraldine Cashman

Tidy Towns

Chairperson: Margaret Searson

Tuesday Club

Chairperson; Eleanor Geraghty

See carrigtwohillcommunity.ie

Carrigtwohill Flower & Garden Club

will host
Siobhan McInerney
for their
Christmas Gala
on
Tues 5th Dec at
8.00pm

Community Centre,
Carrigtwohill.
Theme:
"Lighting up
Christmas"
Festive
refreshments.



**Raffle of all Christmas arrangements.
Cost €10. All Welcome**

Christmas Craft & Plant Sale

The Cork Association for Autism will host a
Christmas Sale Experience
at Greenville in Carrigtwohill
on Sat Dec 9th from 10am-3pm.

Christmas decorations, crafts, pottery
pieces, festive gifts and plants that have
been handcrafted and cultivated by the in-
dividuals who avail of the supports offered
by the Association will be on sale.
Entry to the sale is free and visitors will be
welcomed with complimentary winter
warming teas/coffees and festive treats.

For more information or directions to
Greenville
please email c.walsh@corkautism.ie
or call Carol on 021 453 3642.



Mary Geary's

Carrigtwohill Creche,
Playschool & Afterschool Club.

Spread your child's wings at Mary Geary's childcare.

Afterschool Club

Providing a bright, comfortable and homely environment for children ranging from 4 years up to 12 years

"Those that teach young babes do so with gentle means and easy tasks"

Wishing all our parents and children a wonderful Christmas and a happy and peaceful New Year from all at Mary Geary's Childcare.

Contact us on 021 4533802

McGuckian Oils Ltd.

Carrigtwohill Industrial Estate

Home Heating Oil/Kerosene Green Diesel/Agri Diesel

Motor Diesel/Petrol

Mini Tanker Available

**Depot open to Public for Petrol & Diesel
at competitive prices**



Local people serving local people



***Compliments of the
season to all***



***Open: Mon - Fri 8.00am - 6.00pm Saturday 9.00am - 5.00 pm
Tel: 021-4881190 Mobile: 086-2588390 Fax: 021-4881193***

Carrigtwohill All-Weather Facility

millennium park

THE PERFECT PLAYING SURFACE



Suitable For
Sports & Recreational Activities
Including:

- | | |
|-------------------|-----------------|
| ▶ Gaelic Games | ▶ School Sports |
| ▶ Soccer | ▶ Parties |
| ▶ Fitness Classes | ▶ Camps |

For Bookings and Enquiries
Please contact
Tim on 087-9867596

allweather@carrigtwohillcommunity.ie
www.carrigtwohillcommunity.ie/awf
www.facebook.com/carrigtwohillawf



OPENING HOURS:
9.30AM - 10.30PM MON - SUN

TAEKWON-DO CLASSES FOR BOYS & GIRLS

➤ TKD KUBZ (3-6 YEARS)

➤ TKD KIDS (7-12 YEARS)

Mr Richard Forde: 085 - 826 7810

www.eastcorktkd.com

www.facebook.com/EastCorkTaekwonDo

It has been a busy start to the season so far for East Cork Taekwon-Do. Since September our competition team has competed in multiple tournaments across the country. Club instructor Mr Richie Forde also competed in the World Taekwon-Do championships in October returning home with a Gold medal.

National Championships 2017

Congratulations to everyone who competed at the ITA National Championships. There were brilliant performances from everyone in some really tough and big categories. East Cork TKD returned with a haul of 11 medals, in one of most competitive tournaments at this level. The coaches are really proud of everyone regardless of results!

A big thanks to all the parents for their support as always over the weekend. Special Mention to Veronika Kovaliova, National Champion 2017!

Redking Rumble 2017

East Cork Taekwon-Do with 18 competitors, took 25 medals with every competitor medalling. The performances from everyone were outstanding! 10 Gold, 9 Silver and 6 Bronze.

IUTF Cork Championships 2017.

At the Cork Championships held in Neptune Stadium, the club took away 3 Gold, 2 Silver and 5 Bronze medals.

World Colour Belt Cup

Darragh Garde represented the club at the World Open Colour Belt Cup in Killarney.

Darragh was outstanding throughout the day claiming a well earned Silver in sparring and Bronze in patterns in two very competitive divisions. Well done Darragh!

Anyone interested in joining the club, we have a full range of classes for beginners. Check out www.eastcorktkd.com.



Care & Repair Free Odd-Job/DIY Service for Older People

AgeAction
For all older people

Are you 65+ years of age? Do you have a small repair job that you would like to have done?

Age Action's Care & Repair service uses a pool of trustworthy volunteer handypersons to carry out minor repairs and odd jobs for older people who find it difficult to do these jobs themselves.

Some of the jobs that our volunteers can do include changing light bulbs, tacking down carpets, minor painting and decorating, hanging curtains, minor gardening, minor carpentry and installing smoke alarms.

The service is free; you only pay for the materials used. For bigger jobs that are beyond the scope of our volunteers, we maintain a register of reliable and honest tradespersons whose contact details we can provide.

We can also arrange regular social visits to older people.

All volunteers are Garda vetted and carry official Age Action identification cards.

To arrange to have a job done, simply call 021-4536554 and we will arrange to have local volunteers contact you.

Age Action is Ireland's leading charity for older people. We believe that Ireland should be the best place in which to grow older.

We work to fight discrimination, promote positive ageing and improve policies and services for all older people.

Phone:
021-4536554

Community Centre Car Park

**2 Hour Parking
Only
in
Front Car Park**

If longer time is needed
Please use parking spaces at side
and rear of building

**Do Not Block the
Entrance or Exit.**

Please follow the
directional arrows.

Power Aggregates named as Best Builders Providers in Cork



Cork Business Awards 2017

Power Aggregates, Carrigtwohill were presented with the award for the best builders providers in Cork.
Pictured L to R: Brenda Dennehy 96FM, Peter Power and Darren O'Regan Power Aggregates and PJ Coogan 96FM.

MIDLETON CREDIT UNION



Our loan books are open.

Manager: John Fenton

23 / 24 Main Street, Midleton, Co. Cork

Telephone: 021 463 1073

Fax: 021 463 3284

Carrigtwohill Sub-Office
Telephone 021-4883049

Main Street, Carrigtwohill, County Cork

Phone: 086-2247657 email: info@coughlanfuels.com

Website: www.coughlanfuels.ie

Seasons greetings and best wishes for a happy new year

Polish Coal from €15
Polish and Colombian Coal,
Stove Coal, Timber and Blocks,
Turf and Briquettes, - Calor Gas
Many more deals in store
Christmas Trees



Opening Hours

Monday - Friday : 8.30am to 6.30pm

Saturday: 8.30am to 5pm

Sunday: 12.30pm to 5pm

COUGHLAN FUELS

Farm Fresh Butchers

**Main Street, Carrigtwohill
021-4883800**

Fair Prices Quality Service Established 1986



***We would like to wish all our customers a very
Happy Christmas and a Prosperous New Year.***



**Orders now taken for Turkeys, Hams, Spiced Beef,
Boned and Rolled Turkey.**

**Party Packs of Farm Fresh Coleslaw and Potato Salad at
excellent prices.**



**Try our range of Kerr's Pink, Golden Wonders and Roosters
grown locally in the traditional way. Taste the difference.**



Corporate Social Responsibility (CSR)

In early summer, Tidy Towns were approached by staff from the local Gilead and Stryker factories at the IDA Industrial Estate in Tullgreen requesting that Tidy Towns would facilitate their participation as volunteers with Tidy Towns in Carrigtwohill village and general area as part of their Corporate Social Responsibility policy.

We were delighted to welcome this proposal and in July and August up to 90 staff completed a huge programme of work in our Community over two days. This work included painting both in and around the Community Centre, the All Weather Pitch, on the main street, on Chapel Lane, and in Tullagreen.

A range of projects were completed including painting the planted boxes outside the Community Centre and in various locations around the village in bright new colours; the furniture in the park in front of Dennehy's was repainted as well as the white surrounding fencing. Painting was done on Chapel Lane unused and derelict houses.

The crash barrier on the old Cobh road was also repainted.

The entire experience was a remarkable success and brought about a wonderful "feel good" feeling, giving the volunteers a superb sense of achievement and the resulting camaraderie engendered by group participation in this event to help others was a great reward.

Tidy Towns is most grateful to both companies for their involvement in our Community; their contribution to our programme of work has been almost magical and we look forward to welcoming their volunteers again in the future.



BROADBAND

AIRWAVETM
INTERNET
Fast Reliable
Wireless Broadband
 Coverage in town and rural areas
 Phone Bundles Available

Tel: (021) 4882 277



Packages starting at €32 per month

www.airwave.ie

Cotters Pharmacy Carrigtwohill

Tel/Fax: 021-4883351

- Prescriptions while you wait
- Professional healthcare advice
- Vitamins, Hygiene, Dental and Baby Care Products
- Stockists of Rimmel and Max Factor cosmetics
- Selection of Perfumes and Gifts

Opening hours:

Monday 9.00am – 8.00pm (late opening)
 Tues-Sat 9.00am – 6.00pm

*We wish you all a Merry Christmas
 and a
 Happy & Peaceful New Year.*

East Cork Car Auctions

Tullagreine, Carrigtwohill

*Having difficulty getting finance?
 Contact John Healy*

*We have been appointed agents for
 McKenzie Rent to Buy Finance*

**Over 30 quality used cars
 always in stock**

Buying or selling

**Contact the experts
 086-2469670**

*Seasons Greetings
 to our
 customers and friends*

Money Advice and Budgeting Service MABS

The Money Advice and Budgeting Service (MABS) is the only free, confidential, independent and non-judgmental service for people in debt, or in danger of getting into debt, in Ireland.

**Their Helpline (0761-072000) operates
 Monday to Friday from 9-1 and 2-5pm.**

You can also send an email to cork@mabs.ie if you have any questions.

They are a national service with over 60 offices nationwide. For details of your nearest office, visit the Contact MABS area of their website.

The Citizens Information Board have statutory responsibility for MABS.

MABS is funded and supported by the Citizens Information Board (www.citizensinformationboard.ie).

MABS works with clients by supporting them in drawing up realistic budgets and maximising their incomes.

MABS also supports clients in dealing with their debts according to their budgets.

MABS does not give "financial advice" – they do not advise clients on investments or on specific financial products. MABS also does not give out money.

ALL ABOARD

CARRIGTWOHILL CHILDCARE CENTRE



Contact Us: 021 4883553

allaboardchildcarecentre@gmail.com

Nollaig Shona
agus Athbhliain
Breá Daoibh go
léir!

- Full Time Care for Babies and Children from 4 Months
- Naoínra and Montessori Places with Morning or Afternoon options
- Drop and Collection from Local Primary Schools
- Afterschool Club
- Centre opening times :7.30am-6pm Mon-Fri.
- Enquiries : Phone 021 4883553

ALL ABOARD

CARRIGTWOHILL CHILDCARE CENTRE



Wishing you a
very Merry
Christmas and
a prosperous
New Year!



All Aboard Carrigtwohill Childcare Centre is registered in Ireland, Registration number 413657

Pat Burke R.I.P.

1927 - 2017

Pat Burke, late of Castlevew, Carrigtwohill, musician and community activist sadly passed away suddenly on November 20th.

He was involved in music all his life and gave over forty years voluntary service to the Credit Union movement both in Cahir and Carrigtwohill/Midleton.

Pat was born in 1927 in Cahir, Co. Tipperary with a twin brother. He had two sisters and his father died when Pat was young.

On leaving school, Pat trained as a miller in a local flour mill which was taken over by IAWS in 1966,

Pat was re-employed by them and following progression up the grades, he was transferred to Cork to manage the IAWS facility in Tivoli.

He was with them until he retired.

Pat joined the local Brass and Reed band as a boy and initially trained as a coronet player and he was also a prominent member of the church choir.

He moved into showbusiness when he joined the Kevin Flynn Orchestra in 1947 as lead singer and travelled the country with the band for 16 years.

On Easter Sunday 1963, Pat launched his own band 'The Pat Burke Seven' and worked mainly in the southern half of the country from Galway to Dublin.

He never gave up the day job which limited his travels and when the showband era came to an end, Pat, together with Frank McMahon and Carrigtwohill man Michael Alyward joined together to form a new band 'The Evergreens'. They performed all over Munster for many years and more recently Pat and Frank have continued to entertain dancers with a wide range of music.

Pat will be sadly missed particularly by the Carrigtwohill Seniors for whom he played at their monthly dance in the Midleton Park Hotel, the last one being only eight days before his sudden death.

Pat was deeply involved with Credit Union in Cahir and continued his interest when he moved to Carrigtwohill. He served as a voluntary teller in the Carrigtwohill branch of Midleton Credit Union and went on to sit on the board and served as Chairman for several years. Following his retirement, he worked most days in the offices of Midleton Credit Union on a voluntary basis.

He was deeply involved in the successful effort to get a permanent credit union premises in Carrigtwohill.

Pat met his Roscommon born wife Kaye in Cahir when she came to the town to work. They married in 1960 but Kaye sadly passed away in 2003.

We extend our deepest sympathies to his sister Kathleen, his children Miceál, Eamonn, Róisín, Briain, Colm and Nuala and their families.

Pictures show Pat at his 90th birthday celebrations with family members and being presented with a framed picture by Eddie O'Riordan, Chairman of Carrigtwohill Seniors.



Children & Foodwaste

Shopping

- Feed the kids first – they will be less cranky and less likely to try to grab all the goodies they fancy.
- Get the kids to help make the shopping list that you all have to stick to and tick off as you shop. One treat only!
- Small sized fruit are great for kids – less waste, they fit in lunch boxes and don't put kids off. Often too much food is seen as a challenge for the little ones!

Cooking

- Involving children in the cooking process is great fun and a good way to get them familiar with food and used to eating different foods.
- Use measures or a weighing scales where possible for potatoes, pastas, rice, etc.
- Small portions of leftover rice or pasta, once stored correctly, can make a simple quick meal the next day.

Serving Food

- Small stomachs fill quickly, so don't overload their plate - they can always come back for more if they are still hungry.
- Kids are easily distracted, so try to keep the basics on the table and the TV switched off.
- While a degree of firmness is essential, if they don't want to eat their food now, put it in the fridge for eating later.

School Lunches

- Small snacks are more appealing.
- Ask the children what type of food they want and how much of it they have time to eat.
- Use lunch boxes with reusable containers in them. The kids bring it all home and it's cleaned and refilled for the next day.

Eating Out

- Children's meals are often way too big - Irish restaurants traditionally don't serve small portions. Make sure to communicate with staff about what you want for the children.



It is said our children may forget what we say, and forget what we do, but they will never forget how we made them feel.

With this in mind, we are excited to inform you that Carrigtwohill Community Council are developing a new children's playground.

WHY

Did you know that Carrigtwohill has been one of the fastest growing towns in Ireland in recent years?

The current playground is now 14 years old, in need of restoration and also serving our ever growing community.

WHERE

The new playground will be located beside the astroturf pitch adjacent to the existing playground.

HOW?

The community council has formed a committee to oversee the development of the playground.

However, we need your help to make this happen and integrate this space into the everyday life of the community.

FUNDRAISING

To raise funds we have many ideas and events in the planning so watch this space.

*A Christmas themed **Jingle Mingle** event will take place in the community centre on 15th Dec 2-5pm. (See page 23)*

If you would be interested in volunteering for this event or any event please contact us via our facebook page – carrigtwohillplayground.

Also, early next year we will distribute an envelope to each home in the community, any donation will be received with the utmost appreciation.

We welcome any ideas you may have to help us achieve this dream of creating a vibrant hub of activity, learning opportunities, growth, exploration and imagination.

Working together we can achieve great things.



Community Council Carrigtwohill Old Graveyard



The old graveyard in Carrigtwohill is generally in good and accessible condition and is kept so by Tommy Murphy and the Graveyard Committee.

We are grateful to Gilead Sciences, one of the main companies in the IDA Industrial Estate, they gave us 15 hardworking members of their staff for a day during the year, male and females alike gave the area a good face-lift. They also gave us enough gravel to give Pathways and the parking area its annual makeover.

We are very grateful for the annual church gate collection which was taken up this year and it amounted to €900, without this funding it would not be possible to keep the area as it is.

John Dennehy, Chairman

Pigeon Hill & Carrigtwohill Point to Point

Sunday January 28th 2017

at

Ballyvodock

By kind permission of Mr. Jeffery.

A Great Day Out



Carrigtwohill Ladies Football Club

Proudly sponsored by Fota Island Resort

The Carrigtwohill Ladies Football Club caters for all ages from Fé 8 up to (Adults). For the juvenile section (Fé 8 to 16) the training sessions play a vital role in the development of the basic skills that our younger members learn and mature on. These young players are the club future and we would appeal to parents to get involved in these training sessions, as your help is most welcome.

New members are welcome and if you wish to joined contact any of the committee members or send us an email : c2hlgf.sec@gmail.com

We would like to thank every who supported and to the many business in Carrigtwohill who sponsored us in our fund raising in the past year.

We would like to wish everyone in Carrigtwohill a Merry Christmas and Happy New Year

U14 East Cork Champions

Our U14 team beat Fermoy in the East Cork Final.

U14 Panel: Aoife Cuddigan, Aoife Higgins, Amy Cunningham, Caoimhe Cooney, Ciara Walsh, Clara McCarthy, Clodagh Cotter, Emma Grimes, Kiera Beamish, Laura Cotter, Laura Kenny, Leah Buckely, Leah Parker, Katie Walsh, Kerrie Dorgan, Michaela Horgan, Moya O'Riordan. Sophie O'Connor, Una O'Brien

Cork All Minor Champions

Congratulations to Ciara Brennan on winning the All Ireland Minor Championship with Cork this year.

Carrigtwohill Ladies Football Committee 2018

Office	:	Name
Chairman	:	Liam O'Riordan
Vice Chairman	:	Aidan Flanagan
Secretary	:	Chrys Ngwa
Treasurer	:	Conor Ahern
PRO	:	Liz Ahern
Asst. PRO	:	David O'Donovan
County Board Rep	:	Liz Ahern
East Board Rep	:	Carmel Bourke
Registrar	:	Cathal Ó'Murchú
GAA Officer	:	Ger Barry



U-14 East Cork Champions

Follow Carrigtwohill Ladies Football:

Website: <http://www.carrigtwohillgaa.com/ladiesfootball/ladiesfootball.html>

Facebook: Carrigtwohill Ladies Football Club.

Twitter: @Carrig2hilGLF

O'Donovan Transport MD Wins National Award



Pat O'Donovan, M.D. of O'Donovan Transport, Main Street, Carrigtwohill was presented with the "Services to the Industry" award at the Fleet Transport Awards held in the Citywest Hotel, Dublin in late September.

The award, sponsored by Close Brothers Commercial Finance, was awarded to Pat for his outstanding lifetime contribution to the transport industry.

O'Donovan Transport was founded by Pat's parents Jack and Mary in the village of Castletownshend, which is situated about five miles from Skibbereen in picturesque West Cork. Jack and Mary then moved to Castlemartyr before purchasing their present facility in Carrigtwohill. The family business is now managed by Pat and his four sons Anthony, Kevin, Patrick and John along with their very competent administration staff Mark and Sue and with the support of more than 50 other staff members.

As well as operating a fleet of 40 modern and well-maintained trucks and a fleet of 95 purpose spec'd trailers to accommodate their services, O'Donovan Transport has warehousing and cold storage facilities in Carrigtwohill as well as a depot in Rathcoole, Co. Dublin.

In the picture left to right: Sean Murtagh, Fleet Magazine; Pat O'Donovan, Adrian Madden, Close Brothers Commercial Finance; Marty Whelan RTE.

Proposed Changes Cork City Boundary

Community Council is actively monitoring the political situation concerning the proposed boundary changes to Cork City and the possible inclusion of most of the Carrigtwohill area in the city as suggested in the Mackinnon report..

A public meeting was held in Carrigtwohill Community Centre on July 25th to discuss the proposals and the overwhelming feeling of the meeting was against the proposals outlined in the Mackinnon report.

Council Chairperson Ann O'Driscoll has been in communication by letter with Minister of State for Local Government, John Paul Phelan outlining detailed responses to the report.

Copies of this correspondence can be accessed on the Community Council website:

www.carrigtwohillcommunity.ie

What is the story with all these dates??

Did you ever wonder about the difference between 'use by dates' and 'sell by dates'? And what about 'best before dates'?? Well here are your answers!

Use by dates - A Deadline!

This is a key date for food safety - food should be eaten by this date.

'Use by' appears on **fresh food that goes off** such as fish, meat, salads and dairy products. Food should not be used past this date unless it has been frozen.

Best Before dates - A Guideline!

This appears on a wide range of **longer lasting foods** such as tinned, dried and frozen foods. Food is in its best condition up to this date - it should be safe to eat after this date, but it may begin to lose its flavour and texture.

Sell by and Display until dates....

These are used by shops for **internal stock control** and are of no interest to the householder. They are used by shops to know for how long they can keep produce on display and when to remove the produce from their shelves by this date. The food is often still perfect to eat for a number of days after this date.

So, always keep an eye on your 'use by dates'. However, remember that food is not like Cinderella - it doesn't go off on the stroke of midnight!

CRAIG FLANAGAN

Dog Grooming

**Woodstock,
Carrigtwohill,
East Cork.**

**T: 086-0802457
E: craigsdoggrooming@hotmail.com**

A Brief History of the Cotter Family, Ballinsperrie, Carrigtwohill 1627-1720.

By Michael White



Ballinsperrie House, built in the Queen Anne style, before its destruction in the twentieth century.

Edmund Cotter from Dublin came to Carrigtwohill in 1627. Edmund obtained a lease of 221 acres at Ballyvoloon, near the great island, Cobh. This agreement was with the De Barries family (known later as the Barrymore family). Edmund Cotter resided at Ballinsperrie, Annegrove, in a lodge which was became known as Cotter's Lodge. Ballinsperrie translates in Irish as the land of beauty or brightness.

Edmund married a local girl named Elizabeth O Connell, daughter of John O Connell, Barryscourt. One of their sons was knighted as Sir James Cotter.

It is important to understand the social and economic conditions prior to and during the lifetime of the Cotter family.

Land and religion were of principal importance. The major distribution of land in Ireland occurred in 1609 following the Plantation of Ulster where English and Scottish settlers were brought and up to half a million acres was given out.

This plantation was extended south in the following years. Other major plantations occurred in 1625 when the Stuart king Charles 1 came to power.

Following the takeover of the Royalty (monarchy) on the execution of Charles 1 in 1649, Oliver Cromwell, representing the Parliament, came to power and massacred Irish Catholics in Drogheda, Dublin and Wexford.

Oliver Cromwell's representative in the South, McMorrough even came to Carrigtwohill and burned the Church. The Monarchy was restored in 1660 following the period of Oliver Cromwell's reign. The final and major plantation happened in 1691, following battle of the Boyne, under the new king William of Orange.

Interesting Facts on Carrigtwohill.

Carrigtwohill in 1659 census including a sample of population.

	No.	English	Irish
Barryscourt	53	5	48
Ballinsperrie	38	0	33
Woodstock	42	2	40
Gortnamucky	30	3	30
Carrigtwohill			
Village	158	28	130
Rosmore	74	70	4

The total Population of Carrigtwohill was 748 people of whom 123 were English and 625 Irish.

Note that of all the private houses in

Cork only 20% had chimneys' and the rest were mud cabins.

The mortality rate was very high.

Edmund Cotter.

1652 - Edmund cotter prospered so well that he purchased the land at Ballinsperrie from the Barrymores of Carrigtwohill. Edmund died in 1660 and is buried in Carrigtwohill cemetery.

Irish population in 1641, 1.4 million and in 1651, 1.1, million. This decline was the result of a famine 1649.

Edmund Cotter's son James was knighted at the battle of Worchester and became Sir James Cotter.

Sir James History.

James served in the Royal army. He had a good relationship with King James II. In 1676 he became secretary of the West Indies and Governor of Leeward in the West Indies.

He was married three times.

In 1678 he returned to Ireland and in 1688 he married Ellen Stapleton, daughter of Lord Louth and Kinswomen of St Oliver Plunkett. He was Sovereign of Middleton (1679), Governor of Cork and the Great Island in Cobh (1689) and Commander of the Kings forces at Elizabeth Fort in Cork. He also represented Cork in Parliament in 1689.

Sir James and Ellen had a son named James or known locally as Jemmy who was born in 1689.

The Brodrick's were the Protestant Land owners in Middleton and surrounding areas. Alan Brodrick was a lawyer and held a number of high positions in the Irish Parliament. He was always anti Sir James Cotter and the Cotter family.

An important event occurred in Sir James life when Charles 2nd came to power in 1660 following the end of Oliver Cromwell's reign. The new King went about pursuing and punishing all those involved the death of his father king Charles 1. In this regard he sought the assistance of Sir James Cotter who, with two accomplices James Riordan and Miles Murphy, went to Switzerland and shot dead John Lisle a signatory on the death warrant of King Charles 1.

Sir James was held in high esteem for these actions above and his involvement in the Jacobite cause in the South of Ireland. He died at Cotters lodge in 1704.

His son Jemmy was only 15 years of age when his father died.

The Penal laws were introduced in Ireland and the principle legal person framing these laws was Sir Alan Brodrick of Middleton (who also was the first Viscount of Middleton) who represented Cork in the Irish House of Commons.

The Brodrick's were the people who invited Oliver Cromwell to Ireland.

Why was there so much envy of Sir James Cotter and his son Jemmy?

The Cotters were Catholics and had managed to hold on to their land because of Sir James' role as governor of Cork; there was also the perception that Protestants were not well treated during this time.

The Jacobite faction (Catholic and Sir James Cotter) managed to defeat the nominee of the Brodrick's in the Irish House of Commons and the result was that the House of Commons in Ireland was dissolved.

Alan Brodrick was out of a job.

Holding Land in Ireland in 1689.

One of the conditions for Jemmy Cotter to hold on to his father's land was that he be raised as a Protestant. Jemmy's supporters managed to wriggle out of this condition by getting Jemmy married at the age of 15 to Margaret Mathew of Thurles (Margaret's Sister Ann was the mother of Nano Nagle founder of the Ursuline and Presentation order.) who was a Protestant and this provided the legal basis to hold on to the land. This was a huge insult to the Alan Brodrick.

Jemmy was an antagonist and anti the Brodrick's and the penal laws. He is reputed to have driven cattle to the Cork mart with orange ribbons tied to their legs.

Another condition of the Penal Laws was that Catholics could not own a horse over the value of £5 and Alan Broderick of Middleton came to Ann Grove to collect a horse owned by Sir James but Jemmy cut

the horse's tendon and Alan Broderick shot the horse and returned to Midleton empty handed. All these events were obvious insults to the establishment at that time and made Jemmy Cotter a marked man and they were looking for a good reason to be rid of him. That opportunity arose in the rape case of Elizabeth Squibb (who was supposed to be a Quaker).

In 1718 Jemmy was near Fermoy in the company of Elizabeth Squibb and drink was involved. She made an allegation of rape against Jemmy for which he was put on trial. The Law was different in 1718, Rape and abduction was a capital crime and almost impossible to prove.

The outcome usually hinged on the answer to three questions.

- 1 Did the girl become pregnant?
- 2 Did the girl give full consent to the sexual act?
- 3 Did anyone hear her cry out?

The first hearing was held in Cork at the sitting of the Assizes Court to establish if Jemmy Cotter should be tried and they recommended that no case was warranted for trial. Jemmy did not attend this hearing and this probably went against him as he did not put forward evidence.

However Alan Brodrick and others sent him on trial to the Kings bench in Dublin which carried the death penalty. He was duly convicted and returned to Cork to be hanged. The Quakers were on guard on the prison at Elisabeth Fort and an escape attempt was made which was duly foiled. He was hanged on the 8th of May 1720 at the age of 31. He is buried in Carrigtwohill graveyard alongside his father Sir James Cotter.

A plaque was erected:

For Himself and His Family Anno Domini, 1688 Edmund Cotter ,Esq of Ballinserrrie Died A D. 1660.

The Cotter tomb was demolished around 1962 and the tablet formerly associated with it has been re-touched and affixed to the west wall of the tower in the cemetery.

The widow of James, Junior (Jemmy) later married a Martin Spring and moved to Rockforrest near Mallow. Lord Barrymore purchased the lodge and land .

Anngrove House, at Cotters Lodge.

The house replaced the lodge; this was built by the Barrymores around 1700.

Sir James owned 297 acres at Ballinsperrie, Anngrove which Jemmy took over on his death.

The land and house was impressive with large water gardens and orchards.

Mr Joe Fenton owned the land in the 1960 and following his recent death the land has been sold.

Anngrove house was demolished around 1966, and is reputed to have been the oldest house in Carrigtwohill at that time.

This article is presented by Michael White, Gortnamucky, Carrigtwohill.

I am grateful for the Support of Carrigtwohill & District Historical Society.

References:

A history of Ireland by Edmund Curtis,

A short history of Ireland by Martin Wallace,

The Trial and Execution of James Cotter by A.K Geoeger.

Articles by Richard Hennen of Cork.



Cobh Municipal District, Launch of the Cork County Council Streetscape Painting Signage Improvement Scheme 2017

On 18 April, 2017 representatives from Cobh, Glanmire and Carrigtwohill Tidy Towns joined the Chairperson of the Cobh Municipal District, Cllr. Anthony Barry, representatives of the Council to launch and some locals, to launch this scheme in Carrigtwohill Community Centre. The initiative proposed to assist with the enhancement and up-grading of buildings and other areas which could do with a coat of paint as well as encouraging the improvement of signage. Both residential and commercial areas were included in the scheme which provided for a grant of up to 50% towards the cost of painting and the cost of materials.

Carrigtwohill Tidy Towns were keen to be involved in this scheme and, following consultations with the owners of four cottages on the Main Street, submitted a proposal to Cobh Municipal District offices to paint the cottages as a project. The application was subsequently approved.

The painting was completed over a number of weeks and was a most enjoyable project for our volunteers to work on and an experience to remember. The success of the project has been remarkably well received both by the owners of the cottages and the public in general. However, we could not have proceeded without the support of the home owners and we would like to publicly thank each of them for giving us this support wholeheartedly and allowing us access to their homes for electricity, for water, and for storage of all our materials and equipment for the duration of the project. We would also like to express our appreciation for their kind donations towards the cost of the project.



LYNCH TILE CENTRE LTD

TILES, TIMBER FLOORS & BATHROOMS



WE DESIGN. WE SUPPLY. WE FIT

Seasons Greetings to all our Customers and Friends

Unit C3 Eastlink House, Eastlink Business Centre,

Carrigtwohill, Co. Cork

Tel/Fax: (021) 4389 333

EXIT
4

EXIT
4

Email: sales@lynchtilecentre.ie

Web: www.lynchtilecentre.ie

Open 6 Days Through Lunch



Vincent's

Supporting the Society of
St. Vincent De Paul



Opening Hours

9.00 - 4.00pm

Monday to Friday

021 4533971

**Quality new and used clothes,
books, bric-a-brac.**

**School Uniforms
for local National Schools**

**Surplus income is used to fund projects
sponsored by SVP locally**

Volunteers Welcome

Joe Murphy & Son

**Plumbing & Central
Heating Contractor**

15 Main Street, Carrigtwohill.

021-4883838

086-8456971 086-8938392

Under Floor and Solar Heating

Solid Fuel, Oil and Gas

***Best wishes to all
at Christmas***

Night Owls Football



Weeknights 9.30pm-10.30pm

Carrigtwohill All Weather Field (AWF)

Special rate €35 per ¼ pitch!!

Call/Text Tim : 087-9867596

Email: allweather@carrigtwohillcommunity.ie

www.facebook.com/awf



It's been another hectic year for the Fota Rock Residents' Association, and as we approach the end the year it is with some pride that we can look back on all that has been achieved.

As ever the fundraising drive is the life blood that the association runs on and the work of our volunteer collectors is the heartbeat that keep the show on the road. It is a hard and thankless job that never gets easier, and unfortunately many residents in the estate still consider the maintenance of their estate as being someone else's responsibility and in some cases resent the request to lend support to the association.

Although the fundraising figures are down, we have done reasonably well and will just about be able to cover our costs through strict budgeting and planning. The drop in the fundraising figure however in no way reflects the time, effort and commitment our volunteers show. We can all see how the economy is improving and the quality of our work is better than ever so there can be no valid excuses now for those who do not support our work. The drop in the figure more likely shows that many people are taking for granted the tireless work that we need to put in to maintain the environment that everybody enjoys and shares in.

The biggest change this year has been the appointment of Noblewood to carry out all landscaping work in the estate. As we have all seen, their work has been of the highest quality, and they have been a joy to deal with through their professionalism and care. I'm sure all residents who have used the grassed areas or even admired them from afar would like to thank them for their hard work.

At times like this we must also remember all those who work away tirelessly maintaining their own properties and streets in their own time. We all benefit from well-maintained properties whether they are our own or belong to our neighbours; a big thank you to all who have shown so much pride in their homes and the wider community by carrying out such work.

Finally I would like to announce that after many years of involvement, including administering all aspects of the association, communicating to residents and the wider community, collecting door to door and taking part in our landscaping work, I am standing down from all activities in 2018 due to new work commitments. I hope that it will only be for a year and that I can become involved again in some way for 2019.



A new a fresh approach is long overdue and I wish the next team that takes up the mantle the very best of luck. Despite the many challenges, I can say with hand on heart that the positives far outweigh any negatives.

*Hugh Kavanagh
November 2017*

The Tuesday Club

*Wishes all members and friends a very Happy Christmas
and a Prosperous and Healthy New Year - See you all in January*



Cork Acro Gymnastics Club wins “Most Inclusive Club of the Year Award”

Cork Acro Gymnastics Club Carrigtwohill won the Most Inclusive Club of the Year award at the Gymnastics Ireland National Award ceremony in the Radisson Blu Golden Lane Dublin recently. The club was one of only 6 clubs in Ireland selected for Gymnastics Ireland's GymABLE programme, to provide gymnastics opportunities for children with disabilities.

Seven of our coaches attended disability inclusion training organised by CARA in the community centre in Carrigtwohill in August.

With the support of Gymnastics Ireland, Cork Acro rolled out its first dedicated classes for children with physical disabilities. The class is held on Monday afternoons at 3pm and has been a major success. The children come in the door with the aid of walkers and wheelchairs and end up rolling, swinging on the bar, balancing on the beam and working on improving their balance, co-ordination and strength.

We then added a class for children with intellectual disabilities on Tuesdays at 3pm. This is also an incredibly rewarding class and caters for children with challenges including Downs Syndrome, mild autism and non verbal children as well as children currently awaiting assessment/diagnosis.

The children in both classes have been an inspiration to our coaches and we are continuing to learn from them every day. Two of our coaches Clare and Michelle will attend a Gymnastics Specific disability training module in the National Training Centre in Blanchardstown on Dec 17th where we hope to learn more ways to adapt our classes to suit all our new members. We were delighted with the award last weekend and we hope it will help to highlight the GymABLE programme and encourage more children to take part.

24 members of our senior class will travel to Dublin on Dec 2/3rd to compete in the national Acrobatics Team Trophy and a further 88 members will travel to Limerick on Dec 10th to perform at the Gymnastics Ireland Gymstart awards. Each of the 88 children will perform a routine and be presented with a medal and certificate of achievement at a variety of levels from level 6 to 10.

A special mention to the boys from Scoil Mhuire Naofa who have attended our gym for gymnastics classes each Friday morning this term. The boys have enjoyed the classes and have been very enthusiastic every week.

It has been an incredible year for our club, our pre school play-gym, tumble tots, junior, Intermediate, advanced and senior

members continue to work hard, gain new skills and enjoy the wonderful sport that is gymnastics.



East Cork Glenmary Basketball Club

It was an unusually busy off season for East Cork Glenmary but this year we were pleased to be involved with the Pride of Place- Carrigtwohill particularly being asked to feature in the video which was presented to the judges. Our senior teams continued on recent off season playing mixed pick up games in Cobh.

In August all our teams went back into training and September saw the men's teams play their preseason tournaments. In a change from previous years the tournament was a two group round robin series of games. Our Division one team used the tournament as an experiment using different combinations and introducing new plays. They narrowly missed out on advancing to the quarter final stages. Their league campaign started in October with their toughest series of games in a long time. They have met the expected top four a number of times in their first 6 games, playing Blue Demons twice narrowly losing by 6 and 8 points respectively. They then met Mitchelstown Legion again losing narrowly by 5 points. The Division one team's next game was against the league leaders Ballincollig beating them by a single point, this was followed by a game against Neptune, the team went down by 22 points at one stage but a magnificent fourth quarter comeback saw them lose by 5 points. In every game the Division one team have had the opportunities to win every game but have not got over the line. Thankfully in their most recent game they got over the line with a ten point win over Mallow.

Our Division two team had the same format for the pre-season tournament, with a lot of new players some joining the club others coming down from our Division one team. It has been very much a bedding in period for them. They have played Ballincollig, Neptune, Blue Demons, Cork Celts and Ballinhassig in the league. The team with a completely different set of personnel is slowly finding its feet after a number of losses with a win against Ballinhassig and a narrow loss in the away fixture. As the season goes on they hope to build on the win column with more time together.

Our ladies senior/premier team began their season in October, to date they have played four league games and one champion-

ship game. They played Ballincollig in their first game however Ballincollig had arranged some pre-season games to get them ready for the season, these proved to be their advantage as the rustiness of it being the ladies first game showed. They played Carrig na Bhfear two days later and despite losing this game narrowly there was a significant improvement in their performance. Next up was Skibbereen in the senior championship and this was the ladies first victory of the season, a good team performance resulted in a ten point victory and progression to the next round. Their next game was away to Donoughmore and the confidence gained from the Skibbereen game helped as the team held their nerve to win their first league game of the season. The most recent game the ladies had was against Glanmire who we faced with a depleted squad. A poor first quarter meant Glanmire gained a lead which they never relinquished, there was a much improved performance in the final three quarters some positives can be taken from this game.

Probably our most successful side this season to date has been our Under 16 Boys side, they are playing in a thirteen team league which is probably the largest league they have been involved in a long while. This has meant the games have come thick and fast, they opened on the same night as the Division one team with a game against Blue Demons and started with a win. They followed with a loss against Youghal before beating Fr. Matthews. They then went into an NBA type schedule with four games within the space of a week beating Neptune home and away and losing to Carrigaline by two. They also met Neptune in the first round of the championship coming out victorious and most recently beat Mallow B by 19 points. The coaching team of Noel Ryan and Kenneth Savage are very happy with how the season is going and believe they would have won the two games they lost as they were down players on both occasions.

The club were also delighted to agree a sponsorship agreement with Middleton Credit Union to sponsor a set of gear for our Under 16 team.

We would like to wish players, supporters and readers a very Happy Christmas and peaceful new year.



Pigeon Hill & Carrigtwohill Point to Point members at their recent AGM

*Picture
Eddie O'Riordan*

2017 commenced for Carrigtwohill Juvenile GAA Club with a well attended AGM in January, during which Pat Horgan and Conor Ahern were returned as Chariman and Secretary, respectively.

Mental Health Awareness Initiative

It was decided late in 2016 that the Juvenile Club would run a mental health awareness initiative for 2017, given that three former members of the club had passed away by suicide over the previous three years.

A suicide awareness course took place on Thursday, 12th January in Glenmary Hall as the first part of this initiative. It was a very well run and informative course, attended by 23 members of the Adult, Juvenile and Ladies Football Clubs who were certified as Suicide First-Aiders.

The second part of the initiative was an overnight 'puckathon' called Camán Till Dawn to raise mental health awareness, which was held on the 4th June. (See report elsewhere in this publication).

Lastly, a Mindfulness & Mental Health Awareness talk was held in the Glenmary Hall in November for the Fé 15 to Fé 18 members of the club. A big thanks to Noel (Sam) Fealy from the Irish Naval Service who ran the January course and did the November talk.

Ongoing Coach Education

Sixteen of the Juvenile Club coaches took the GAA Award 1 Coach Education Course in February 2017.

The course is 16 hours in duration and covers a number of key modules including technical proficiency, tactical prowess, team play, physical fitness, playing facts, psychological focus and communication. The ongoing and continual education of our coaches is vital to our future success as a club.

Hat-trick of Rebel Óg Awards

The Juvenile Club won the top award from Rebel Óg for coaching excellence and best practice for the third year in a row by securing the Gold Category of the Benchmark 2020 Vision Award in 2017.

It is an outstanding achievement to be the only club in the county to have won all three awards. This success is due, in no small part, to the sterling work of Coaching Officer, Kieran Brennan. Kieran has ensured that the club is meeting all of the Benchmark requirements each year.

There is a lot of work involved in reaching and maintaining the Rebel Óg standard consistently and continually. This includes co-ordinating/organising the various training courses that all of the coaches must attend, holding coaching sessions with external coaches, liaising with the local schools in terms of Gaelic games participation, running GAA camps, compiling match records to ensure that each age group plays the requisite number of games etc.

Meeting and maintaining the Rebel Óg Benchmark standard relies on the collective effort of a lot of very dedicated coaches and officers. A big thanks must go to everybody who has been involved in the club during the last three years for helping to win these awards.



Easter Camp – 12th & 13th April

A two day hurling and football Easter Camp was held for Fé 8 to Fé 12 players at the all-weather pitch and was attended by approximately 60 players. Thank you to camp co-ordinator, Pádraic 'Bobs' Hogan for running the camp and to players Cillian Carroll, Seán de Búrca, Kian Dunlea, Cian Horgan, Jamie Noonan, Kiitan Oke, Ryan O'Donovan, Conor O'Mahony and Seán Walsh for assisting with the coaching.

Cúl Camp – 24th to 28th July

The annual five day long (hurling & football) Cúl Camp was held at the end of July and was attended by over 180 boys and girls from the Juvenile, Ladies Football and Camogie Clubs.

A huge thanks must go to Maeve Horgan for the camp registration/organisation and to Pádraic 'Bobs' Hogan who co-ordinated the camps activities.



Fé 6/7

For the first time in the Juvenile Club's history, Fé 6 players were registered along with Fé 7 players. There were 33 players registered at Fé 6 level in 2017. Carrig's first ever Fé 6 match was a hurling game against Midleton in West End on the 16th September.

Each of the small-sided Carrigtwohill teams played three matches. These future stars had great fun and really enjoyed the games.



Fé 6 against Midleton

Fé 8

This young team had a very busy season this year playing in a total of 18 hurling and football blitzes. A huge improvement was noticed around mid-season where a lot of the players were very keen to play hurling out of the hand. Challenge matches were organised along with a trip to Dicksboro in Kilkenny, in order to give the players experience in this format. They proved hugely successful and this gives the team a great platform for next year.

The season culminated with the Rebel Óg football and hurling finals held in Páirc Uí Chaoimh on the 14th October and 25th November. All of the players had a great time at these finals.



Fé 11

The Fé 11s panel started training in January and played in the non-competitive Rebel Óg hurling and football leagues from March through to October.

In the hurling league and challenge matches, the Fé 11s were unbeaten in all but one match. They reached the 1A finals of the league, winning two tough games against Courcsey Rovers and St. Catherine's. A series of ground hurling league blitzes were run during the summer and these proved beneficial in developing the players' skills. The football league had some tough opposition. Carrig won one and lost one match in the finals that were hosted in Carrigtwohill.

The highlight of the year for this team was winning the Seán Twomey Memorial Hurling Tournament, in which a panel of 23 players had wins against Fr. O'Neills and then Cobh in the final.



Fé 9

The Fé 9 panel is a very dedicated group of young players. They started training in February in both hurling and football and have been active throughout the year in the Rebel Óg non-competitive league programme. This league was again really successful in developing the players' basic skills and gave them an opportunity to practice what they learned in training in a match environment. The Fé 9s played in 10 matches in each code and at all times were both sporting and competitive.

A highlight of the year was the trip to the home of the Kilkenny senior hurling champions, Dicksboro.



Fé 10

The Fé 10s started football and hurling training in February with a strong panel of 22 players, which grew to 26 during the year. The Fé 10s played 63 matches against teams in Cork and outside the county.

The highlight of the year was the half-time hurling match during a National League game in Páirc Uí Rinn between Cork and Tipperary. Carrigtwohill played against Blackrock and came away victorious in both matches.

2017 was the first year that the Fé 10s played in a league format as previous years were the blitz format. Carrigtwohill hosted one of the hurling final tournaments where five clubs played two matches.

The Fé 10s made it into the final but unfortunately lost out to the opposition.

The year ended with a trip to Thurles to play in a Munster hurling blitz against teams from Waterford, Clare and Tipperary.

Fé 12

The Fé 12s were back training in January in preparation for the Premier 1 hurling league and the Premier 2 football league, both in the Central division.

They had a very successful year, winning the Pat Horgan Memorial Football Tournament in August and almost making the semi-finals of the football league, only for a fixtures anomaly denying them a place.

Further success followed in the Colman Dillon Hurling Tournament in September, in which Carrig drew with Valley Rovers, beat St. Mary's (Clonmel) and Kilmacud Crokes (Dublin) to set up a final against Sarsfields, which Carrig won (2-06 to 1-04). The year ended on a high, with great wins against Sars in the Premier 1 hurling league semi-final (1-05 to 1-03) and Valley Rovers in the final (3-08 to 1-03).



Fé 13

This team reached the semi-final of the Premier 2 Central hurling league, losing out narrowly to Kiltia Óg (2-11 to 2-09).

The Fé 13s also competed in the Autumn hurling league, beating Sarsfields and losing to Lisgoold.

Fé 14

Following some winter training, this promising team reached the semi-final of the Féile hurling competition, which they lost by a single point to Na Píarsaigh (who went on to win the competition).

The Fé 14s won the quarter final of the Premier 2 Central hurling championship (3-17 to 4-07) against Éire Óg after a replay (the drawn match having gone to extra time). They had a very impressive 3-16 to 2-07 semi-final win against Carrigaline. Their opponents in the final were yet again, Na Píarsaigh. After a very tough low-scoring encounter, Na Píarsaigh edged it, 0-08 to 0-07, the winner scored deep into added time.

Carrig came up against Na Píarsaigh yet again in the Premier 2 Central hurling league semi-final, which they lost on a scoreline of 2-13 to 0-09.

In the Fé 14 A East 2 football championship, Carrigtwohill reached the semi-final which they lost to Glenville in a replay, 4-10 to 3-06 after a great display in the drawn match.



Fé 15

This team improved in 2017, reaching the semi-final of the Premier 2A Central hurling championship following a comprehensive 4-17 to 1-04 win against Erin's Own in the quarter-final. They left too much to do against eventual championship winners, Fermoy in the semi-final after a poor start and despite cutting the deficit to two points, lost on a scoreline of 2-17 to 2-10.

Fermoy were again Carrig's opponents in the Premier 2 A Central hurling league final, which proved to be a much closer game than the championship encounter. Fermoy edged this one, 3-17 to 4-12.



Fé 16

The Fé 16 team had a very good hurling league campaign but the championship did not go according to plan. Following an impressive 5-14 to 4-09 win against Sliabh Rua in the first

round of the East A championship, Carrigtwohill relinquished a nine point half-time lead against Aghabullogue (eventual championship winners) in the quarter-final to lose by a single point, 3-12 to 3-11.

Carrig reached the East A league semi-final and lost narrowly, 2-11 to 0-15 to eventual league winners, St. Colman's. Great progress was made with this team. The year ended on a note of what might have been.

A fine 4-07 to 0-06 win against Lisgoold in the B1 East 4 football championship was followed by the concession of the semi-final fixture to Cobh.



The objective of the Seniors Alert Scheme is to encourage community support for vulnerable older people in our communities through the provision of personal monitored alarms to enable older persons, of limited means, to continue to live securely in their homes with confidence, independence and peace of mind.

A person will be eligible if he or she is:

- ◆ Aged 65 years or older and;
- ◆ Of limited means or resources;
- ◆ Living alone, living with another person who meets the eligibility criteria, Living alone for significant periods of time during the day, or is a Carer to someone else in their household;
- ◆ Resides within geographical area of the relevant registered organisation;
- ◆ Able to benefit from the equipment supplied;
- ◆ Prepared to maintain contact with the registered organisation.

Our local scheme is administered by
Midleton Active Retirement Association

Contact John Kelleher 021-46313 50

Centra
Live every day

Aherns
Main Street, Carrigtwohill
Tel: 021-4883103



**Seasons Greetings
to all our Customers**

Opening Hours:
Mon-Sat: 7am – 11pm
Sundays and Bank Holidays:
7.30am - 10pm

- Full Off Licence with large selection of Wines
- In-store Bakery
- Hot and Cold Deli Take Away
- Fresh Meat and Fish
- Free Home Delivery Service
- Lotto
- ATM
- Free, Easy Parking

**Post Office
in store**



Index to Advertisers

<i>Ahern's Centra</i>	71	<i>Lynch Tiles</i>	64
<i>Airwave Internet</i>	56	<i>MABS</i>	56
<i>All Aboard Childcare</i>	57	<i>Mary Geary's Childcare</i>	50
<i>Bespoke Hairdressing</i>	9	<i>McGuckian's Oil</i>	50
<i>Bespoken For You - Sewing specialists</i>	11	<i>Millennium Park - All Weather Pitch</i>	51
<i>Bloomsday Flowers</i>	37	<i>Next Generation Electric</i>	37
<i>Carrigtwohill Business Association</i>	17	<i>Norman Walsh, Solicitor</i>	3
<i>Carrigtwohill Cabs</i>	5	<i>O'Brien's Master Butchers</i>	7
<i>Carrigtwohill Pharmacy</i>	72	<i>Power Aggregates</i>	28
<i>Cotter's Pharmacy</i>	56	<i>Roche's Garage</i>	5
<i>Coughlan Fuels</i>	54	<i>Rooster Fine Foods Grocery</i>	41
<i>Councillor Anthony Barry</i>	22	<i>T & N Landscaping</i>	37
<i>Credit Union</i>	54	<i>The Clothes Horse</i>	40
<i>Craig Flanagan - Dog Groomer</i>	61	<i>Vincent's Shop</i>	64
<i>East Cork Car Auctions</i>	56		
<i>EM Hardware Supplies</i>	43		
<i>Farm Fresh Butchers</i>	55		
<i>Frank's Takeaway</i>	37		
<i>General Electronic Alarms</i>	27		
<i>Houses Cleared</i>	43		
<i>Joe Murphy, Plumber</i>	64		

Please support our advertisers

Advertising enquiries to Annette Lane
021-4882265 or 086-3225229

carrignews@eircom.net
087-6290574

WISHING YOU A VERY

*Merry
Christmas*



**CARRIGTWOHILL
PHARMACY**

your community pharmacy...**caring for Carrigtwohill**