

Carrigtwohill Community News

December 2010

Carrigtwohill Community Council
extends best wishes to everybody for
Christmas and the New Year



Little Fighters Celebrate 1st Birthday

Congratulations to Hassan and Hussein Benhaffaf
who celebrated their 1st birthday on December 2nd.

Story on page 7



Free quote
& fitting

Best for quality
and value

All types of blinds
and awnings
supplied & fitted



Lowest prices ever!

**BLIND
DESIGN**

Freephone: 1 800 533 633 or
021-4533633
Email: info@blinddesign.ie
Address: 2 Eastlink Business Park,
Carrigtwohill, Co. Cork

facebook



Anne Cooney who was the guest demonstrator at the annual Carrigtwohill Flower and Garden Club pre Christmas demonstration. The club would like to thank all those who supported the event on the night. The theme for the presentation was 'Coming Home'.



Three generations
Jessica and Carmel Riordan & Kay O'Brien

Cork County Muintir na Tíre Pride in our Community for Carrigtwohill



Mr Michael Cremin of Cork County Council presents Cork County Federation Muintir na Tíre 'Pride in our Community Award' for best entry in a large town (without a Town council) to Ollie Sheehan Chairman of Carrigtwohill Community Council.

Also in picture are Sean Murphy and Sean Holland of Cork County Federation Muintir na Tíre and Eileen Stoap of Carrigtwohill Community Council.

NORMAN WALSH

Solicitor



MAIN STREET, CARRIGTWOHILL, CO. CORK

(Over the Castle Bar)

Tel: 021-4882455/4882464; Fax: 021-4882385

*Wishing all our clients a Merry Christmas
and a Happy and Prosperous New Year*

E-mail: nw_nwalsh@eircom.net info_nwalsh@eircom.net

FOR LOCAL AND STRICTLY CONFIDENTIAL ADVICE

EVENING APPOINTMENTS AVAILABLE

Contents

<i>Local Contacts:</i>	4
<i>ST. Mary's Parish Christmas Ceremonies</i>	6
<i>Little Fighters 1st Birthday</i>	7
<i>Tuesday Club</i>	7
<i>Community Centre activities</i>	8
<i>Recent deaths in Carrigtwohill</i>	9
<i>Movie Junction</i>	9
<i>Fashion with Ann O'Driscoll</i>	10
<i>Carrigtwohill Camogie Club AGM</i>	12/13
<i>Anne Crotty in Malawi</i>	14
<i>Vincent's Fashion Show</i>	16
<i>St. Aloysius join Le Chéile Trust</i>	17
<i>Carrigtwohill GAA Club AGM</i>	18
<i>Carrigtwohill Development Plans</i>	19
<i>All Weather Pitch</i>	20
<i>Christmas Reflections with John Harte</i>	26/27
<i>News from the Family Resource Centre</i>	28
<i>Community Games</i>	30
<i>News from Scoil Clochair Mhuire</i>	31
<i>Srs Mary Brosnan & Sheila Sullivan retire to Carrigtwohill</i>	31
<i>Christmas in Time Past with Maria Kelleher</i>	32
<i>Carrigtwohill United AFC</i>	34
<i>In the Garden with Michael Clancy</i>	36
<i>Care and Repair Programme</i>	37
<i>Vitamins and Minerals by Ger Browne MPSI</i>	38
<i>Irish Girl Guides in Carrigtwohill</i>	39
<i>Community Council Annual General Meeting report</i>	40/41
<i>Seen and Heard</i>	42
<i>Index to Advertisers</i>	42

**Spread the word
at
home and abroad**

**Carrigtwohill
Community News
is available on the
web**

Download it from

www.carrigtwohillcommunity.ie

Assistance Wanted

The Community News team would like to hear from anyone interested in helping out with the production of Carrigtwohill Community News.

We are particularly interested in hearing from someone with typing skills who could type up handwritten articles.

This task would only involve an hour or so every three months.

The Newsletter is distributed by a large team of volunteers and we are always looking for additional help.

Ring Dave on 087-6290574
or Annette on 087-6248801

**Greenville House
Annual Sale
Plants, Pottery &
Decorations
will be held on
13th, 14th & 15th December.**

Local Contacts

Parish Priest:

Fr. Anthony O'Brien, P.P.,
Parochial House, Carrigtwohill.
Tel - 4883236 or 086-2513577

Curate:

Fr. Gabriel Bourke 4883867

Convent :

Poor Servants of the Mother of God
4883237

Schools:

Scoil Clochair Mhuire (Girls N.S.) -
4883293

Scoil Mhuire (Boys N.S.) 4883271

St. Aloysius College 4883341

Community Centre 4882265

Resource Centre 4883122

Emergency 999

Gardai-

Carrigtwohill 4883222,

Cobh 4908530,

Midleton 4631478

Alcoholics Anonymous - 4500481

ACCORD - (Marriage Counselling) -
025-32249

CURA - (Pregnancy Counselling) -
022-21259

Samaritans (Local Call) - 1850 609090

Crisis Pregnancy helpline 021-4276676
(9 till 5pm)

Doctors

Dr. M. Barry 4883895

Dr. H. Doran 4883176

Dr. B. Jordan 4631234

Dr. P. Kennedy 4883162

Dr. G. McLoughlin 4883162

Dr. J. Thompson 4631234

Dental Practice 4533864

Community Nurse :
Resource Centre 4883367

Wishing all our Customers a Merry Christmas
and a Prosperous New Year



Roche's Garage



Phone: 021-4883112

Fax: 021-883365

Christy Mobile: 086-2577697

Paddy Mobile: 087-2577697

Car Repairs/Serviceing and Sales of:



Petrol/Diesel

Car Gas/Bottled Gas

Paraffin Oil

Coal & Briquettes



*Merry Christmas and a Happy New Year
to all our customers*



Carrigtwohill Cabs



021-4883820

c2hillcabs@eircom.net



Christmas Eve 24th December 2010

Closed at 6pm

Christmas Day 25th December

Closed

St. Stephen's Day 26th December

Closed

News Year's Eve 31st December

Closed at 6pm



Open all other times - weather permitting



St. Mary's Parish Church. Christmas Services

Carol Services:

St. Aloysius College
Tuesday 21st 7.30pm

St. Mary's Boys School
Thursday 23rd Dec. 11.00am

Penitential Service

Wednesday 22nd December at 7.30pm

Confessions:

Christmas Eve, 10.30am-11.30am
4.30pm-5.30pm and 7.00pm-8.00pm

Masses:

Christmas Eve: 8.00pm and 12 Midnight.
Christmas Day: 8.30am, 10.30am and 12.30pm

There will be no Evening Mass on Christmas Day.

Next Generation Electric

Merry Christmas & Thank You
Carrigtwohill/East Cork customers



Looking forward to providing technical
and efficient solutions to all your
electrical requirements in 2011

Contact: John Joe Harte

Mobile: 087-2274245

Santa Comes to Carrigtwohill Community Centre

Sunday Dec. 12th

3.00 - 5.00pm

All Welcome

Santa Parcels €5.00

Newsletter Production

All input for the Newsletter
should be sent to:

carrignews@eircom.net
087-6290574

Advertising

Annette Lane
Margaret Searson

Editor

Dave Moore

Our thanks to all contributors
to this edition especially to our
advertisers who make the
whole thing possible.

Please support local business.

Special thanks to
photographer

Eddie O'Riordan

Happy 1st Birthday Little Fighters

A Message from the Benhaffaf Family

This time last year we were heartbroken facing the birth of our beloved twins in a different country with our two little girls in Tow none of us knowing what was ahead.

The odds were a million to one that the boys would survive to birth. Our whole world had fallen apart and only a small few people knew of our turmoil.

Yet here we are now, a year on, and Hassan and Hussein are two of the happiest, sweetest boys around! They battled their way through a difficult pregnancy and birth, and survived a life threatening 14 hour surgery to separate them and arrived home 4 months ahead of normal recovery time!

They truly have earned their nickname the little fighters!! Since coming home in May they have thrived and are adored by their two big sisters Malika and Iman.

The people of Cork have taken them into their hearts and the twins have brought much happiness to all around them.

Recently they won an award lovingly named the 'Hope For The Future Award' with the Rehab Cork people of the year.

At the end of November the family was awarded a special merit award with the 'Infant and Maternity' awards 2010 for their courage and bravery in extreme circumstances which will be televised on TV3.

The twins are set to receive a third award for courage in the spring at the 'Best of Irish Awards'.

The older generation of Carrigtwohill are thrilled and often say they've put Carrigtwohill on the map!!!

Even though they have done so well they still both face many challenges and the hope of prosthetic limbs next year which can only be got in America. Azzedine has been unable to return to work due to the many appointments the boys have ongoing at CUH, Enable Ireland and GOSH in London, which they have only recently returned home from.

The boys celebrated their 1st birthday on 2nd December 2010 and its such a special milestone. They turned on the Christmas lights on Cork this year and the crowd emotionally sang Happy Birthday to the boys.

Its been such a tough year for the family but we always try to remain positive, things can only get better now, and we are so proud of the courage and strength Hassan and Hussein have shown.

Thanks from the bottom of our hearts to all of you who helped us through the toughest time of our lives.

Happy Christmas to you all.



Tuesday Club

The Tuesday Club meets each Tuesday at the Community Centre at 10a.m. New members are always welcome.

Ceili dancing classes were taught by Phyllis O'Regan during the month of November, keep fit classes were taught by Mary O'Brien.

On 26th. November the club visited D.J. Murphy's House, Bride Park Cottage. It was open to the public to raise funds for Marymount Hospice and the Cope Foundation.

The house was beautifully decorated and lit up for Christmas.

Festive refreshments were served in the kitchen. It was magic.

A very enjoyable evening was had by all.

The club's annual Christmas Dinner will be held in the Elm Tree Restaurant on the 15th. Dec.

A short break will be taken until January 2011.

We wish everyone a very Holy and Peaceful Christmas and a Happy New Year.

Carrigtwohill East Cork Junior B Football Champions 2010



Patsy Spillane captain of the Carrigtwohill Junior B Football Team who won the Championship in 1980 pictured with current Captain Dominic Cronin, winners in 2010

While progress has been marvellous, significant costs will be incurred into the future with ongoing appointments in London and prosthetics etc. Donations can be lodged to:

The Little Fighters Fund,
Permanent TSB,
Patrick Street, Cork.
Sort Code: 99-07-03
Account number: 16556196

Carrigwohill Community Centre



The Community Centre is run by the Community Council and is available to everyone for a wide range of activities.

The main hall can seat up to 250 people and is also used for indoor soccer, badminton etc.

The Tullagreine room can seat up to 80 people while the Mulvany and Fota Rooms can each seat up to 30 people.

A fully equipped kitchen is available with all rooms.

**For bookings or information contact
Annette on 4882265 or 086-3225229.**

Shevaun Hogan

Fun and Educational

Speech and Drama Class

Monday 4.p.m. and 5.p.m.

Classes include: Drama Games, Circle Games, Speech Training, Performance, Feis Maitiu, Lamda exams (optional)

New students welcome.

Tel: 086-8536293.

Girl Guides

Girl guides age group 10-12 years old

Meet Weds. 6.30.p.m.

Group Leader Evelyn McCarthy.

Bluebell Brownies age group 7-10 years old. Meet Tues. 4.30.p.m.

Group Leader Geraldine Ahern

Snowdrop Brownies age group 7-10 years old. Meet Weds. 4.00.p.m.

Group Leader Karen Horgan

Ladybirds age 5-7 years old

Meet Wednesdays 4.00 p.m.

Group Leader Denise Ruxton

Tuesday Club.

Meet at 10.30.a.m. each Tuesday.

New programme for the Autumn has started. New members very welcome.

Bowls Club

Meet on Tuesdays 8.p.m.

New members very welcome.

Come along and have a great fun evening

Call to Centre any Tuesday.

Badminton Club

Tuesday & Thursday at 8.p.m.

New members (all levels)

very welcome

Juvenile Club meet Thursdays at 7.p.m

Enquiries to Barry at 086-6014681

Gymboree .

Mother and toddler group now celebrating 10 years in Ireland.

Children learn to play and dance to music. Great for parents as well.

They meet each Thursday

10.a.m.- 11a.m. and 11.a.m.-12 noon.

Contact Margarite at 086-1626754

Sinead Sheppard School of Dance.

Friday. 3.45.p.m.

Modern and jazz dance.

Also stage shows.

Set Dancing

with Phyliss O'Regan.

Thurs. 8.30p.m.

Set Dancing is great fun also a great way to keep fit.

So come along enjoy the fun.

Art 4 Kids

Thurs. 3.p.m.-4.30p.m.

A course tailored to suit children aged 6-12 years old. The course has been carefully designed to develop the child's knowledge and skills in Observational Drawing, Imaginative Drawing, Colour Theory, Painting, Mixed Media and 3D studies. Classes are taught by professional artist Laura Healy and will conclude with an exhibition allowing the child to experience his/her work on public display.

Contact Laura at 086-1600198.

Taekwondo .

We are delighted to have the Taekwondo Academy in Carrigwohill.

Classes Mon. 6-8.p.m. Wed. 6-8.p.m

Also thur evenings and sat. mornings.

Contact Cyril at 087 2026733.

Weight Watchers.

Thurs. 6-7p.m. and 7-8p.m.

We have Weight Watchers for several years now proving how good the programme is.

So join up with Delores and become a new slimmer you.

Ciorcal Comhra

Meet every 2nd. Monday at 8p.m.

Conversational Irish

Le Fergal agus a cairde.

Jacintha O'Sullivan and the Imokilly Dancers

Friday 5 to 8 pm.

Very successful year to date, just back from a trip to Portugal and preparing for a trip to Greece in spring.

Younger members won Corks got talent and in regional final to be held shortly.

In October they appear on the Jig Gig on TG4. Their performance is called Dorothy's Dream (the Wizard of Oz).

Classes are all about the enjoyment element of Irish dance and your child learns to dance in a safe enjoyable environment at their own pace and capability.

New members welcome of all ages ,
Telephone 085-7182448

We extend our deepest sympathy to the families of the following Carrigtwohill people who passed away since our last issue.

May they rest in peace.

Wednesday, November 3rd, 2010.

Ann Higgins (née Cull) of Ballyannon

Saturday, October 30th, 2010

Timmy Hayes of Ash Road, Fota Rock, Carrigtwohill and late of Ballinure Avenue, Mahon.

Thursday, October 14th, 2010

Jimmy McCarthy, of Rossmore and Barryscourt, Carrigtwohill.



Carrigtwohill made headlines in all the national media when Ireland's first drive-in cinema opened at Fota Retail Park on November 19th showing Harry Potter and the deathly hallows Part 1.

Bad weather is not a problem as each vehicle is covered by a canopy to protect your windscreen from the elements and the biggest problem with drive-in movies, a fogged up windscreen, is avoided by the provision of a silent electric heater is provided to keep your windscreen clear and yourself warm

The site is designed with tiers so that there is an unobstructed view of the huge screen from every car.

The site handles vehicles up to 2 metres high and sound is provided through your car radio.

A full range of fast food is provided on site which you can order online or order when you arrive.

Tickets and food can be pre-booked online at www.moviejunction.ie.

The cost is €16.00 per car.

Carrigtwohill Community Council Local Authority Liaison

By Mary O' Mahony

Carrigane Road.

I am very pleased to report that no effort has been spared in bringing about a successful outcome to the development of footpaths, widening of the road, lighting and associated road works on the Carrigane Road.

A contractor has now been appointed and will commence work shortly if not before Christmas, it will be early in the New Year.

Roads

The state of our roads is a cause of great concern for everybody. Some of our rural roads are very bad with huge potholes, after many requests to have these roads repaired, some have only recently been repaired and with winter upon us I would ask everyone to take great care and drive slowly.

Allow enough time for your journeys.

Street Lighting

Mr. Paul Collins of Public Lighting county hall has informed me that the backlog of public lighting installation has now been caught up with and the Tullagreine area is top of the list, as soon as funds are made available.

It will be apart of a scheme along with other areas, however it is very disappointing that there should be another dark winter in that area.

I have made it clear to him our concerns, the long wait for lighting.

Bus Shelters

Mr Martin Grace has surveyed our area in relation to erecting much needed bus shelter and has agreed to go ahead with them at the future date. However like everything else at the moment due to the economic climate he is unsure when funds will become available.

I have asked him to attend to the matter as soon as possible.

Litter

Litter is an ongoing problem in our community and surrounding areas. Anyone who witnesses littering should contact the litter warden at 4276891



Community Centre

Carrigtwohill

on

Thursday 23rd. December.

5.00pm - 8.30pm

Give the best present .

Give the Gift of Life.

Give Blood.

Money Advice & Budgeting Service

Problem paying off debts?

Experiencing financial difficulty?

Need advice on money management?

**Help is available at
Cork MABS, 12 Penrose Wharf,
Penrose Quay, Cork
021-4552080 cork@mabs.ie
www.mabs.ie**

Confidential - Independent - Free

O'Briens Butchers & Deli

Main Street, Carrigtwohill

Tel:021-4883069

Fax: 021-4533415

Meal Deal

- 1 lb Stewing Steak
- 1 Fresh Chicken
- 1 Bacon Joint
- 1 Roast Pork Joint
- 4 Chicken Fillets

All for only €20.00

New Store opened Monday
December 6th

Orders now being for
Farm Fresh Turkeys
Green and Smoked Hams
Award winning Spiced Beef

*Thanks to all our customers for their support
during 2010 and we wish everybody a
Happy Christmas and a prosperous New Year
and we look forward to serving you in 2011*

Dave Gibbons

Heating & Plumbing Contractors
Clooneen, Carrigtwohill

086-8393686

Winter Tips

1. Insulate pipes and storage tank in attic to avoid freezing and burst pipes.
2. Know where your water shut off valve is located in case of emergency.
3. Have your gas or oil boiler serviced to ensure efficient operation.
4. Lag or cover outside taps to avoid burst pipes.
5. Do not leave cold taps running at night because:
 - a. It wastes water.
 - b. Waste pipes can freeze which can lead to flooding.
6. Open trap door to leave a bit of hot air into attic.
7. Turn off your water if you are going away overnight.

We are on call 24/7

Feel free to contact us for free advice

Carrigtwohill G.A.A Gym

"Get Into Shape at Affordable Rates"

Join at any time for one year.

Fully fitted gymnasium with steam-room & sauna

(Office opens from 10.00am to 1.00pm)
(Monday to Thursday to view or join up)

ALSO OPEN ON MONDAY NIGHTS
8.00pm to 9.00pm

OPENING TIMES:

Monday to Friday:	9.30am - 10.00pm
Saturday:	9.30am - 6.00pm
Sunday:	10.00am - 6.00pm

RATES FOR CLUB MEMBERSHIP

Individual:	€170
Apprentice:	€140
Student:	€100
Couple:	€270
Family:	€300

CONTACTS

John Flannery:	086 6054957
Stephen O' Riordan:	086 8176698
Denis O' Mahony:	0494717 086
Donal Harnedy:	2554723 087

Gift Vouchers Available



Living In Luxury Fabulous Fabrics

When we were little girls we were told to keep our very pretty clothes for special occasions, so the satin party dress, the velvet skirt or the lace trim blouse would only get an airing every now and then. So, the current trend of wearing our 'fancy' clothes for daytime and night time, work time and play time may seem a little extravagant, but in the spirit of getting the most value out of our wardrobe, it makes a lot of sense.

Before you start adding sequins to your look or wearing a velvet dress to the office you need to know which fabrics look good on you and how to work them.

Silk and Satin

The easiest way to wear silk and satin for daywear is probably with a blouse and to keep the glam factor it should have a nice detail like a bow or ruffle or a hint of a puffed sleeve. A simple satin blouse teamed with jeans or under a shift dress gives you an easy luxury look for daytime. Fluid silks and satins also glide nicely over curves so they are flattering for full hourglass and rounder body shapes. Be careful if you go for stiffer or layered versions though as they can add bulk.

The light reflecting quality of these fabrics will make them the focus of your outfit so think about where and how you wear them. A satin skirt in a bold shade will attract the eye to your lower half, so beware triangle shapes; you should be drawing attention to the top half of your body instead. Silk trousers can work for some but the styles are generally pegged so ideally better on leaner and/or taller figures.

Great for: Adding classic glamour; flattering curvy figures; layering.

Velvet

Velvet is available in a range of guises and looking much more stylish than we might remember it. You will still find dramatic floor length evening dresses and evening coats but there are some more versatile pieces too. Its rich texture gives the wearer a feeling of real luxury.

Velvet is a more substantial material so think about how it fits with your body. A structured velvet jacket will work best on neat hourglass figures, rectangles and in-

verted triangles. The 'swing' jackets will look good on curvier figures. A knee length (or just above) dress is perfect for day wear with tights or leggings and boots. The great thing about this seasons' velvets are the colours, so don't just go for black, find one of your great colours and it will have more impact.

Great for: Giving a luxurious feel to your look; both structured and softer lines; jackets and coats.

Sequins and Shimmer

This will bring real 'wow' factor to your day wear so enjoy, but don't overdo it. If you feel it's appropriate, the sequin jacket is a favourite and easy to slip over a dress or jersey and team with trousers or skirts. There are also 'body conscious' dresses, glittering trousers and fun tops in various colours. For more discerning tastes choose a top with a subtle all over sparkle effect or just a smattering of sequin in parts. As with the satins, this fabric is going to be the attention grabber in your outfit so consider what you can really get away with; over the top shimmer for daytime certainly wouldn't be appropriate for your job in the city but don't be afraid to get your shimmer on at the weekends!

Great for: Out-and-out feel good glamour, brightening your day, getting attention!

Other textures

There are other luxury fabrics to consider this Autumn including cashmere, chiffon, brocade and leather. **Cashmere** is not just for your grandmother's twin set, treat yourself to a quality piece of knitwear and it will last you for winters to come. Neat knits or slouchy, it's a luxurious way to keep warm.

Chiffon is feminine and alluring - and generally transparent - so do be careful. For daywear the ideal options are garments with a little chiffon mixed in, say in a sleeve or as an overlay to another material. **Brocade** textures have a classical feel but can be worked with modern fabrics to keep them current. **Leather** has been given new life this season seeing modern twists on trousers and skirts and fabulous dresses. Most of these will be super soft leathers but can still be restrictive on curvy bodies so try and try and try before you buy!

*Great clothes may not always look great on you if they don't suit your body shape and scale. A **Style Consultation** will give you all the tools you need to make sure that you shop wisely and look fabulous, always.*

Good Foundations

Make-up can work a lot of tricks, but don't forget that looking after your skin and good grooming will help to keep you looking good throughout the winter months and beyond.

Winter weather can be harsh on the skin so apart from a good cleansing and moisturising routine it's essential that you give it sufficient protection with a good moisturiser and a foundation.

Foundation really is a must-have product as it performs several tasks:

- Evens out your skin tone
- Works as a barrier to stop the skins natural oils from dissolving your make-up
- Helps protect your skin from the elements
- Provides a perfect blank canvass on which you can add your favourite colours

Prime Your Skin

As we get older various blemishes, broken veins and unwanted hair can appear where we really don't want it. This is all part of the ageing process but it doesn't mean we have to put up with it.

Using a skin adjuster underneath your foundation can help create a more even look.

A skin adjuster is perfect for any skin discoloration or shadows on the face.

*For top expert advice on applying your make-up and choosing the right foundation and cosmetic colours for you book a colour me beautiful **Make-up Lesson** with your local consultant.*

It's That Time Of Year Again!...

I hope you have almost completed your Christmas gift shopping.

The better you plan, the less likely you are to go over budget. A personal shopping voucher is a fab and different gift for all ages.

Ann O'Driscoll, Image & Fashion Consultant - (087) 9232952



Carrigwohill Camogie Club

Annual General Meeting Monday 15TH November

Chairperson – Karen Horgan

I must say a big thanks to my fellow committee members & coaches for the hard work & most of all support during these past few months. The team work and spirit everyone showed was amazing and I thank you all for it, without all hands to the deck it would have been impossible. I would like to finish up by saying good luck to the new incoming committee and hope it will be onwards and upwards for the brilliant young girls who make up Carrigwohill Camogie. Membership currently stands at 116.

Secretary – Jackie Bogue

2010 was a very good year on the field of play for Carrigwohill Camogie Club. We reached an Under 13 East Cork Final (v Dungourney), U15 Imokilly Final (v Killeagh) and 2 County Finals in U 16 (v Banteer). The latter going to a replay. We unfortunately didn't bring back any silverware, but the experience gained by players and coaches was invaluable. Teams were entered into several competitions during the year which included U12, U14 and U16 county games, U11, U13 and U15 Imokilly games. Also challenge games, blitz and 'go games'. The girls were involved and indeed winners in the Cork National Schools Camogie 'Sciath na Scoil'. It's great to see Camogie being introduced in the National and Secondary schools and we hope this will continue into the future. The girls also represented the Club in Munster Final Schools (Carmel Cronin), Secondary Schools (Ciara Rohan), U15 Cork Panel (Rachel Sheehan), Imokilly U15 (Rachel Sheehan, Holly Breheny, Robyn Jenkinson Butler and Nicola O'Sullivan, Julie Foley).

I would like to thank the Juvenile boys and Ladies Football for their combined involvement in the Cul Camp this summer and Caroline Dixey who liaised for the Camogie club. This was a huge success and a credit to Carrigwohill's GAA teams. And this year, the sun shone brightly, it was great to see all the children enjoying themselves. There was over 60 matches played in the club this year, my thanks goes to coaches, parents, supporters who clocked up many miles to travel to these matches. I hope you all enjoyed it as much as we did. A

special thanks to all the players in the club, your turnout at training, matches, challenge matches and blitzes was fantastic. We hope to see you all back for the next season 'rearing to go'.

I would like to conclude with giving my thanks to our main sponsors ; O'Brien's and Lennox for their continued support, also to the Community Council for the use of the hall for events. A big thank you goes to the GAA club and Niall Barrett for the use of its fields, dressing rooms and meeting rooms. Any requests we had we were always accommodated.

PRO – Caroline Dixey

2010 Events

The website continues to be our biggest PRO tool. And in conjunction with the GAA, Juveniles and Ladies Football what a success it has been. Since March this year, 1825 hits alone on the Camogie section of the website - 1246 from unique locations (i.e. from different/PC locations).

The girls thoroughly enjoying looking at photos of themselves and their team mates and reading their match reports on the Website.

My special thanks to the super efficient Steven Moore for updating the website.

The following were events that were held in the Club during the year. Thank you for all your help in organising these:
Cul Camp Event – 35 camogie girls participated

Halloween Party

End of school year disco

Christmas Get Together (11th December)

Medal Presentation (date tba)

Long Puck - upcoming

1st Aid Courses – 9 new Occ First Aiders

Imokilly Trials

Avon Ri Adventure Centre Co. Wicklow (under 15 squad)

Supervalu Collection / Tesco Bag packing / Church gate collection

Coaches Reports – our special thanks to our hard working coaches this year: Ger Horgan, Val Cotter, Philip Dorgan, Jackie Bogue, Ann Cotter Mick Boland.

U6 Report

Coaches: Ann Cotter and Val Cotter

U6's had a great turnout this year. 19 girls in all were registered for this age group.

There was always a good turnout for training and the matches we had, nearly

17 out of the 19 turned out.

This year the U6's played in 4 matches, in the U7 age group. The first match was against Sars and the second against Blackrock which was a great experience for them.

In September they got a great opportunity to play two matches against Na Piarasigh. They won one match and drew on the other. Well done.

Our last match was against Castlelyons which was played in Carrig pitch, they lost by a goal but did so well.

We would like to thank all Committee and Coach Members for all their help and support and to the parents and girls

U8s, U10s & U11s

Coaches – Ger Horgan, Jackie Bogue & Philip Dorgan

This year we had nine U8s, eighteen U10s & twentyone U11s on the three panels. The U8 girls were ably assisted by some of the U6s when the need arose.

East Cork 'Go Games'

Early on in the year five clubs got together to organise U8s & U10s Go Games. Each Club took their turn to host the games on the last Thursday of each month.

U8s

What a great bunch of eager beavers. This bunch of girls trained for most of the year with the under 10s and were never found wanting.

The first match up was in Killeagh on April 29th. and Carrig hosted the May Go Games and again, on home soil the girls turned in some great performances. The Summer brought the dry sod and with it the best ground hurling of the year in the August Go Games.

The month of Oct. brought the U8s to Na Piarasigh for two challenge games winning one out of two.

The last game of the season saw the girls finish the season against Castlelyons with a fantastic performance, coming from behind twice to seal a narrow victory. Individually and as a team this bunch of girls were great to be involved with.

U10s

This years U10s were a great group to work with and will produce a few stars in the not too distant future. The Monthly Go Games were great for their progress , in that every girl had time on the ball and got to try different positions on the team. They gave a great account of themselves

over the course of the summer, displaying all of their skills, both individually and as a team.

As well as the Go Games, four monthly blitz's were organised throughout the summer with three City Teams: Na Piar-saigh, Glen Rovers and Brian Dillons. October brought an invite to the Mary O'Connor Blitz in Na Piar-saigh, where Carrig were narrowly beaten by a spirited St. Finbarrs team on their way to winning the Cup. The U10s finished off the season with two great wins against Blackrock & Castlelyons. Keep hurling girls and keep on enjoying yourselves.

U11s

This year was going to be tough for the U11s. After winning East Cork last year, we were up "A" grade this year. The girls started the season with a very spirited display in a challenge match against Bride Rovers, winning by a narrow margin. The first Imokilly League match up was against Killeagh and next up was Dungourney. The third round saw Fr. O'Neills host Carrig in Ballymacoda. Again a very tight game which saw Fr. O'Neills get the points on offer. Next up were red hot favourites Sars. The U11s this year had great enthusiasm and a super willingness to support each other on the field. These are great attributes to have at such a young age. Let these qualities mature in your many years of hurling ahead.

U.12 & U.13 Report

Coach - Mike Boland

Debra O'Mahony - First Aid

Having Won the Under 12s Carrigtwohill Cup Blitz, we have had a good league campaign for 2010 winning 2 matches out of 6, only losing the other 4 matches by very small margins.

In 2010 we went up a grade from D to C, due to the success of last years Under 12s. As a club we are very proud of all girls' performance on each and every match, from 1 to 18. With 7 Under 12s on the age and 11 under the age. I would like to thank parents, coaches and first aid for all their support during the year. Enjoy the break and I hope Santa comes, see ye all soon

Under 12s 2010 Annual Results

Carrigtwohill Cup Blitz

Carrig	2. 1	Sarsfields	1. 2
Carrig	2. 0	Blackrock	1. 0
Carrig	1. 2	Youghal	0. 1

Under 12s County League

Carrig	3. 2	Blackrock	1. 2
Carrig	2. 1	St Finbarrs	4. 2

Carrig	0.1	Dungourney	5. 3
Carrig	2. 1	Ballygarvan	3. 1
Carrig	5.2	St Catherines	3.0
Carrig	1. 1	Fr. O'Neills	4. 5

Challenge Matches

Carrig	2. 2	Blackrock	1. 1
Carrig	4. 3	Castlelyons	0. 1
Carrig	3. 1	Slieve Rua	2. 2
Carrig	4. 4	Blackrock	1. 1 (8 aside)

U13

U13 Imokilly League 2010

Carrig started the U13 league with the aim to get back to the U13 East Cork Final again - which we were narrowly beaten last year.

The matches were have fast and furious from the off, Carrig having played 5 matches to date. We have won all 5 matches, 20 girls have played with girls coming and going with holidays. It shows just how much together the girls are when we're missing 6 players and still put a team together.

Carrigtwohill travelled to Dungourney to a second chance at winning the U13 Imokilly title having being beaten last year by St. Catherines. Despite the efforts of a very hard working Carrig side, Dungourney came out on top, winning by a goal and two points.

Well done to all the girls who did their Club and more importantly themselves proud on the day.

Results to date:

Carrig	2.1	Killeagh	0.2
Carrig	2.1	Dungourney	2.0
Carrig	3.2	Sarsfields	1.2
Carrig	6.3	Castlelyons	0.0
Carrig	1.2	Cobh	1.0

U.14,U15 & U16 Report

Coach - Val Cotter

U14

moving up a grade to 'C' this year proved a little harder and initial turn out at training was poor. We were up against harder more experienced teams, i.e. St. Catherines, Fr O'Neills, Dungourney, Bride Rovers, St. Finbarrs and Bishopstown. We had 3 wins, 2 lost and 1 draw. Wins against Bride Rovers, St Finbarrs, Bishopstown. Draw to St. Catherines. Lost to Dungourney and Fr. O'Neills. Later on we attended a blitz in Ballynoe. Here we played against Killeagh, St. Catherines and Fr. O'Neills - they also proved to be very hard matches, but the girls gained great experience.

U15.

Imokilly league matches Killeagh, Sars,

Bride Rovers and Castlelyons. Our first match was against Killeagh which we won, a very hard match against Sars which we lost and two more wins against Bride Rovers and Castlelyons. We therefore qualified for East Cork Final against a well prepared and very experienced Killeagh side. This was a very hard match for the girls, but they did themselves proud.

Attended a blitz in Ballincollig with matches against Aghballogue and Barryroe .

U16.

The year started off with games against St. Vincents, Sars, Dungourney, Glen Rovers and Youghal. The team won all their matches which resulted in us qualifying for the semi final against Grenagh. Grenagh pulled out which meant we got into the final against Banteer. Banteer kept fighting until the end and their perseverance came through to get a goal in the dying minutes of the game, and therefore running out as winners by 1 point.

Heart breaking stuff.

In the County Section, they also met Banteer and with 5 minutes to go and 3 points up, we thought we had it. But Banteer did a repeat and got a goal in injury time - replay ! A week later we unfortunately lost the replay to Banteer despite a great comeback by the girls.

At the beginning of April, the girls were invited to Dingle to participate in the Pan Celtic festival. St. Ann's from Kerry and Burgess/Duharra from Tipperary. A much enjoyed day out.

The girls finished off their year with some much needed R&R and headed off to Avon Ri Adventure Centre in Blessington Co. Wicklow. A great day was had by all, finishing off with a lovely meal in Abbeyleix in the evening. Thanks to Mary Curtin for a well organized event ! My thanks to the First Aiders, other coaches, supporters, parents and especially the girls - we look forward to 2011 season !

Elected Officers at AGM - November 2010:

Chairperson:	Mary Curtin
Vice Chairperson:	Caroline Dixey
Secretary:	Phil Sheehan
Asst. Secretary:	Marian O'Mahony
Treasurer:	Jackie Bogue
Asst Treasurer:	Karen Horgan
PRO:	Sheila Boland
Registrar:	Debra O'Mahony
Children's Welfare Officer:	Mary Hinchliffe

Habitat for Humanity in Malawi

Aine Crotty reports on her experiences

On June 4th last a group of seven UCC students headed to Malawi, Africa to build houses for people living in the slums. I was lucky enough to be one of those students. We travelled over with the charity Habitat for Humanity for two weeks that changed our lives. Believe it or not the building was the easy part. Getting there was the hard part.

Plans began in late September and continued until the day we left. When I was chosen to go on this trip I never realised how many people would give me a helping hand along the way. The first fundraiser was the ball in the Victoria Hotel. This would never have happened without the help of the hotel and the hotel staff, all the businesses that sponsored spot prizes for the raffle on the night, and of course all the UCC students and locals from Carrigtwohill who attended the ball to show their support.

So to all of you a big **THANKS!**

The largest amount of fundraising however was received in sponsorship. I would like to say a massive thank you to G.E healthcare, Millipore, the local butcher John Twomey of Farm Fresh, the local Chemists, Doctor Mary Barry and all the other businesses who replied to the letters of appeal with a generous donation. Through your generosity you have helped a woman (called Emily), her children and her husband to move out of the overcrowded disease riddled slums to a comfortable home in a safe environment.

This family now has a roof over their head when it rains, a roof that will last for years. The children have less than a mile to travel to school. Emily now has the support of Habitat for Humanity and receives plenty of help from the other woman in the village who were also lucky enough to receive a house.

The family you have helped are pictured in their old living quarters and also a picture of the house you helped build where the family now reside.



Once again thank you to everyone who helped no matter how small the contribution.

Finally I would like to say thank you to my mother. The first and last helping hand I received, there from beginning to end.

Without her much appreciated time and effort I'm not too sure how far I would have got.

So again, thank you to everyone involved.

Cork Art Alive

A selection of Contemporary Irish Art from the AIB Art Collection

Fota House, Cork

Running until **Saturday 30th April 2011**

Opening Hours: Fri/Sat/Sun 11am – 5pm

Admission: Free

An exhibition of contemporary Irish art involving the work of twenty five artists with Cork links, is currently running at Fota House.

'Cork Art Alive' is a collaborative project between The Irish Heritage Trust, who manage Fota House, and the AIB Group. The exhibition will feature works by many well known contemporary artists such as William Crozier, Charles Tyrrell, Sarah Walker, Dorothy Cross and Maurice Henderson and will be on view at Fota House until the end of April next year.

The exhibition will also involve an online education element which will be available free of charge from the Fota Learning Zone

(www.fotalearningzone.ie).

This new digital resource is part of the Irish Heritage Trust's commitment to creating interesting and unique learning experiences for their visitors. The art unit will be packed with information, images and project-based activities which will interpret this exhibition from a thematic angle. All of this information will be uploaded to the Fota Learning Zone for visitors to access either pre or post-visit.

It is hoped that teachers, students and visitors to Fota House will all benefit from the wealth of information available on this innovative digital resource.

Opening Hours: Fri/Sat/Sun 11-5pm.
Groups visits can be arranged out of hours by calling 021 4815543.

FotaPoint Enterprise Park

New Units to let

086-3311433

www.fotapoint.com



Please support our advertisers

Their support makes this Newsletter possible

VIP Beauty Rooms

TEL: 021 4533573

*We Wish all of our customers a Merry
Christmas and a Happy New Year*

Thank you for your support with our recent move

*Christmas Vouchers and Gift Packs
now available*

Same Service, Same Number, New Location

Online booking: www.myzanadoo.com/vipbeautyrooms
Find us on facebook

Poplar Avenue, Fota Rock, Carrigtwohill

*Seasons Greetings and a big thank you
for your valued custom from*

MOPS

Ladies & Gents Hair & Beauty

- Precision Cutting
- Organic Colouring
- 12 Week Blo Dry
- Upstyles - Classic & Funky
- Gents Cuts
- Children Welcome
- TIGI Products

Reduced rates each Wednesday for Senior Citizens

Tues - Thurs. 9.30 - 5.30
Friday 9.30 - 7.00
Saturday 9.30 - 5.30

021-4883812

Vincent's

Supporting the Society of

Opening Hours
9.00 - 4.00pm
Monday to Friday



**Quality new and used clothes,
books, bric-a-brac.**

**School Uniforms for
local National Schools**

Shop is managed by local staff and volunteers

**Surplus income is used to fund projects
sponsored by SVP locally**

We run two fashion shows per year.

Joe Murphy

Plumbing & Central Heating Contractor

15 Main Street, Carrigtwohill.

021-4883838

086-8456971 086-8938392

Under Floor and Solar Heating

Solid Fuel, Oil and Gas

*Best wishes to all
at Christmas*

Vincent's Fashion Show



St. Aloysius' College now a member of Le Chéile Schools Trust

The 20th October 2010 was a momentous day in the history of secondary education in Carrigtwohill.

On that day the SMG congregation, who have been involved in the running of the school since 1939, officially handed over the secondary school (St. Aloysius' College) to the **Le Chéile Trust**.

The Le Chéile Schools Trust now comprises the schools of thirteen religious congregations.

The aim of the Trust is to carry on the legal, financial and inspirational role of trusteeship that has, up to now, been done by individual congregations. It carries out the legal and inspirational role of trusteeship.

This is a significant development in Irish education as the Catholic Church and the individual religious congregations renew and reformulate their commitment to Irish education.

The main object of Le Chéile is the development of a vision of Catholic education and overseeing its implementation in the Schools, encouraging preservation of key aspects of the evangelical heritage of their founding Congregation and to facilitate the opening of new schools if and where the need arises and resources permit.

In the case of non-denominational schools, the aim is to promote the integration of human and spiritual values that permit Catholic values to develop.

The Congregations are currently responsible for 47 voluntary secondary schools and are trustees in 8 Community Schools.



Tony Lee, Sr. Mary Holmes, Sr. Mary Whelan, Sr. Margaret Herlihy and Margo Hartnett



Group of local SMG Sisters pictured with Tony Lee, School Principal and Margo Hartnett Vice-Principal

Carrigtwohill golfers pictured at the East Cork Golf Club Race to the Stables



Barry O'Brien (3rd from left) and Jesse Anthony (2nd from right) mixed foursomes winners in the East Cork Golf Club Christmas Hamper Competitions being presented with their prizes by Frank and Margaret O'Sullivan Lee Oil Sponsors. Also included is Carmel Moloney Lady Vice-Captain and Dan Buckley Vice-Captain.



Bernard Cashman, Cashman's Car Sales; Ger Lowry winner of the Car in the Middleton Credit Union's members car draw and John Fenton Manager, Middleton Credit Union.



Carrigwohill GAA Club

Pairc Seamus de Barra

www.carrigwohillgaa.com



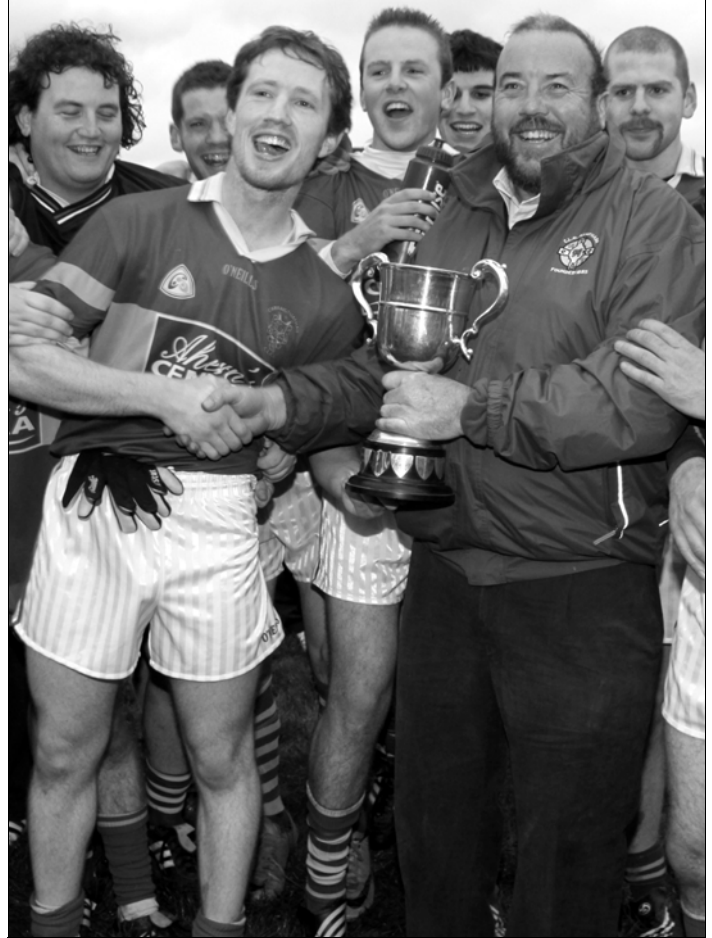
Club AGM Friday November 26th

A well attended Annual General Meeting was held in the Community Centre and a successful year was reviewed with reports from all the officers.

The meeting was addressed by Club President Eddie O'Riordan, Fr. O'Brien, Jimmy O'Brien on behalf of Community Council and Olivia Buttimer representing the Ladies Football Club.

The following officers were elected:

President:	Eddie O'Riordan
Vice President:	Jack Walsh Neilus Kidney
Chairman:	Niall Barrett
Vice Chairman:	Denis Walsh
Secretary:	Tony O Flynn
Assistant Secretary:	John O'Brien
Treasurer:	Paddy Vaughan
P.R.O.:	Denis O'Mahony
Culture Officer:	Kieran Horgan
Field Secretary:	Niall Barrett
Insurance Officer:	Ted Carroll/John O'Brien
Registrars:	Jim McCarthy
County Board Delegate:	Peter Hogan
County Minor Delegate:	Oliver O'Brien & Tadgh Donovan
E. C. Board Delegates	TBC
Director/Coordinator Football:	Dave Carroll



Michael O'Brien, Chairman East Cork GAA Board presenting the Junior B Football cup to Dominic Cronin, captain of the Carrigwohill winning team.

Carrigwohill Junior B Footballers win East Cork Title



Cork County Council

Notice of preparation of draft Masterplans for Carrigtwohill North and Water Rock, Midleton.

The Carrigtwohill Special Local Area Plan, adopted in September 2005 set out a development framework for Carrigtwohill to guide new development to take advantage of proposals to establish a suburban rail network for Cork, including the re-opening of the rail line to the town. The Special Local Area Plan identified a site north of the railway station, with the special zoning objective X-01, for a new residential neighbourhood of up to 2,000 new dwellings and required the preparation of a masterplan.

Cork County Council has prepared a Draft Masterplan for Carrigtwohill North, Carrigtwohill which puts in place the framework for the delivery of a residential neighbourhood, appropriate employment development on the site through a phased programme of development, lands to set aside for education and civic facilities.

The Midleton Special Local Area Plan, adopted in September 2005, set out a development framework for Midleton to guide new development to take advantage of proposals to establish a suburban rail network for Cork, including the re-opening of the rail line to the town. The SLAP identified a site at Water Rock, with the special zoning objective X-01, for a new residential neighbourhood.

Cork County Council has prepared a Draft Masterplan for Waterrock, Midleton which puts in place the framework for the delivery of a residential neighbourhood incorporating mixed use business areas to create a sustainable living community.

A copy of the Draft Masterplans will be available for public inspection each working day, exclusive of public holidays, between the hours of 9.30 a.m. and 4.00 p.m. up to and including 10th January, 2011 at the following locations:

- Planning Department, Floor 1 County Hall, Cork.
- Planning Policy Unit, Floor 13, County Hall, Cork.
- Cork County Council Area Office at Youghal Road, Midleton.
- Cork County Council Area Office at The Mall House, Youghal.

The Masterplans are available at all times to inspect and download (in pdf format) from the Council website www.corkcoco.ie.

Copies of the Draft Masterplans will also be available for inspection at the Cork County Branch Libraries at Main Street, Midleton, Church Street, Youghal and The Arch Building, Casement Square, Cobh. Please check locally for availability and opening times.

Printed copies of the draft Masterplans will be available to purchase from the Planning Policy Unit (priced €20 each).

Please note that during the Christmas period, Council Offices will close at finishing time on Thursday, 23rd December, 2010 until normal opening hours on Thursday

30th December, 2010. The offices will also be closed on Monday 3rd January, 2011. However, the draft Masterplan will con-

tinue to be available to inspect and download in .pdf format during this time from the Council website www.corkcoco.ie.

Cork County Council has provided a new system whereby submissions or observations on the draft Masterplan with associated attachments can be made on-line by the public and interested parties, from the Cork County Council website www.corkcoco.ie. Cork County Council regrets, that for technical reasons, submissions made by e-mail cannot be accepted.

Written submissions or observations on the draft Masterplans, can also be made by the public. Written submissions/ observations should be clearly marked "Submissions to the Draft Carrigtwohill or Water Rock Masterplan" and should be forwarded to the address below so as to arrive on or before Monday 10th January, 2011 (4 p.m.):

The Senior Executive Planner,
Cork County Council,
Planning Policy Unit,
Floor 13, County Hall, Cork.

Submissions or observations with respect to the draft Masterplans, made either on-line (via www.corkcoco.ie) or in writing, and received by the Planning Authority within the period 23rd November, 2010 to 10th January, 2011 (4 p.m.), will be taken into consideration before the making of the Masterplans.

To avoid delay and congestion the public are advised to make their submissions or observations to the Council well in advance of the closing date.

Signed: Director of Planning.

Dated this 22nd day of November, 2010



Darren O'Driscoll in action for Cork against Tipperary

millennium park

THE PERFECT PLAYING SURFACE

STATE OF THE ART ALL WEATHER PLAYING SURFACE

IDEAL FOR SPORTS AND SOCIAL CLUBS, CAMPS,
SCHOOLS, SPORTS CLUBS OF ALL TYPES

GIFT VOUCHERS
NOW AVAILABLE

We are considering hosting a Christmas Soccer Tournament
for Juvenile and Adult teams (*subject to suitable numbers*)

Interested participants should contact 087 9867596 or 021 4882265
Email: allweather@carrigtwohillcommunity.ie

For Bookings & Enquiries 9am – 5pm Monday to Friday please tel: **087 9867596**

e.mail: allweather@carrigtwohillcommunity.ie

www.carrigtwohillcommunity.ie



CARRIGTWOHILL PHARMACY LTD

Units 2/3, Carrigwohill Shopping Centre,
(beside Costcutters) Tel: 021 4533755



New Opening Hours

Monday: 9:00am to 9:00pm
Tuesday to Friday: 9:00am to **6:30pm**
Saturday: 9:30am to 6:00pm

FREE PARKING

10% off selected Gift Sets and
Perfumes with this voucher

CHRISTMAS CLUB

Now taking deposits for collection
up to December 18th

FREE DELIVERY SERVICE

HEALTH SCREENING SERVICE

Special **Dosage Packs** for customers on
multiple medicines - please ask within

www.fairwaysdesign.com

Carrigwohill Folk Choir

Share your vocal or musical talents with the
Carrigwohill Folk Group.

Rehearsals ever Thursday from 8.30pm
in The Resource Centre, Main Street.

New members (both male and female) most welcome

Contact Geraldine at 087-6694064 for more details.

Frank's Takeaway

Main Street,
Carrigwohill

Opening Hours

	Lunch Time	Evenings
Mon.	12.30 - 2.30.pm	Mon. Closed
Tue.	12.30 - 2.30.pm	Tue. 5.30 - 10.30.pm
Wed.	12.30 - 2.30.pm	Wed. 5.30 - 10.30.pm
Thur.	12.30 - 2.30.pm	Thur. 5.30 - 10.30.pm
Fri.	12.30 - 2.30.pm	Fri. 5.30 - 10.30.pm
Sat.	12.30 - 2.30.pm	Sat. 5.30 - 10.30.pm
Sun.	Closed	Sun. 5.30 - 10.30.pm

A Legend in Fast Food

Costcutter

Always more to offer

Main Street, Carrigwohill
Tel: 021-4882410

Seasons Greetings

to all our

Customers & Friends

Great Selection Great Prices

Seasons Greetings from your local businesses

Bloomsday Flowers
Main Street, Carrigtwohill
021-4883555



John Higgins & Co. Auctioneers
29 Main St., Carrigtwohill
021-4883622



Ger Horgan, Carrig Wholesale
Carrigane
087-2351184



Pat O'Sullivan
15 An...

Snowdrop Brownies
Wednesday 4.00pm
Karen Horgan



McCarthy Plant & Agriculture
Ballyrichard
021-4631229 www.mccarthyp.com



Joe Murphy - Plumber
Main Street, Carrigtwohill

021-4883838 086-8456971 086-8938392



Es...
M...
C...

Premier Valet
East Link Business Park
087-1218440 www.premiervalet.ie



Fotapoint Enterprise
086-3311433
www.fotapoint.com



James Horgan Select Electric Ltd
Ballyvodock
086-8158509 021-4638163



Spring
021-4...

Carrigtwohill Community Council
Community Centre
021-4882265



Airwave Internet
Lackabeha, Carrigtwohill
021-4882277 www.airwave.ie

Carrigtwohill Community Council - we support our local businesses

Please support our local businesses

Local Carrigtwohill Businesses

Accountants
Carrigtwohill



AluTrade - Aidan Long
Curragh
021-4613620



Van, Building Services
Mullach, Cúl Árd
085-7620817



Mary's Hair Studio
17 Main Street
021-4883312

Agri Sales
csales.ie



Robbie Sheehan
East Cork Plant Hire, Ballyvodock
087-2672842



John Forrester
Main Street,
Carrigtwohill



Lynch Tile Centre
East Link Business Centre
021-4389333

John Park
John



Premier Windows & Doors
Ballyadam, Carrigtwohill
021-4883730



Garden Restaurant
Main Street
04533100/4533505



Credit Union
Main Street, Carrigtwohill
021-4883049

John Hill
johnhill@ave.ie



Carrigtwohill Taekwondo
Academy
087-2026733



Working for everybody in our community

Support local businesses and help Carrigtwohill thrive

Power Aggregates Ltd.

One stop shop for all your gardening needs

Carrigtwohill Industrial Estate

Tel:- 021-4533667 Fax:- 021-4533667 Mobile:- 083-3866329
email:- poweraggregatesltd@eircom.net

Solid Fuels in small or large bags

Blocks		Turf		Coal	
30kg	€5.00	30kg	€7.00	20kg	€7.99
1 Tonne	€60.00	1 Tonne	€60.00	40kg	€13.99
Eco Blocks	€4.00	Briquettes	€3.50	1 Tonne	€25.00







Opening Hours:-

Monday-Friday 8.30am to 5.30pm.

Saturday 8.30am to 4.00pm.

Sunday 2.30pm to 4.30pm

Be ready for the ice!
Sand & Salt in 25kg Bags

All prices ex yard

Happy Christmas to all our Customers



GET YOUR CHRISTMAS TREE

FROM 6 TO 20 FEET TALL





A large selection of Christmas Wreaths, Tree Stands and Christmas Plants now in stock.
Michael Clancy 087-2379525



MONPLATE

SIGNS

PLATES FOR ALL OCCASIONS

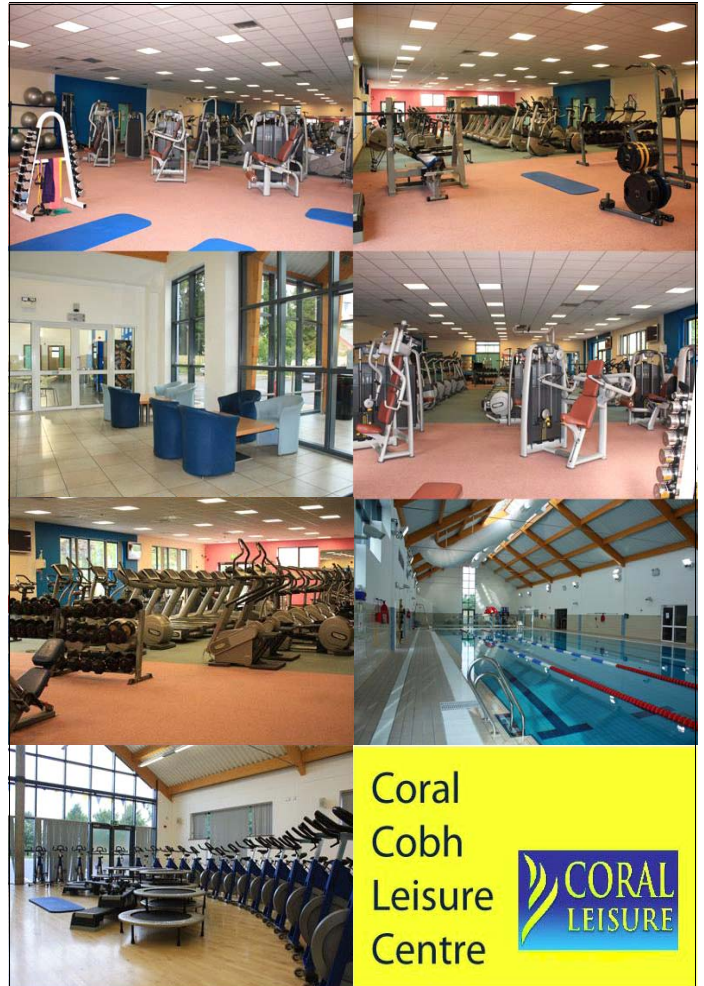
- WEDDING PLATES
- BUGGY PLATES
- NAME PLATES

Helen John
26-8-2011

Sarah

CARRIGTWOHILL
021-4883127

Email.monplate@eircom.net



Coral
Cobh
Leisure
Centre



Koolkutz

Hair Design

Tues - Wed 9.30 - 6.00pm
Thursday 9.30 - 6.00pm
(later by appointment)
Friday 9.30 - 7.30pm
Saturday 9.00 - 5.30pm

021-4287585

Orla and team would like to wish all our clients a Happy Christmas and a peaceful New Year and thank you for your custom. Koolkutz stocks all Revlon Gift sets, Tigi range, also gift vouchers and loyalty cards. January special offers on blowdrys and mesh highlights.



Carrigtwohill residents, Anne White Director and Pat Burke Chairman of Middleton Credit Union.



Christmas Reflections

By John Harte



Memories of Christmas during my school years brings to light the simple and yet fulfilling way of life enjoyed by everyone. As the dark evenings led to an early supper which was often flavoured by a bowl of rice, the household would sit around the open fire and watch it blaze up the big chimney. In homes where card playing was not practised by the family, the art of storytelling was sure to entertain any good listeners.

My father, who excelled in this field of entertainment, would tell us of the many funny and irregular incidences that happened during his life or that of his ancestors.

As a Christmas offering to our readers, I propose to resurrect some of these old tales and present them in script.

There lived near us in Ballintubber a very kind and witty lady, the mother of two sons and two daughters. Her husband was won't to go to bed early every night. A few of the local young men who maybe had one eye on the young ladies and the other eye on the 'craic' that was part and parcel of this particular house.

It was the rule of this house that those visiting lads would not leave until the Rosary was ended.

Our story begins during reign of the Black and Tans in Ireland. While gathered on their knees around the fire saying the Rosary on the particular night a loud bang was heard on the front door. Calling on the Holy Names the mother stood up and exclaimed "Tis the Tans surely".



Tud, tud tud on the door again, leaving the household terrified. I have enough of this caper said the mother, I'll let them in before they break down the door.

She opened the door and in walked the puck goat!

The late Fr. Andy O'Keeffe, who as a curate in Carrigtwohill, was preaching from the pulpit at Mass on Good Shepard Sunday. Quoting from the Gospel he told the congregation of the Good Lord's care for his sheep and that where the sheep were, He would be also.

Fr. Andy attended the boy's school the following day for religious instruction and he questioned the senior class on the sermon he gave on the previous Sunday.

Noticing one boy who was not paying attention, Fr. Andy said to him "Paddy Murphy, if you saw a flock of sheep in the field near the big rock, who would you expect to be with them?" Paddy thought for a moment, "Mikey Murnane's ram" said Paddy.



The Irelands Own was a very popular magazine in our home during the 30's. Among its many bright pages of strange and ghost stories were colourful offering of jokes, riddles and wise-cracks.

Here follows one story that I remember from it's humorous pages.

The teacher was instructing his pupils on the seasons of the year as follows:

January brings the snow, makes our feet and fingers glow.

February brings the rain, thaws the frozen lakes again.

March brings breezes loud and shrill, wafts the puffy daffodil.

The teacher hesitated and told the boys that they would concentrate on the month of March and the effect that this month would have in taking the dampness from the walls of their house and also drying the soil in preparation for the Spring work.

Using the quotation "March comes in like a lion and goes out like a lamb", he noticed a boy not listening.

Davy Doyle exclaimed the teacher "what comes in like a lion and goes out like a lamb"?

"Me father Sir, when my mother is inside" said Davy.

The following story is true and tells of the simple honest faith of a past generation.

My father went to confession one Saturday in Carrigtwohill. Leaving the confessional he walked down the aisle for about five yards and took his place in a seat. Peg Leahy from Tullagreine having finished her confession also came down and knelt beside my father.

Seemingly, she had got the Hail Holy Queen to say as a penance and this was her way of saying it;

Hail, holy Queen, Mother of Mercy!

Our life, our sweetness, and our hope! *How are you John Joe?* To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley, of tears. *And how's your Father? Is he keeping good?*

Turn, then, most gracious advocate, thine eyes of mercy toward us; *and is Katie good?*

The Lord Himself must have smiled.

When Lord David Barry first built his castle and farm buildings in the 13th century, he set out for Cork one day to meet Milo De Cogan who was Governor of Cork City. Dressed like a Lord with his black rimmed hat, his red tunic with purple collar and brassy buttons, wearing a fawn plaid trousers and high laced boots and with gloves, he returned to the castle as Paddy Cronin, one of his farm hands, was bringing in his last load of mangolds before stopping time.

Lord Barry addressed Paddy as follows;

"Cronin, come into my presence while I offer you implicit instructions which you will dutifully operate. Extricate the quadruped from the vehicle and then discard his operational attire. Allow your charge to resuscitate himself by a series of reverberations to his anatomy. Thense to the aquatic sump, Cronin where the animal can satisfy his thirst and replenish that which was lost in him through sweat and dehydration.

Onward again Cronin to the quadrupeds livery establishment where you will secure him loosely in his quarters and then supply his needs with a copious measure of dried field grasses coupled with his ration of ground oats. Three juicy mangolds will complete his meal. And on no account Cronin are you to vacate your place of responsibility until you are meticulously satisfied

that the animal under your charge is reclining in an aura of tranquillity.

Then and only then, may you dismiss yourself from your arduous responsibility to your charge.

Having secured the door of the livery office you may retire to your own domicile where your good spouse will do likewise for you. And when the morning sun brightens the perimeter of the eastern horizon you will be amply rewarded for your attention to detail as outlined to you by me your august master. Thank you. Good afternoon Cronin.

Comhairle do'n dhuine óg
Whatever you are, be that. Whatever you say be true.
Be truthful with tact, be honest, in fact.
Be nobody else but you.

Riddle:
Name the four famous stones in Ireland.
The Blarney Stone, The Treaty Stone in Limerick, The Carrigtwohill Stone, The stone outside Dan Murphy's door.

The following parody was sung to the air of 'In the Quarter Masters Store' by the late Denis Barry of Barry Brothers in the middle 40's following the flapper races held at Carrigane twelve months earlier. The occasion of the song was in Tom Browne's Hall concert. It went as follows;

I got a hinch, hinch, hinch from Thomas Lynch
At the races, at the races.

I got a gary, gary, gary from Tom Barry
At the races, at the races.

There was calico, calico, calico worn by Liz Delacour
At the races, at the races.

They'll ruin the bawn, bawn, bawn said Mike Murnane
At the races, at the races.

They're at the start, start, start said John Harte
At the races, at the races.

2 to 1 bar, bar, bar said big Jim Maher
At the races, at the races.

Tis time for tae, tae, tae said Mickey Shea
At the races, at the races.

Whatcha back, back, back said Paddy Big Jack
At the races, at the races.

That race 'sa fake. Fake, fake said Johnnie the Blake
At the races, at the races.

That horse not trying, trying, trying said Old Tom Brien
At the races, at the races.

I won a dozen, dozen, dozen said the cousin
At the races, at the races.

Tis all hard work, work, work said Paddy Bourke
At the races, at the races.

I saw the nuns, nuns, nuns eating currant buns
At the races, at the races.

They're all a shower, shower, shower said old Red Power
At the races, at the races.

It was steady steady, steady till Lar Cashman was ready
(photographer)
At the ra-a-c-e-s, (ra-a-a-ces.)

At The Races

Composed by the late Jack Hennessy, Carrigane in the early 40's.

If you call for No. 1
You will see Anna Barry selling flour and bran.

If you call for No. 2
You will see Mikey Cahill belting his shoe.

If you call for No. 3
You will see Jim Davis bumming you and me

If you call for No. 4
You will see Johnnie Seorsce at the door

If you call for No. 5
You will see Old Galvin shouting man alive.

If you call for No. 6
You will see Doreen Twomey chopping up sticks

If you call for No. 7
You will hear the nuns and boarders praying to get to heaven

If you call for No. 8
You will see Johnny Fitz painting Patsy Connells gate

If you call for No. 9
You will see Bina Aherne
Going into Conroy's for a glass of wine

If you call for No. 10
You will see Mary Bourke plucking a hen.



From a lesson in our school book comes the following poem;

Happy the man who lives on his father's land
Taps with stick the road he wandered in play
Who counts his ancestors bequests from hand to hand
One house, one home, once theirs and his today

Small is the world he knows, the town is near
Yet strange he views the heavens, that is all
By crops and not by calendars, counts the year
Flowers denote the Summer, fruit the fall

His children's children see him, where a boy
He laughed like them unbroken, still by strife
Let others far lands, they may enjoy the larger world
But he the larger life.

From a Mutt & Jeff cartoon in the 50's in the Evening Echo:

The more you learn, the more you know
The more you know, the more you forget,
The more you forget, the less you know
The less you know, the less you forget
The less you forget, the more you know
So why learn?

Happy Christmas to you all



Family Resource Centre News.

Volunteers for Haiti.

The recent outbreak of cholera on the island of Haiti has caused the postponement of the departure of three local girls who planned to go there as volunteers with the charity HAVEN.

This delay has come as a disappointment to the girls who raised between them €14700 to support their work as volunteers in building new houses on the devastated island.

The money however has been forwarded to Haiti for reconstruction work and the volunteers would like to take this opportunity to sincerely thank all those who wished them well and who organised, hosted, and contributed to the various events to help fund the trip.

This trip has now been re-scheduled for May 2011 and it is hoped that one or all of them will travel to Haiti with the Haven organisation.



The Society of Saint Vincent de Paul exists to fight poverty.

The Society of St. Vincent de Paul is the largest, voluntary, charitable organisation in Ireland.

Its membership of 9,500 volunteers throughout the country are supported by professional staff, working for social justice and the creation of a more just, caring nation.

This unique network of social concern also gives practical support to those experiencing poverty and social exclusion, by providing a wide range of services to people in need.

The Society has been in Ireland for 164 years and has extensive experience of working with a diverse range of people who experience poverty and exclusion.

St. Vincent de Paul Helplines

Cork: 021-4270444

Carrigtwohill: 021-4533971

SVP Christmas Appeal 2010

November 2010

Dear Friends,

We are writing to you in anticipation of our annual Christmas collection which will take place on 11th & 12th December 2010. As in previous years this is a very important fundraising event for us as it is one of the few occasions when we make a general public appeal for support.

We are pleased to note that your response to our appeal last year was most generous and we would like to take this opportunity to express our sincere thanks for your contribution and continued support.

The local Conference of the Society of Saint Vincent de Paul is a charitable voluntary group and one of its key strength is the personalised delivery of services in the community.

Through our Home Visitation Service our voluntary members work on the ground week in week out and have a strong knowledge of the emerging immediate needs of the locality. They will respond to people by treating them with respect while endeavouring to build a relationship of trust and confidentiality with them and will offer advice and assistance when asked to do so.

The SVP also aims to promote long term self sufficiency enabling people to help themselves through the direct provision of services through the Family Resource Centre on Main Street Carrigtwohill.

These practical services include a Breakfast Club, an After Schools Club for children, a Parent and Toddler Group, outreach services to youth through a Youth Café and Youth Club and in partnership with Cork County VEC a range of Adult Education Classes.

We receive grants from the State through bodies like the Health Services Executive (South) and POBAL. These grants only cover basic costs and are vulnerable to Government cuts. This means in effect that your contribution is vital not only to these services but also to the level of help we can offer people through our Home Visitation Service

Any contribution you make to our request will go to help maintain the above local services, and we would be obliged if you could kindly enclose it in the envelope provided and return it to us in any of the following ways:

- Ø The local SVP Church Gate Collection (11th & 12th Dec 2010)
- Ø To the Family Resource Centre Main Street, Carrigtwohill
- Ø To any of the following officers of the local Conference.

Yours sincerely

J. Dennehy
Conference President.

Margot Hartnett
Secretary

Dan Scannell
Treasurer



CARRAIG THUATHAIL

WOULD YOU LIKE TO JOIN
CARRIGTWOHILL COMMUNITY COUNCIL ?

Get to know more people and develop great friendships

Get involved in improving our community

Put your talents into the numerous aspects of the organisation
you can choose from

CONTACT 021- 4882265

MONDAY TO FRIDAY BETWEEN 9AM - 1PM and 2PM - 5PM



47th Wedding Anniversary



**Congratulations to Kathleen and Eddie
O'Riordan, Main Street who recently celebrated
their 47th wedding anniversary.**

The Most Wonderful night of the Year
An evening of festive music and song

in aid of
CORK CANCER RESEARCH CENTRE

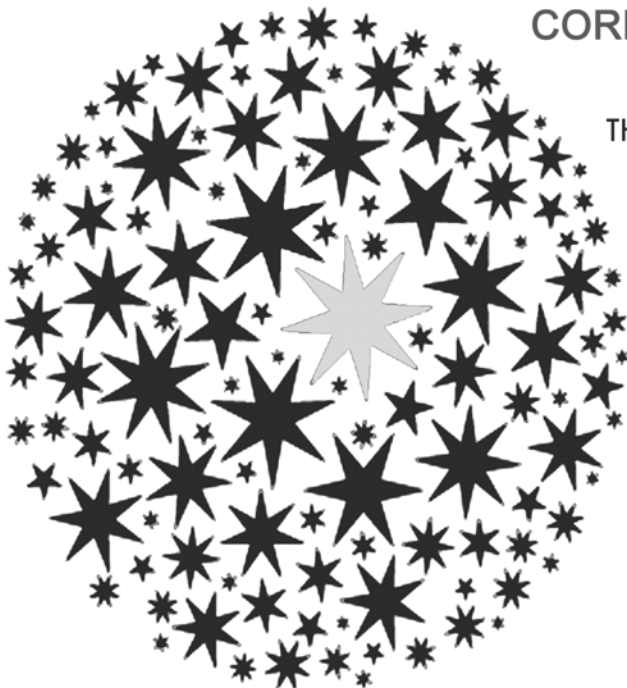
16th December @ 7.45pm
THE RADISSON BLU HOTEL, LITTLE ISLAND, CORK

STARRING:

Darraqh Mc Gann, Ben Hurley,
Keri Reilly & Edel Lawless
with Special Guests

Mulled Wine & Minced Pies at Interval

Tickets ~ €20 available from
021-4814172 or butterflyswing@gmail.com



CMP Dairy Carrigtwohill Community Games

Community Games have had a quiet few months since the National Finals. The local A.G.M. took place on Tuesday 2nd November 2010, attendance was very disappointing, as a result it was difficult to plan next year's activities. However, it is hoped to get some activities started early in the New Year.

The following officers were elected: -

Chairperson: Jimmy O'Reilly 021 4883487
 Treasurer: Anna Fitzgerald 021 4883484
 Secretary: Catherine Ryan 021 4883472

The County A.G.M. took place on Tuesday 9th November in Vienna Woods Hotel, most areas were represented and most posts were filled with the exception of Secretary.

CMP 40th Anniversay

2011 sees the 40th anniversary of continuous sponsorship of Cork Community Games by CMP. To this end it is hoped to launch a "Book of Memories" over the 40 years. If anyone has any "old" or not "so old" photographs or reports from yonder years, we would be delighted to have them for possible inclusion.

There are approximately 30 activities in the Community Games calendar each year.

Individual Events:

Art Model Making
 Cycling Gymnastics
 Judo Swimming
 Athletics

Team Events:

Badminton Basketball
 Camogie Chess
 Choir Draughts
 Gaelic Football Handball
 Hardcourt Tennis Hockey
 Hurling Olympic Handball
 Pitch & Putt Rounders
 Rugby(mini) Rugby (Tag)
 Skittles Soccer – Outdoor
 Soccer – Indoor Table Tennis
 Variety Volleyball
 Quiz Cross Country
 Mixed Distance Relay Project
 Culture Corner
 Set Dancing/Traditional Dance
 Modern Group Dancing Group Singing
 Group Music Drama/Comedy Sketch

If you have an interest in competing in any of the above activities and are aged U8 to U16 and living in the parish contact any of the above mentioned for more details: -

Happy Christmas to all

Cork County Council Anti Litter Challenge 2010 League Table Category B2

Community	Week 1	Week 2	Week 3	Total
Charleville	88	80	88	256
Macroom	86	90	80	256
Buttevant	86	88	81	255
Carrigtwohill	81	66	83	230
Mitchelstown	71	76	72	219
Passage West	83	68	67	218
Mallow	49	83	83	215
Carrigaline	75	60	79	214
Cobh	58	74	79	211
Clonakilty	82	55	62	199

AIB Open School Branch at St. Aloysius



A school branch of Allied Irish Bank was officially opened by Derek Burke of Crystal Swing recently. Pictured with Derek are Aoife O'Donovan, Bank Manager, Sarah O'Donovan, Sales and Marketing Executive and Siobhán O'Donovan, Assistant Manager.



Noreen and Tony Cummins pictured with Brendan McCarthy (centre) at Motorview Car Dealers, Midleton

News from Scoil Clochair Mhuire

Visitors from Kenya

On Wednesday, 29th September two teachers visited us from the Secondary School in Mutito, Kenya which was founded by the SMG order.

This district is where we have helped to fund the building of a medical centre and assisted in the school fees for some of the children in the area.

Theophalus and Veronica visited a number of classes and answered many questions. They teach in an all girls school – 350 pupils. As transport would cause a problem for many to get to school each day - all the pupils stay in the school. Everybody gets up at 4am and classes are from 8pm to 4pm! Some of our girls performed songs etc. for the visitors and a number of our pupils danced in a concert hosted by the St. Aloysius College on Friday morning, 1st October.

Sporting Achievements

Sciath na Scol

Our girls once more participated in the Sciath na Scol competition where this year we were in the top division and facing very strong opposition. While not reaching the final we were very proud of the way the panel of players played and kept the Scoil Chlochair Mhuire flag flying.

Orienteering

Rang 6 came second in the CSOA League Leg 2 on Friday, 19th November.

The overall League Winners for 2010 were:

1. Presentation Convent, Mallow
2. Scoil Chlochair Mhuire, Carrigtwohill
3. Ballygowan N.S.

In the placing of individual competitors throughout the competition the results were:

1. Norah O'Brien (Scoil Chlochair Mhuire, Carrigtwohill)
2. Ciara Fitzgerald (Scoil Chlochair Mhuire, Carrigtwohill)
3. Ella Fouhy (Presentation Convent, Mallow)

TV Stars in the Making!

RTE

In September on returning to school the pupils of Rang 6 and two of the teachers – Ms. Roche & Ms. Griffin participated in the filming of a programme 'Test the Teachers' which will be shown on RTE later in the term.

Previously, in June the RTE crew had come to the school to film the girls from this class at various activities to set up challenges for the school with whom we were competing. It was all great fun and the day spent at the RTE studios was also a good experience.

TG4

This was not the only occasion that pupils from the school has a chance to be on television. We all watched TG4 carefully on October 24th as some of our past and present pupils danced on Jig Gig with the Imokilly Dancers, directed by Jacinta O'Sullivan. The judges' comments were very favourable and we were very proud of their performance.

Excellence in Education category of the 2010 IT@Cork Leaders Awards

We were delighted to be the recipients of the Excellence in Education category of the 2010 It@Cork Leaders Awards.

This award 'recognises the efforts of a school that engages with technology for education purposes' All finalists were presented with a framed certificate on their achievement of reaching the final three in their category. We were presented with a glass trophy and in our category we also will receive 20 reconditioned computers from CIT.

The joint effort between our Parents' Association, The Department of Computer Science at UCC represented by Barry O'Sullivan and the school community, culminating in the establishment of the first George Boole School Computer Laboratory, was the reason we were nominated for this award. On the night of the awards Carrigtwohill featured prominently as Frank Hannigan representing his company Goshido accepted an award for High Potential Start Up.

Sisters Mary Brosnan & Sheila Sullivan



Sisters Mary Brosnan and Sheila Sullivan are now resident at St. Aloysius' Convent after spending a lifetime in the UK.

This is their own story:

"Following our Religious training we qualified as nurses at the Providence Free Hospital which was founded by Mother Magdalen Taylor in 1883 for the poor of St. Helens, Lancs. This was a mining area. It became a flourishing school of nursing and many Irish girls were trained there.

After a few happy years nursing at Providence we were missioned to St. Mary's Hospital, Clifton, Bristol and later to Lourdes Hospital, Liverpool. We also spent some time nursing at St. Joseph's Hospital, Freshfield, Liverpool. This place was set up for the severely handicapped children, it was a privilege to nurse these beautiful angelic patients.

In 2000, we retired from nursing and we were missioned to St. Michael's Convent, Gloucester in the Cotswolds. There we re-commenced another ministry, Hospital Chaplaincy at the Gloucester Royal and also Parish Ministry at St. Peter's, London Road, Gloucester. We were awarded long service medals and certificates from the hospital and we enjoyed being back in the hospital again.

We were requested by a Jesuit Priest to organise pilgrimages to the Holy Land, Ital, France and Medjugorje. This was an inspiring and spiritual experience and we enjoyed our many and varies places of pilgrimage and met some wonderful pilgrims.

As we walk these streets daily, we are reminded of our Foundress, Mother Magdalen Taylor, the wonderful heritage she has left and lovely Convent, Church, School and "Taylor Centre" where the S.V. P. do tremendous work for the poor, a work very close to Mother Magdalen's heart.

We say a big "Thank You" for your welcome and support at the Community Centre where we enjoy the many activities and look forward to "Santa".

To all those we meet daily in the street and shops, thanks you also.

Happy Christmas to all."



Christmas in Times Past.

By Maria Kelleher



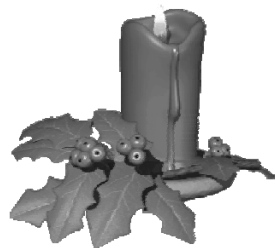
Christmas in times past was not all that different from the way we celebrate it today. It was the biggest feast day of the year and really celebrated the birth of Jesus. Preparations started weeks before the big event. The turkeys and geese were fattened and ready for plucking on Christmas week and the proceeds from selling them was spent on buying the Christmas supplies, as well as new outfits for the children.

The cakes and pudding would have been made a few weeks before. As the electricity only came to country areas in the mid 1940's the open fire was where all the cooking was done. With no modern conveniences, life was tough. Lamps were worked by paraffin oil and heat came from open turf or coal fires helped by the occasional bit of waste timber. Every house was the same.

But still Christmas was a happy cosy time and left great memories. Red berry holly was collected in the fields, sprays were hung up over the pictures in the kitchen, and lovely glossy ivy was spread over the dresser and cupboards. Bright cards were put up on the mantelpiece. The house was all cleaned for the occasion.

The big red candle was fitted into a hole in a turnip and decorated with coloured paper and red berry holly.

The candle was lit at dusk on Christmas Eve by the youngest child in the house, all the family gathered round with the prayer "God bless all here and those far away". Irish parents never forgot their absent sons and daughters at Christmas time: The candle was placed on the front window sill to guide the poor travellers passing on the road. That night the door was left on the latch and a bottle of wine and cake were left on the table for them.



Just before the school holidays the children were brought to confession by their teachers. They went with their parents to early Mass on Christmas Day. Afterwards they visited the crib and lit candles and took away a sop of straw from the manger and kept it in their pockets.

Santa came on Christmas Eve when they were all in bed, leaving presents of dolls, books, yo's-yo's, sweets, games, small toys and such like items. The children also hung up their stockings for Santa to fill on his way home with oranges, sweets and chocolate bars.

When the children got up on Christmas day and saw what presents Santa left the excitement was unreal.

Christmas Eve was a fast day, a man sold spratts and other fish from a pony and cart in the morning. Stock fish and ling was cooked along with eggs and onions. The baker delivered sixteens during the week before Christmas, this was a lovely fresh bread about eight inches square and joined in twos or fours. It was made from flour fruit spices seeds and sugar. Very fresh and tasty.



The pudding was made on Christmas Eve in a cloth and boiled for four hours in a pot hanging from a crane over the fire., while the ham simmered in another pot at the side of the fire For the tea the pudding was taken out of the

cloth and placed on the willow pattern dish by the man of the house who put a sprig of holly on top before cutting it, saying the prayer that all would be around again next year le cúnamh Dé..

The ham had to wait until after midnight as it was still a fast day. The turkey was stuffed and ready in the pot for roasting next day. A lot of the older people walked or cycled to Midnight Mass in the crisp dark night, greeting each other and coming back home again togetherwith the neighbours and friends.

On Christmas day the turkey was served with all the trimmings, a feast fit for a king. After the dinner the children played with their toys while the parents tidied up. If the weather was good the family usually went for a walk or went visiting neighbours. Next day the wren boys were out early and were always welcomed as was the custom. That night they split the proceeds and celebrated with a visit to the pictures or the dance hall where the big bands played.

On New Year's Eve the old custom of striking out the Hunger took place in every home.

A loaf of bread was struck against the inside of the closed front door, the children chanting the lines " *go out Hunger, Come in plenty, from this night till this night twelve months*".

On Little Christmas Eve a jug of water from the well was left inside the door of the house, it turned into wine during the night and was kept as a cure for all ills for the year in memory of our

Lord's miracle at Cana.

At Christmas members of the family came home from England and other faraway places to see their parents, but the leaving again was heartbreaking as there was not enough jobs here for them and the parents were getting older every year and the grandchildren were too far away to visit at that time. The wheel has turned full circle.

The Church bells Ring

The Church Bells ring at Christmas
Calling the people to prayer
The old and the young in twos and threes
They trudge from every where.
From the fuzzy hills up north
To the seashore down below
Over muddy roads and boreens
Linked together they go.

The upper class drove in pomp and style
With shining brass and polished leather
In back to backs and pony and traps
Well made up against the weather.

Today we come in family cars
To the Christmas Mass and carols to sing
Same as the old folk did before us
Down through the years as the Church Bells ring.

Maria Kelleher. Sept.2010.

DSCS Ltd.

Carrigtwohill

Phone Donal 087-2266832

Prime Polish coal - €17.00 per 40kg bag
Blocks - €4.50 per bag. 5 Bags €20.00
Kindling - €3.50 per bag. 3 bags €10.00
Turf - €6.00 per bag. 4 bags €20.00
Recycled timber blocks €3.00 per bag
4 bags €10.00

December Specials

2 bags coal, 1 bags singles, 3 bags kindling
€50.00

*Wishing all our customers a very
Happy Christmas*

FREE daily delivery service
No order too small
Phone Donal on 087-2266832

Cotters Pharmacy

Carrigtwohill

Tel: 021-4883351 Fax: 021-4883457

- Prescriptions while you wait
- Professional healthcare advice
- Vitamins, Hygiene, Dental and Baby Care Products
- Stockists of Rimmel and Max Factor cosmetics
- Selection of Perfumes and Gifts
- Photo processing

Opening hours:

Monday 9.00am – 9.00pm (Late opening)
Tues-Sat 9.00am – 6.00pm

*We wish you all a Merry Christmas
and a
Happy & Peaceful New Year.*



Tel: 021-4882409

Monday - Friday 8.30 - 5.00pm
Saturday - 8.30 - 3.00pm

Serving homemade baking,
breakfast & lunch

Party catering from €5.00 per person

*Seasons Greetings
to all our customers*

Court Cleaners

Unit 11,

Carrigtwohill Shopping Centre,

Main Street,

Carrigtwohill

Phone 4883707



Curtain Cleaning



Eiderdowns & Duvets



Same Day Dry Cleaning

Washing/Drying/Ironing Service

Same Day Swede and Leather Cleaning



*Seasons greetings to all
our customers and friends*





Carrigtwohill United AFC

The 2010/2011 season is well underway and at this stage many of the Carrigtwohill United teams are well in the running for honours. Our U-12, U-16 and Junior 1st Team are doing particularly well at this point.

This season we have introduced the Soccer Academy on Tuesday Nights for 8-10 year olds. The turnout on these nights is great to see and thanks are extended to parents who have contributed to the coaching sessions on these nights.

Our continued thanks to our sponsors whose support ensures the ongoing progress of the club.

This year we have more playing members than ever before and look forward to continued growth in 2011.

Division 1 - The new management team of Liam O'Riordan and Dave Keohane have moulded a side that sits on top of the league with 6 games played.

Division 3 - With 8 league games played our record is 3 wins, 3 losses and 2 draws. Although the competition is tough in our section, we have 3 games in hand

and if these are won we will be in contention for the league. Overall we are satisfied with the effort in the league.

In the cups we are not doing so great, we won the first round of the Presidents Cup and lost the 2nd round to Afton Villa who are near the top of our league.

In the AOH Cup we lost to a first division team but performed well overall on the day, and finally we have the County Cup left with a potential meeting with our first team so that could be a great game for us and the club. Overall we are doing ok.

Numbers have been good for games and training and from the point of view of having a 2nd team in the club we are holding our own.

Under-12 - The lads have made a great start to the season, five games played, five games won.

They have put themselves in a great position to compete for the league title with 8 games remaining.

Pictured below is the Under-12 panel



Mary Geary's

Carrigtwohill Creche,
Playschool & Afterschool Club.

Spread your child's wings at Mary Geary's childcare.

Afterschool Club

Providing a bright, comfortable and homely environment for children ranging from 4 years up to 12 years

Wishing all our parents and children a wonderful Christmas and a happy and peaceful New Year from all at Mary Geary's Childcare.

"Those that teach young babes do so with gentle means and easy tasks"

Contact us on 021 4533802

Farm Fresh Butchers

Main Street, Carrigtwohill

021-4883800

Fair Prices

Excellent quality, locally grown

Kerrs Pink 10kg €4.50

Queens €2.99

Grown the old fashioned way - taste the difference

Pork €5.99 kg

20 large fresh eggs only €2.99

Quality Service

Established 1986

**Party Packs
of Farm Fresh**

Coleslaw

**and Potato Salad
at excellent prices**

Order your Turkeys ,Hams and Spiced Beef now

*We wish all our customers and friends a very Happy Christmas
And a Happy and Prosperous New Year*

Budget Tyres & Autoparts

**Carrigtwohill Industrial Estate
(beside Power Aggregates)**

Tel: 021-4882337: Mobile: 085-8339115

- **Quality top brand tyres from €25 including fitting & balancing**
- **All tyres have the 'E' mark required for NCT**
- **New original brand parts supplied**
- **We also source used autoparts**

Open: Mon-Fri 10.00-6.00: Sat: 10.00-4.00pm



No problem can withstand the
assault of sustained thinking

P.J. O'Driscoll & Sons

SOLICITORS

73 South Mall, Cork, Ireland
Tel. 021 2300800 Fax. 021 4274709
Email. enquiries@pjodriscoll.ie
Website. www.pjodriscoll.ie

GET BROADBAND THAT WORKS!

**Special
Offer On
Installation!**

***Frustrated with
slow internet?***

*Fast reliable broadband
Unlimited usage
Coverage in your area
No landline required*

www.airwave.ie

Airwave
internet 

Why not bundle AirTALK phone service?
Keep your existing phone number and save up to €300 per year!

T: 021 4882277 | info@airwave.ie

East Cork Car Auctions

Tullagreine, Carrigtwohill

Tel: 021-4882320 Fax: 021-882337
Mobile 086-2469670

**Over 50 quality used cars
always in stock**

Top trade-in allowance

Special low cost finance

*Seasonal best wishes to
all customers and friends*

**Buying or selling
contact the experts
086-2469670**

In the Garden with Michael Clancy, Fota Garden Centre

Christmas is upon us again, and what a year it has been. We had the coldest January in living memory, followed by the best summer in years. We've gone from The Celtic Tiger to an economy in tatters. Everything is changing dramatically and we feel like we have little influence over our future.

Not so in the garden, as a result of the cold winter, there has been a lot of natural selection with some weaker material being edited out and making the way for some new and maybe better choices. The daffodils may have been a little late but when they did arrive they gave a better show than what they had for years. The apple crop this year has been the best in years and the humble blackberry went on to produce at record levels.

Now is the time to do the final preparations for next spring. If weather permits, that lawn could take one more cut before the mower goes into hibernation. Make sure all leaves are removed from the lawn as these can cause damage to the weakened grass over winter months.

Be careful when doing your winter pruning, the same rule does not work for all garden plants, each shrub is as individual as you and I, for example Philadelphus should never be pruned in the winter months as you are basically pruning next years blooms. Tidy all herbaceous plants, most of which will remain dormant during the winter months. Remove all dead and diseased material and give them a generous top dress with Gee-up or what ever home made compost that maybe at hand. This will give your shrub beds a tidy cared for appearance.

It's a good idea to leave your roses go until March, however they would benefit from a tidy up right now. Take the garden shears to them and remove the bulk of this years growth, this will prevent them from rocking in the winter storms and remove the possibility of diseases carrying over from one year to the next. It's no harm to spray your roses at the moment as there are still a lot of fungal spores hidden on the undersides of the leaves.

This is a good time to plant up some hardy shrub material as they will have to winter to establish before the spring growth. Bare root material can also be planted from now until early spring. These should be given some consideration now as the cost of bare root is so much less than potted material however the selection is not always as large.

Planted pots around the garden and patio are a great addition during the winter months as they can easily and efficiently brighten up the entire house. Try using some Skimma, cyclamen and small viola, these combinations will give you colour and interest until the summer bedding becomes available. Any bulbs left over can be accommodated in your pots also.

Check out our advertisement elsewhere I this issue in the paper and come see us at Fota Garden Centre and Powers Aggregate for all of your garden and landscape needs.

Happy Christmas and a Happy New Year,
Michael Clancy

CARE AND REPAIR PROGRAMME

Providing a service for our senior citizens

If you are over 65 and have a minor repair job which you would like to have done for you, Cork Care and Repair uses a pool of trustworthy volunteers and handypersons to carry out minor repairs for older people. This programme is run in association with age action Ireland – the national organisation which works to improve the quality of life of all older people and their carers. It has been operating in some Cork areas for a while now.

The programme consists of three services:

- (1) The Repair Service.
- (2) The Trades Referral Service (a register of honest and reliable tradespersons)
- (3) The Quote Check Service.

Volunteers in effect provide a willing pair of helping hands to do a variety of small tasks that an older person may find difficult to do.

A group of volunteers have now got together in the Carrigtwohill area to provide a local Care and Repair service. The service is free of charge; the client only pays for the cost of materials used, (though voluntary donations are welcome).

All volunteers are vetted and carry official care and repair identification cards.

To arrange to have a job done phone:

Cork --- Lo Call number: 1890 369 369

Carrigtwohill --- Local number: 021-4533971

McGuckian's Oil Ltd. Carrigtwohill Industrial Estate

Home Heating Oil/Kerosene Green Diesel/Agri Diesel
Motor Diesel/Petrol Mini Tanker Available

**Depot open to Public for Petrol & Diesel
at competitive prices**

Local people serving local people

Compliments of the season to all

Open: Mon - Fri 8.00am - 6.00pm Saturday 9.00am - 5.00 pm

Tel: 021-4881190 Mobile: 086-2588390 Fax: 021-4881193

Vitamins & Minerals

By Ger Browne MPSI

This is the first in a series of articles I will be doing in The Carrigtwohill Community Newsletter over the coming months. I chose vitamins as it relevant to the time of the year. Future topics will include weight loss, sun protection, basic first aid and medicines safety in the home.

If there are any other topics you would like me to address you can send suggestions to carrigtwohillpharmacy@eircom.net or talk to me anytime in Carrigtwohill Pharmacy.

What are vitamins ?

Vitamins are substances that the body needs but cannot make for itself. We can only get them in our foods. However, with modern processing many foods do not have the levels of various vitamins we need. Therefore, we have to get them elsewhere and one of the ways to do this is through food supplements.

The Vitamin B Complex

There are 11 members of the vitamin B complex, namely, thiamine, riboflavin, nicotinic acid, pyridoxine, pantothenic acid, biotin (vitamin H), folic acid, cyanocobalamin, choline, inositol, and para-aminobenzoic acid (PABA). Because the B vitamins work together, a deficiency in one often indicates a deficiency in another.

Functions:

Help to maintain the health of the nerves, skin, eyes, hair, liver, mouth, muscles
Maintenance of the brain function
Reported uses:

Depression, anxiety or stress.

Alzheimer's disease

Premenstrual syndrome, a common cyclic disorder of young and middle-aged women, is characterized by emotional and physical symptoms that consistently occur during the luteal phase of the menstrual cycle.

Healthy diet, sodium and caffeine restriction, exercise, and stress reduction can also help.

Dietary supplements, such as calcium and evening primrose oil, may offer modest benefit.

Vitamin B6 (Pyridoxine)

Pyridoxine is involved in more bodily functions than almost any other single nutrient; it affects both physical and mental health.

Definition

Vitamin B6, a member of the vitamin B complex, is classified as a water-soluble vitamin and therefore cannot be overdosed as excess amounts will be passed in the urine.

Reported uses

Carpal tunnel syndrome

Treatment of oral contraceptive-related mental depression and in PMS

Coronary heart disease

Nutrition in Pregnancy/Morning Sickness/Breastfeeding

Multivitamins in pregnancy

Pregnant women should be aware that over-dosage of certain vitamins may present a potential risk to the foetus' developing organ systems, especially the brain. Fat soluble vitamins such as vitamin A and D should not be used.

There is a range of vitamins available pre-conception, during pregnancy and for after the baby is born.

Before pregnancy some nutrition needs to be in place notably folic acid, but also possibly docosahexanoic acid (DHA), vitamin D, calcium, Vitamin B12, iron and iodine.

Pregnancy is a time of high emotions and preconceived ideas. It is also a time with high motivation to do things right and eating well during pregnancy is very important.

Folic acid helps reduce the chances of neural tube defects and other conditions such as spina bifida and cleft palate.

Omega 3

It is now known that Omega 3 actually plays a large role in the development and growth of the baby when it is in the uterus. For mothers trying to improve their diet during pregnancy and the breastfeeding period, it's very important to make sure there is adequate intake of DHA, because it is structurally central to the formation of foetal cell membranes, in the brain and other vital organs.

Omega 3 helps to: build the brain, form the retinas, develop the nervous system
Omega 3 helps to reduce a mothers chance of developing pre-eclampsia, peri-natal and postnatal depression, preterm labour. Recent studies were performed on infants who were exposed to adequate levels of Omega 3 while in the womb. These babies showed advanced attention spans and greater visual acuity

than non-exposed children. Their development was also two months ahead of non-exposed children.

Other Omega 3 benefits include less chance of developmental or behavioural problems later on less incidence of breast and prostate cancer

Breast-feeding and Fatty Acids

Milk production during breast-feeding places a large physical demand on a mother's body. Additional protein, fatty acids, vitamins and minerals must be supplied from your reserves and the food you eat. The quality of a mother's breast milk is, to a large extent, dependent on her nutritional intake. A high intake of DHA leads to DHA rich milk [7], which is essential for the infant's neuronal development. When babies are fed on DHA rich breast milk it can help support their cognitive development, hand-eye coordination, psychomotor development and visual acuity

Iron

Iron is one of the most abundant metals on Earth and is essential to most life forms and to normal human physiology. Iron is an integral part of many proteins and enzymes that maintain good health. In humans, iron is an essential component of proteins involved in oxygen transport. It is also essential for the regulation of cell growth and differentiation.

A deficiency of iron limits oxygen delivery to cells, resulting in fatigue, poor work performance and decreased immunity. On the other hand, excess amounts of iron can result in toxicity and even death.

Iron deficiency (ID) is the most common nutrient deficiency in the world, affecting 2 billion individuals and 30–50% of pregnant women.

Vitamin D3 (Colecalciferol, Cholecalciferol)

Vitamin D is essential for promoting the absorption and utilization of calcium and phosphorus and normal calcification of the skeleton. Along with calcitonin it regulates serum calcium concentration by alteration of serum calcium and phosphate blood levels as needed, and mobilising calcium from bone.

Sources:

Fortified breakfast cereal, milk and dairy products, fats and oils (cod liver oil), Meat and fish, beverages.

Exposure to sunlight helps in formation of Vitamin D3 and with the greater care we now take with this, especially with children, the HSE now recommend giving a vitamin D3 supplement to all newborns.

Calcium

Calcium is an essential mineral; it has a structural role in bones and teeth as some 99 % of calcium is found in the skeleton. Sources are: dairy products, fish, some vegetables and nuts. Simple calcium deficiency is not a recognised clinical disorder, however, requirements may be increased and/or supplements may be necessary in e. g. pregnant and breast-feeding women.

Vitamin C

Prevention of cold and flus; many people believe there are ways of preventing colds - by avoiding cold drafts and dampness, for instance, or taking large quantities of vitamin C.

Reported uses :Colds, wound healing (in combination with zinc), prevention of scurvy.

Zinc Reported uses

Common cold, immune deficiency , wound healing

This article is just an introduction to vitamin and mineral supplementation. If you wish to follow up on any of the subjects raised ask your pharmacist.



Irish Girl Guides Carrigtwohill

The Irish Girl Guides is a uniquely girl-only, youth-driven, active and dynamic organisation. It offers a varied and exciting programme for girls and young women aged 5-18, and opportunities for Leaders of all ages.

In an all-female organisation, the girls are free to progress and express themselves in a comfortable setting. They enjoy the activities as they can 'just be girls' without any pressures and learn to be themselves in a safe environment while learning the skills that will one day help them to be responsible citizens and adults.

The Irish Girl Guides has four different age brackets:

Ladybirds are girls aged 5-7	Tuesday 4 to 5.30pm
Brownies are girls aged 6 ½ - 11	Tuesday 4 to 5.30pm and Wednesday 4 to 5.00pm
Guides are girls aged 10 ½ - 15	Wednesday 6.30 to 7.30

Young Leaders are girls aged 16 to 18 (can assist any group)
From the age of 18 onwards, you can be a Leader with the Irish Girl Guides. There's something for everyone!

Each section follows an age specific programme that's educational but fun!
Meetings are held in Carrigtwohill Community Centre

Girls in Guiding have the opportunity to:

Learn by doing their best	Grow in Self-Confidence
Learn New Skills	Form Close Friendships
Develop Teamwork Skills	Learn Life Skills
Try out great new activities	Gain new experiences

And most importantly, have lots of fun!

We have a strong emphasis on the outdoors, environment, community responsibility and teamwork. The girls' self-esteem and leadership skills are developed as they progress through Guiding. The Irish Girl Guides actively promotes diversity and inclusion and welcomes girl and young women from all walks of life.

As we are part of a worldwide movement (W.A.G.G.S) of over 10 million girls and young women in over 145 countries, the girls' awareness of global issues and sense of solidarity with their fellow Guides around the globe is increased. The girls learn all about campaigning and advocacy

Guiding encourages the best in you; it gives you the opportunity to discover new ideas, new skills, new experiences and new friendships. Everyone is welcome in the Irish Girl Guides and the experiences you gain and memories you make will be priceless.

Volunteering with the Irish Girl Guides is a fun, challenging and rewarding experience. If you would like to help out with our Unit please contact Evelyn on 086-8555697

If you would like to join Guides or Senior Branch, or if you are a parent and you would like to enrol your child in Ladybirds or Brownies, please call to the Community Hall on the day and time of the relevant meeting.



Irish Girl Guides
Helping girls
to discover
their potential!



2010 Annual General Meeting of Carrigtwohill Community Council

The AGM of Carrigtwohill Community Council was held on the 19th October 2010 in the community centre. The following are the reports from the various committees and sub committees of the community council for the year 2009/2010.

Officers Elected

The following officers were elected for 2010/2011.

Hon. President: Mons. Denis Reidy.
Vice Presidents: Willie John Daly,
Michael Aherne TD,
Fr. Anthony O'Brien,
Ivan Beamish,
Mrs Maria Kelleher
.
Chairperson: Ollie Sheehan.
Vice Chairperson: Shane Lynch.
Hon. Secretary: Margaret Searson.
Hon. Treasurer: Dave Moore.
PRO: Ann O'Driscoll.
Assistant Sec.: Netta Browne.
Assistant PRO: Geraldine Cashman.

Community Care.

Pat Golden reported on the continued great service provided to the community by this committee. Thirteen families were supported this year with provision of refreshments after funerals. No charge is made for the service but donations up to a guideline of €2 per head are welcomed. The committee has approximately 14 volunteers. A church gate collection raised just over €1000. The committee organises a special needs party every year and last December 100 guests attended the party. Special thanks are due to the sponsors. The committee helped with the provision of refreshments to the 500+ runners at the Barryscourt charity run in September. As one of the charities supported Community Care received a donation in return of €1025.00. Pat thanked the hall management for their assistance during the year. She noted that the committee had made a donation of €5000 to the All Weather pitch fund.

Tuesday Club

This provides a social outlet for retired people and senior citizens. About thirty people attend every week. They meet in the Community Centre every Tuesday at 10a.m. Eleanor Geraghty reported on the activities of the club which are many and varied. These range from computer classes with Transitions year students to flower arranging, art classes, card playing, keepfit, bowling, yoga, dancing and skittles. Outings were arranged including trips to Blarney and Limerick, Griffin's Garden Centre and a bus tour of Cork city. A coffee morning was organised in aid of Haiti relief fund.

Tidy Towns. The core group last year decided to try to get local groups and individuals to take responsibility for their own areas. This has proved to be very successful. Examples given included Fota Rock, Castle Lake, West End and Pearse Place. A new keenness amongst residents to do

something must continue to be fostered. The village was not entered in the Tidy Towns competition in 2010 but entry in 2011 is essential.

Much credit must go to Eileen Stoap and John McCann and to all who helped out. The Rock is finally finished, the schools have got involved. Thanks to Mick Ramsell and Robbie Sheehan and Sheedys for their input.

A ceremony to mark the switching on of the lights was held in September. The Rock was entered in the Muintir na Tire Pride in our Community competition. First weekend of every month has been designated for clean up and litter picking. A new county council anti-litter unit has been set up. They have agreed to collect from the community hall yard. The amenity walk project at Tullagreine is ongoing. Phase 2 of the project is complete and we are working with GE Healthcare on Phase 3.

Environment.

Mary O Mahony outlined the lack of County Council activity and pointed out this was entirely due to the lack of money. Tullagreine is assured to be top of the list when funding for lighting is available. She was delighted to be able to inform the meeting that the Carrigane Road footpath is due to go ahead in November. The plan is for a lit footpath all the way from the estate to the village.

Old Graveyard.

John Dennehy advised that a total of €800 had been spent on grass and weed control during the year. Three evenings had been spent litter picking. No church gate collection took place.

Car Boot Sales.

Margaret Long outlined last year's financial progress and wished to thank all the helpers. Seven sales held last year generated €13,910. Already there have been seven in 2010 and one more due to be held on 31st October. Revenue is expected to be between €14K and €16K. They have proved to be a very popular and successful event and provide income towards the running costs of the community centre. The rota system for volunteers staffing the events has worked out very well.

All Weather Pitch.

Ollie Sheehan informed the meeting that the inclement weather last autumn and winter caused enormous delay in the completion of the pitch. However it is finally fully operational and three years work culminated in the official opening in October. User feedback is entirely positive. The standard of finish is excellent. He wished to thank all who had been involved in the design and implementation of the project. Particular thanks to Con Warren, Ned Barron, Val Cotter, John McCann and James Horgan. Thanks too to Pat O'Donovan for the use of his yard during construction. It was noted that all local contractors used had quoted for their work and that approximately €300K was spent in Carrigtwohill. Grants were received from National Lottery, SECAD. Pobal and Cork County Council. Two full time staff have been employed to maintain and

develop the facility – Timmy Lonergan as groundsperson and Anna Marie Holten as facilities manager. Current monthly expenditure for the pitch, including salaries is €5000 approx. However 90% of wages is provided by Pobol under their Community Services programme. Rental has increased by €1000 month on month since the pitch became operational. The terms of the loan were confirmed as a 10 year loan with monthly repayments with an option to pay off lump sums after 3 years.

Hall Committee.

The Hall was very busy again this year. The hall is used by many clubs and organisations from the village and wider community. Among the activities using the facility during the year were Badminton, Gymboree, Bowls, Girl Guides, Tuesday Club, Speech and Drama, Dancing, Art, Ciorcal Comhra, Taekwondo and Weight Watchers. Fás used the Hall for a course they were running. The Blood Bank used it for their clinics several times during the year. Greenville House use it every week. Meals on wheels use the kitchen three times a week. Parties have been held by various organisations and community groups. The hall was used by Muintir na Tire for a number of Health Seminars in fact the Hall is busy from 8.30am until late seven days a week. John Buckley reported that the staff situation was very satisfactory. He noted that Anna Marie and Timmy had blended well with existing staff, Mary, Mick, Finbarr, Annette and Paddy and he thanked them all for their co-operation. Income from hall usage has been very good. All in all a very satisfactory year. €13,000 has been invested in fixtures and fittings but there is a grant to be offset against this. John thanked Eleanor Geraghty and Lorraine McCarthy for their work and he wished Annette to take credit for the smooth running of the hall.

Medieval Festival.

In the absence of the chairperson Vincent Cashman, James Horgan reported to the meeting. A financial report was distributed. This highlighted the total profit over two years. James noted that the input of the whole community had resulted in a second fantastically successful event. 186 volunteers were recorded as helping out over the weekend. It was generally held to be the best event held anywhere during the summer. The tremendous support provided by Terence O'Brien for the use of his land was emphasised and duly noted.

Newsletter.

Dave Moore reported. The aim is to produce four editions of the magazine every year. An edition was published for Christmas 2009 and two further editions for Summer and Autumn 2010 and a further edition will be published for Christmas 2010. The magazine is distributed free to every house in the area. Most of the cost is covered by advertising. A big thank you to the advertisers for their support. A highly organised team look after the distribution. Many thank to them also. Dave pointed to the lack of input in terms of news from many organisations including the Community council itself! More bodies are needed on the editorial side. The Chairman praised the high quality of both the Newsletter and the website.

Local Authority Liaison.

Trish O'Brien informed the meeting that the committee has

been less busy than in recent years due to the lack of ongoing development.

A submission has been made in response to the traffic and transport plan for Midleton and Carrigtwohill.

The Local Area Plan is to go for public consultation – the only zoning issue is the area north of the railway which they wish to zone for high density dwellings – 818 in total.

Trish highlighted that these follow national guidelines, which include high rise blocks even though they are clearly inappropriate for our type of town and there is absolutely no demand for this type of housing.

There are currently 107 hectares of zoned undeveloped land – about enough for ten years supply.

The traffic plan needs to be incorporated with the approved retail development in the town centre.

Problems with flooding are a major concern.

Trish highlighted that everyone must be vigilant regarding planning notices.

The community council was unaware of the resubmission of the town centre plan.

The town centre plan has now been referred to An Bord Pleanala. The Carrigtwohill Community Council observation is that the centre cannot be allowed to go ahead without the road infrastructure first being in place.

The situation with the local area plan is that our submission was made last January; it is to be viewed again before public consultation in November after which it is due for resubmission to the county council planning.

Amendments would be expected to be published in the Spring and it would be set for adoption in July 2011.

The traffic plan is due before the County Council on 1st November. County councillors need to be lobbied on what to look out for.

The Community Council first highlighted the problem of the Church Lane junction 12 years ago.

Planning permission has been granted to a new national school and land is zoned north of the railway for a secondary school.



CARRIG THUATHAIL

**WOULD YOU LIKE TO JOIN
CARRIGTWOHILL COMMUNITY COUNCIL ?**

Get to know more people and develop great friendships

Get involved in improving our community

Put your talents into the numerous aspects of the organisation
you can choose from

CONTACT 021- 4882265
MONDAY TO FRIDAY BETWEEN 9AM - 1PM and 2PM - 5PM

Seen and Heard

Congratulations to two Carrigtwohill girls, sister's Michelle Nolan and Anne McCarthy, on thier excellent performance in running the Dublin City Marathon on the October Bank Holiday Monday.

Michelle ran her personal best time of 3 hours 1 minute and Anne who ran her first full Marathon race at a time of 4 hours and 15 minutes.

Well done girls on a great achievement

The Amgen site at Ballyadam on the Carrigtwohill-Midleton dual carriageway has reverted to IDA Ireland.

The 54 hectare site is currently being marketed by IDA Ireland for potential investors.

This site was first acquired by IDA in 2005 with Amgen entering into a contract for the site in 2006.

Planning permission was then sought and site groundworks begun in late 2006.

In October 2007, Amgen announced that its plans for this site were on hold but agreed to maintain the site. Amgen subsequently decided that the project would not proceed and ownership reverted to IDA in January 2010, as per the terms of the initial site agreement.

David Stanton TD

Diabetes Federation, Cork Branch would like to thank all who helped to make our Annual Flag Day on Oct 23rd a big success. A special word of thanks to John Hennessy and all his helpers in Cobh for making the flag day there a great success.

In Midleton, Ms Nagle of St Mary's High school again kindly allowed her Transition year students to collect for us on the day. A big thanks to all the girls as well as the many locals who collect and contribute so generously to our Annual Flag Day. A substantial sum was raised in both towns, which will help to educate the public about Diabetes and give support to people with Diabetes and their families.

All monies collected will be used locally to educate and support people with Diabetes and their families. If you have any queries about Diabetes or wish our Development officers to speak to any group, school or to organise a screening for Type 2 Diabetes at a workplace you can contact Charlotte at the Southern

Regional Office at 32 Grand Parade, Cork on 021 4274229 or by email sro@diabetes.ie

ButterflyWings in aid of Cork Cancer research Centre are having an evening of festive music and song. It takes place on the 16th of December in the Radission Blu Hotel, Little Island at 7.45. It will be an amazing night of singing and entertaining with many special guests from Cobh, Carrigtwohill Folk Group and Midleton. Mulled wine and mince pies will help set the Christmas tone for the evening and Tickets are €20 All support is greatly appreciated. For more information please contact 021-4814172 or butterflyswing@gmail.com"

Congratulations to Jonathon Lane, Waterrock on his engagement to Paula Murphy, Dungourney.

Congratulations to Eoin O'Donnell Waterrock and Eilsh Nagle Ballyvodock on their recent engagement.

Congratulation to Siobhan and Fergal Golden on the birth of their baby daughter Ava on November 17th.

David Lawton of Ballyrichard, one of lifes true gentlemen, celebrated his birthday recently with a party at Water Rock House. He danced the night away to some lovely waltzes and jives with his many friends and relatives. We wish you many more happy birthdays David and look forward to the next party.

Congratulations to local photographer Edie O'Riordan and his wife Kathleen who recently celebrated their 47th wedding Anniversary at a function in the Montenotte Hotel.

Eddie is president of Carrigtwohill GAA Club and a major contributor to this Newsletter.

We wish them many more years of married bliss.

Please submit items for this column to carrignews@eircom,.net or text or phone to 087-6290574.

You may also hand the in to the office at the Community Centre.

Index to Advertisers

<i>Absolute Finance</i>	44
<i>Ahern's Centra</i>	43
<i>Airwave Internet</i>	36
<i>All Aboard Childcare</i>	43
<i>Blind Design</i>	2
<i>Budget Tyres</i>	35
<i>Carrigtwohill Cabs</i>	5
<i>Carrigtwohill GAA Gym</i>	10
<i>Carrigtwohill Pharmacy</i>	21
<i>Coral Leisure, Cobh</i>	25
<i>Costcutters Supermarket</i>	21
<i>Cotter's Pharmacy</i>	33
<i>Court Cleaners</i>	33
<i>Dave Gibbons Plumber</i>	10
<i>DS CS Ltd.</i>	33
<i>East Cork Car Auctions</i>	36
<i>Farm Fresh Butchers</i>	35
<i>Fota Enterprise Park</i>	14
<i>Fota Garden Centre</i>	24
<i>Frank's Takeaway</i>	21
<i>Half Moon Café</i>	33
<i>Joe Murphy, Plumber</i>	15
<i>Koolkutz Hair Design</i>	25
<i>Mary Geary's Creche</i>	34
<i>McGuckian's Oil</i>	37
<i>Monplate</i>	25
<i>MOPS Hair & Beauty</i>	15
<i>Next Generation Electric</i>	6
<i>Norman Walsh, Solicitor</i>	3
<i>O'Brien's Butchers</i>	10
<i>P.J. O'Driscoll Solicitors</i>	30
<i>Power Aggregates</i>	24
<i>Roche's Garage</i>	5
<i>Vincent's Shop</i>	15
<i>VIP Beauty Rooms</i>	15

**Please support
our advertisers**

Advertising enquiries

to

Annette Lane

4882265 or 086-3225229

carrignews@eircom.net

087-6290574

Centra

For the way we live today



**Seasons Greetings
to all our Customers**

Opening Hours:

Mon-Sat: 7am – 11pm

**Sundays and Bank Holidays:
7.30am - 10pm**

Aherns

Main Street, Carrigtwohill

Tel: 021-4883103

- Full Off Licence with large selection of Wines
- In-store Bakery
- Hot and Cold Deli Take Away
- Fresh Meat and Fish
- Free Home Delivery Service
- Lotto
- ATM
- Free, Easy Parking

**Post Office
in store**

**See Santa For Free
18th December 2010
from 2 - 6**

ALL ABOARD

CARRIGTWOHILL CHILDCARE CENTRE

Now Taking Bookings

Tel: 021-4883553
info@allaboard.ie

- Caring for Babies and Children from age 4 months
- Full & Part Time places available
- Balanced Nutritional meals provided
- Outdoor Play Area
- Highly Qualified Staff
- Older Children attend Daily Montessori Session
- Free Montessori School Places with ECCE Scheme
- Centre Opening Times 7.40 am to 6pm daily

Website
coming soon

ECCE
PLACES

MONTESSORI
SCHOOL



All Aboard Carrigtwohill Childcare Centre is registered in Ireland. Registration number 413657



WATCH OUT FOR LAUNCH



ABSOLUTE FINANCE

The Finance company with all the answers

To *benefit* you.

“We’ll talk to your bank on your behalf.”



For further information:

Christy Santry

22 An Rodan,
Cul Ard,
Carrigtwohill, Co Cork .

Mobile 087-6364555.

Email santrychristy@eircom.net

- Life
- Mortgages
- Pensions
- Investments